



# NUTRITION & ALLERGEN GUIDE

---

## BAR AFFOGATO

Tower Place Store

Affogato

Gelato

Sundae



This guide will provide nutritional and allergen information for our new Bar Affogato gelato range. Allergens can be found in **BOLD CAPITALS** within the ingredient declaration and summarised in the last column. Please ensure you take extra care to identify all the possible allergens present in our food, if you require support please ask one of our trained barista's.

**Within this booklet it will provide information on the following 14 allergens:**

- Cereals Containing **Gluten** (Wheat, Spelt, Kamut, Rye, Barley and Oats)
- **Treenuts** (Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia/Queensland Nut)
- **Egg • Milk • Soya • Fish • Crustaceans • Molluscs • Sesame • Lupin • Celery • Mustard • Peanuts**
- **Sulphur Dioxide and Sulphites**

**Cross-Contact**

Due to the nature of how our partners handle our food items, and share equipment and utensils there is a risk of allergen cross-contact. We cannot guarantee any item is allergen free. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.

**This information is updated regularly to reflect our procedures instore.**

**Please check [www.starbucks.co.uk](http://www.starbucks.co.uk) for the most up to date information.**



# BAR AFFOGATO





Product	Suitable for Vegetarian	Suitable for Vegan	Ingredients	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)	Allergens
----- per portion -----														
Affogato	Y	N	Espresso roast (as consumed) [whole bean roasted coffee], fresh MILK, sugar, glucose, fresh double cream (MILK), skimmed MILK powder, refined coconut oil fat powder (coconut oil, glucose syrup, MILK protein), dextrose, Madagascan vanilla paste 2% (glucose syrup, vanilla extract, water, vanilla seeds), stabilisers: locus bean gum, guar gum, carrageenan, emulsifier:mono and diglycerides of fatty acids, sea salt.	898	215	8.8	6.2	29	25	0.32	4.6	0.28	89.1	MILK
Madagascan Vanilla Gelato – 1 scoop	Y	N	Fresh MILK, sugar, glucose, fresh double cream (MILK), skimmed MILK powder, refined coconut oil fat powder (coconut oil, glucose syrup, MILK protein), dextrose, Madagascan vanilla paste 2% (glucose syrup, vanilla extract, water, vanilla seeds), stabilisers: locus bean gum, guar gum, carrageenan, emulsifier:mono and diglycerides of fatty acids, sea salt.	869	208	8.7	6.2	28	25	0.02	4.2	0.28	–	MILK
Madagascan Vanilla Gelato – 2 scoop	Y	N	Fresh MILK, sugar, glucose, fresh double cream (MILK), skimmed MILK powder, refined coconut oil fat powder (coconut oil, glucose syrup, MILK protein), dextrose, Madagascan vanilla paste 2% (glucose syrup, vanilla extract, water, vanilla seeds), stabilisers (locus bean gum, guar gum, carrageenan), emulsifier (mono and diglycerides of fatty acids), sea salt.	1738	416	17.4	12.4	56	50	0.04	8.4	0.56	–	MILK
Chocolate Sundae	Y	N	Fresh MILK, sugar, glucose, fresh double cream (MILK), skimmed MILK powder, refined coconut oil fat powder (coconut oil, glucose syrup, MILK protein), dextrose, Madagascan vanilla paste 2% (glucose syrup, vanilla extract, water, vanilla seeds), stabilisers :locus bean gum, guar gum, carrageenan, emulsifier: mono and diglycerides of fatty acids, sea salt, mocha drizzle (sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract), whipping cream (MILK), stabiliser: carrageenan, cookie crumb (WHEAT flour [WHEAT flour, calcium, niacin, iron, thiamin], white chocolate (20%) [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: SOYA lecithin, natural flavouring], sugar, butter (MILK), maltodextrin, water, cornflour, natural flavouring, salt, raising agent: sodium carbonates, colour: carotenes), caramel waffle, caramel filling (44%) (glucose-fructose syrup, concentrated butter (MILK), sugar syrup, sugar, SOYA flour, emulsifier: SOYA lecithin; salt, bourbon vanilla pods), WHEAT flour, sugar, palm fat, rapeseed oil, SOYA flour, salt, raising agent: sodium bicarbonate; emulsifiers: SOYA lecithin, mono and diglycerides of fatty acids; cinnamon, acid: citric acid.	3193	763	33.2	22	98	83	4	14.5	0.72	–	MILK WHEAT SOYA
----- per portion -----														
Chocolate drizzle	Y	Y	Sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	706	169	3	1.8	28	26	3.6	5.2	0.01		
Caramel drizzle	Y	N	Sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifiers: SOYA lecithins, mono-and diglycerides of fatty acids; acidity regulator: sodium citrates; salt, stabiliser: triphosphates	728	174	7	4.3	27	25	0	0.56	0.2		MILK SOYA

Affogato

Gelato

Sundae

For allergens including cereals containing gluten see ingredients in **BOLD CAPITALS**. Some of our food range is handled by our baristas and whilst we try to keep things separate there is no guarantee that any of these items are allergen free. Please remember to check this information regularly as we're always working on our products. For more allergen information, please ask your barista. Adults need around 2000kcal a day.

