

NUTRITION & ALLERGEN GUIDE

HOLIDAY TO WINTER
(NOVEMBER 2022 TO JANUARY 2023)

Espressos >

Mocha & Hot Chocolate >

Teas >

Frozen / Iced Teas >

Cold Craft >

Iced Coffee >

Frappuccino® >

Modifiers >

Reserve >

CORE BEVERAGES

This guide will provide nutritional and allergen information for core beverages. Allergens can be found in **BOLD CAPITALS** within the ingredient declaration. Please ensure you take extra care to identify all the possible allergens present in our beverages, if you require support please ask one of our trained barista's.

Within this booklet it will provide information on the following 14 allergens:

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|--|----------------------|--|
| • Cereals Containing Gluten
Wheat (Spelt and Kamut), Rye, Barley and Oats | • Milk | • Lupin |
| • Nuts
(Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia Nut, Queensland Nut) | • Soya | • Celery |
| • Egg | • Fish | • Mustard |
| | • Crustaceans | • Peanuts |
| | • Molluscs | • Sulphur Dioxide and Sulphites |
| | • Sesame | |

Cross Contamination

All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Whilst we try to keep things separate we cannot guarantee any item is allergen free. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.

Ingredient information within this booklet is based on standard product formulations, variations may occur. Please note some menu items may not be available in all stores, and will not cover test products. If you require allergen information about test products, please ask one of our trained barista's.

This information is updated regularly to reflect our procedures instore. Please check www.starbucks.co.uk for the most up to date information.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Americano	Water, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	22	5	0.1	0.0	0.5	0.1	0.1	0.5	0.03	33
		Tall	43	10	0.2	0.0	1.0	0.1	0.2	0.9	0.06	66
		Grande	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99
		Venti	86	21	0.5	0.1	2.0	0.3	0.5	1.9	0.11	132
Caffe Latte - skimmed milk	Skimmed MILK , Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	264	63	0.6	0.2	8.1	7.7	0.1	6.0	0.20	33
		Tall	430	102	1.0	0.4	13.2	12.3	0.2	9.8	0.34	66
		Grande	563	133	1.3	0.5	17.4	16.5	0.2	12.9	0.43	66
		Venti	731	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99
Caffe Latte - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	343	82	2.8	2.7	8.0	7.6	0.1	6.0	0.20	33
		Tall	557	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66
		Grande	734	174	6.0	5.9	17.1	16.2	0.2	12.9	0.42	66
		Venti	950	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99
Caffe Latte - whole milk	Whole MILK , Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	450	107	5.8	3.7	7.8	7.4	0.1	5.9	0.20	33
		Tall	727	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66
		Grande	963	229	12.5	7.9	16.7	15.9	0.2	12.6	0.42	66
		Venti	1244	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99
Caffe Latte - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	186	45	2.1	0.2	4.8	4.2	0.6	1.3	0.12	33
		Tall	305	74	3.4	0.3	7.9	6.7	1.0	2.3	0.21	66
		Grande	395	96	4.5	0.4	10.2	9.0	1.3	2.7	0.26	66
		Venti	516	125	5.8	0.5	13.3	11.6	1.7	3.7	0.35	99
Caffe Latte - Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	291	69	2.6	0.4	8.2	5.1	0.6	3.1	0.26	33
		Tall	473	112	4.1	0.6	13.2	8.2	1.0	5.1	0.42	66
		Grande	621	147	5.5	0.8	17.5	11	1.3	6.6	0.54	66
		Venti	806	191	7.1	1.0	22.6	14.1	1.7	8.6	0.71	99
Caffe Latte - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	302	72	2.9	0.5	5.6	5.1	0.9	5.4	0.24	33
		Tall	491	117	4.7	0.8	9.1	8.2	1.5	8.8	0.40	66
		Grande	645	154	6.2	1.1	11.9	11	2.0	12	0.52	66
		Venti	836	200	8.0	1.4	15.5	14.2	2.6	15	0.68	99
Caffe Latte - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	396	94	4.1	3.0	10.7	6.1	3.5	2.1	0.21	33
		Tall	641	153	6.6	4.9	17.3	9.8	5.6	3.5	0.35	66
		Grande	847	202	8.8	6.5	22.9	13.1	7.4	4.4	0.45	66
		Venti	1095	261	11.3	8.4	29.5	16.9	9.5	5.8	0.59	99
Caffe Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	310	75	4.1	3.7	6.1	5.6	2.5	2.1	0.33	33
		Tall	503	122	6.6	5.9	9.9	9.0	4.0	3.5	0.53	66
		Grande	662	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66
		Venti	858	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99
Cappuccino - skimmed milk	Skimmed MILK , Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	212	50	0.5	0.2	6.5	6.1	0.1	4.9	0.17	33
		Tall	390	93	0.9	0.3	11.9	11.1	0.2	8.9	0.31	66
		Grande	449	106	1.0	0.4	13.8	13	0.2	10.3	0.35	66
		Venti	628	149	1.4	0.5	19.3	18	0.3	14.4	0.49	99

For allergens including cereals containing gluten see ingredients in **BOLD CAPITALS**. All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Whilst we try to keep things separate we cannot guarantee any item is allergen free. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista. Adults need around 2000kcal a day.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cappuccino – semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	274	65	2.2	2.1	6.4	5.9	0.1	4.9	0.16	33
		Tall	504	120	4.1	3.9	11.7	10.9	0.2	8.9	0.30	66
		Grande	583	139	4.8	4.6	13.5	12.7	0.2	10.3	0.34	66
		Venti	813	193	6.6	6.4	18.9	17.6	0.3	14.4	0.48	99
Cappuccino – whole milk	Whole MILK , Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	358	85	4.6	2.9	6.3	5.8	0.1	4.7	0.16	33
		Tall	657	156	8.4	5.3	11.5	10.6	0.2	8.7	0.30	66
		Grande	762	181	9.8	6.2	13.3	12.4	0.2	10	0.34	66
		Venti	1061	253	13.7	8.5	18.5	17.2	0.3	14	0.47	99
Cappuccino – almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	150	36	1.7	0.1	3.9	3.3	0.5	1.1	0.10	33
		Tall	278	67	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66
		Grande	318	77	3.6	0.3	8.2	7.1	1.1	2.3	0.22	66
		Venti	446	108	5.0	0.4	11.5	9.8	1.5	3.3	0.31	99
Cappuccino – Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	233	55	2.0	0.3	6.5	4.0	0.5	2.5	0.21	33
		Tall	429	102	3.7	0.5	12	7.4	0.9	4.7	0.38	66
		Grande	494	117	4.3	0.6	13.9	8.6	1.1	5.3	0.44	66
		Venti	691	164	6.0	0.8	19.3	12	1.5	7.5	0.61	99
Cappuccino – soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	242	58	2.3	0.4	4.5	4.1	0.8	4.3	0.20	33
		Tall	445	106	4.2	0.8	8.3	7.4	1.4	8.0	0.36	66
		Grande	513	123	4.9	0.9	9.5	8.7	1.6	9.2	0.42	66
		Venti	717	171	6.8	1.2	13.3	12	2.3	12.9	0.58	99
Cappuccino – oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	316	75	3.2	2.4	8.5	4.8	2.7	1.7	0.17	33
		Tall	580	138	5.9	4.4	15.6	8.8	5.0	3.2	0.32	66
		Grande	671	160	6.9	5.1	18.1	10.3	5.8	3.6	0.36	66
		Venti	935	223	9.6	7.1	25.2	14.3	8.1	5.1	0.51	99
Cappuccino – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	248	60	3.2	2.9	4.9	4.4	2.0	1.7	0.26	33
		Tall	456	111	5.9	5.3	9.0	8.1	3.6	3.2	0.48	66
		Grande	527	128	6.9	6.2	10.3	9.5	4.2	3.6	0.56	66
		Venti	735	178	9.6	8.6	14.4	13.2	5.9	5.1	0.78	99
Caramel Macchiato – skimmed milk	Skimmed MILK , Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier: SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot – blonde roast as brewed [whole bean roasted coffee]	Short	400	95	1.5	0.8	14.9	14.1	0.1	5.3	0.21	33
		Tall	623	148	1.9	1	23.6	22.2	0.2	8.9	0.33	66
		Grande	800	189	2.1	1.1	31	29.6	0.2	11.4	0.41	66
		Venti	977	231	2.4	1.2	38.2	36.3	0.3	13.8	0.50	99
Caramel Macchiato – semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier: SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot – blonde roast as brewed [whole bean roasted coffee]	Short	468	111	3.4	3	14.8	13.9	0.1	5.3	0.21	33
		Tall	735	174	5	4.5	23.4	22	0.2	8.9	0.33	66
		Grande	948	225	6.3	5.7	30.7	29.3	0.2	11.4	0.41	66
		Venti	1153	273	7.3	6.7	37.9	35.9	0.3	13.8	0.50	99
Caramel Macchiato – whole milk	Whole MILK , Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier: SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot – blonde roast as brewed [whole bean roasted coffee]	Short	559	133	6	3.8	14.6	13.8	0.1	5.2	0.20	33
		Tall	885	210	9.3	5.8	23.1	21.8	0.2	8.6	0.32	66
		Grande	1145	272	11.9	7.4	30.4	29	0.2	11.1	0.40	66
		Venti	1389	330	14	8.8	37.5	35.6	0.3	13.5	0.49	99

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Caramel Macchiato - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot - blonde roast as brewed [whole bean roasted coffee]	Short	334	80	2.8	0.8	12	11.1	0.5	1.3	0.14	33
		Tall	514	123	4	0.9	18.9	17.3	0.9	2.2	0.22	66
		Grande	655	157	4.9	1	24.8	23.1	1.1	2.6	0.26	66
		Venti	804	192	5.8	1.1	30.8	28.5	1.4	3.3	0.33	99
Caramel Macchiato - Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot - blonde roast as brewed [whole bean roasted coffee]	Short	424	100	3.2	0.9	14.9	11.9	0.5	2.8	0.25	33
		Tall	661	157	4.7	1.1	23.6	18.6	0.9	4.7	0.41	66
		Grande	850	201	5.8	1.3	31.1	24.8	1.1	5.9	0.51	66
		Venti	1036	245	6.8	1.4	38.3	30.6	1.4	7.3	0.62	99
Caramel Macchiato - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot - blonde roast as brewed [whole bean roasted coffee]	Short	433	103	3.5	1.1	12.7	11.9	0.8	4.7	0.24	33
		Tall	677	161	5.1	1.4	20	18.6	1.4	7.9	0.39	66
		Grande	871	207	6.4	1.6	26.2	24.8	1.8	10.2	0.49	66
		Venti	1061	252	7.5	1.8	32.6	30.6	2.2	12.4	0.59	99
Caramel Macchiato - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot - blonde roast as brewed [whole bean roasted coffee]	Short	513	122	4.5	3.2	17.1	12.7	3	1.9	0.22	33
		Tall	809	192	6.8	4.9	27.2	20	4.9	3.3	0.34	66
		Grande	1045	248	8.6	6.3	35.7	26.6	6.4	4	0.43	66
		Venti	1269	302	10.2	7.4	43.9	32.8	7.7	5	0.52	99
Caramel Macchiato - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot - blonde roast as brewed [whole bean roasted coffee]	Short	440	106	4.5	3.8	13.1	12.3	2.1	1.9	0.31	33
		Tall	688	166	6.8	5.8	20.7	19.3	3.6	3.3	0.51	66
		Grande	886	213	8.6	7.5	27.2	25.7	4.7	4	0.64	66
		Venti	1079	259	10.2	8.8	33.6	31.7	5.6	5	0.78	99
Cortado - skimmed milk	Skimmed MILK , whole bean roasted coffee	Short	302	72	0.7	0.3	9.2	8.3	0.2	6.9	0.24	66
Cortado - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], whole bean roasted coffee	Short	387	92	3.1	2.9	9.0	8.1	0.2	6.9	0.24	66
Cortado - whole milk	Whole MILK , whole bean roasted coffee	Short	501	119	6.3	3.9	8.8	8.0	0.2	6.7	0.23	66
Cortado - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], whole bean roasted coffee	Short	218	53	2.4	0.2	5.6	4.6	0.8	1.8	0.16	66
Cortado - Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], whole bean roasted coffee	Short	331	78	2.8	0.4	9.2	5.5	0.8	3.7	0.30	66
Cortado - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], whole bean roasted coffee	Short	342	82	3.2	0.6	6.4	5.6	1.1	6.2	0.29	66
Cortado - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], whole bean roasted coffee	Short	443	106	4.5	3.3	11.9	6.6	3.8	2.6	0.25	66

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cortado – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], whole bean roasted coffee	Short	351	85	4.5	4.0	6.9	6.1	2.8	2.6	0.38	66
Espresso	Whole bean roasted coffee	Short	22	5	0.1	0.0	0.5	0.1	0.1	0.5	0.03	33
		Doppio	43	10	0.2	0.0	1.0	0.1	0.2	0.9	0.06	66
Espresso Con Panna	Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], whole bean roasted coffee	Short	240	58	5.2	3.7	1.9	1.4	0.1	0.8	0.04	33
		Doppio	303	73	6.3	4.4	2.6	1.8	0.2	1.4	0.07	66
Espresso Macchiato – skimmed milk	Skimmed MILK , whole bean roasted coffee	Short	30	7	0.1	0.0	0.7	0.3	0.1	0.7	0.03	33
		Doppio	68	16	0.3	0.1	1.8	0.9	0.2	1.5	0.07	66
Espresso Macchiato – semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], whole bean roasted coffee	Short	32	8	0.2	0.1	0.7	0.3	0.1	0.7	0.03	33
		Doppio	76	18	0.5	0.3	1.8	0.9	0.2	1.5	0.07	66
Espresso Macchiato – whole milk	Whole MILK , whole bean roasted coffee	Short	36	9	0.3	0.1	0.7	0.3	0.1	0.7	0.03	33
		Doppio	87	21	0.8	0.4	1.7	0.9	0.2	1.5	0.07	66
Espresso Macchiato – almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], whole bean roasted coffee	Short	27	6	0.2	0.0	0.6	0.2	0.1	0.5	0.03	33
		Doppio	60	14	0.4	0.1	1.4	0.6	0.3	1.0	0.07	66
Espresso Macchiato – Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], whole bean roasted coffee	Short	31	7	0.2	0.0	0.7	0.2	0.1	0.6	0.04	33
		Doppio	71	17	0.5	0.1	1.8	0.7	0.3	1.2	0.08	66
Espresso Macchiato – soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], whole bean roasted coffee	Short	31	7	0.2	0.0	0.7	0.2	0.1	0.6	0.04	33
		Doppio	72	17	0.5	0.1	1.5	0.7	0.3	1.4	0.08	66
Espresso Macchiato – oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], whole bean roasted coffee	Short	34	8	0.2	0.1	0.8	0.3	0.2	0.5	0.03	33
		Doppio	82	19	0.6	0.4	2.0	0.8	0.6	1.1	0.08	66
Espresso Macchiato – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], whole bean roasted coffee	Short	31	7	0.2	0.1	0.7	0.3	0.2	0.5	0.04	33
		Doppio	73	18	0.6	0.4	1.6	0.7	0.5	1.1	0.09	66
Flat White – skimmed milk	Skimmed MILK , Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	302	72	0.7	0.3	9.2	8.3	0.2	6.9	0.24	66
Flat White – semi-skimmed milk	Semi-skimmed MILK , Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	387	92	3.1	2.9	9.0	8.1	0.2	6.9	0.24	66
Flat White – whole milk	Whole MILK , Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	501	119	6.3	3.9	8.8	8.0	0.2	6.7	0.23	66
Flat White – almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	218	53	2.4	0.2	5.6	4.6	0.8	1.8	0.16	66
Flat White – Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	331	78	2.8	0.4	9.2	5.5	0.8	3.7	0.30	66
Flat White – soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	342	82	3.2	0.6	6.4	5.6	1.1	6.2	0.29	66
Flat White – oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	443	106	4.5	3.3	11.9	6.6	3.8	2.6	0.25	66
Flat White – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	351	85	4.5	4.0	6.9	6.1	2.8	2.6	0.38	66

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Freshly Brewed Coffee	Pike Place coffee as brewed [whole bean roasted coffee]	Short	96	24	1.2	0.2	1.0	0.2	1.2	1.4	0.30	70
		Tall	140	35	1.8	0.4	1.4	0.4	1.8	2.1	0.44	102
		Grande	188	47	2.4	0.5	1.9	0.5	2.4	2.8	0.59	136
		Venti	236	59	3.0	0.6	2.4	0.6	3.0	3.5	0.74	171
Latte Macchiato – skimmed milk	Skimmed MILK , Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	264	63	0.6	0.2	8.1	7.7	0.1	6.0	0.20	33
		Tall	430	102	1.0	0.4	13.2	12.3	0.2	9.8	0.34	66
		Grande	563	133	1.3	0.5	17.4	16.5	0.2	12.9	0.43	66
		Venti	731	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99
Latte Macchiato – semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	343	82	2.8	2.7	8.0	7.6	0.1	6.0	0.20	33
		Tall	557	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66
		Grande	734	174	6.0	5.9	17.1	16.2	0.2	12.9	0.42	66
		Venti	950	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99
Latte Macchiato – whole milk	Whole MILK , Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	450	107	5.8	3.7	7.8	7.4	0.1	5.9	0.20	33
		Tall	727	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66
		Grande	963	229	12.5	7.9	16.7	15.9	0.2	12.6	0.42	66
		Venti	1244	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99
Latte Macchiato – almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	186	45	2.1	0.2	4.8	4.2	0.6	1.3	0.12	33
		Tall	305	74	3.4	0.3	7.9	6.7	1.0	2.3	0.21	66
		Grande	395	96	4.5	0.4	10.2	9.0	1.3	2.7	0.26	66
		Venti	516	125	5.8	0.5	13.3	11.6	1.7	3.7	0.35	99
Latte Macchiato – Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	291	69	2.6	0.4	8.2	5.1	0.6	3.1	0.26	33
		Tall	473	112	4.1	0.6	13.2	8.2	1.0	5.1	0.42	66
		Grande	621	147	5.5	0.8	17.5	11	1.3	6.6	0.54	66
		Venti	806	191	7.1	1.0	22.6	14.1	1.7	8.6	0.71	99
Latte Macchiato – soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	302	72	2.9	0.5	5.6	5.1	0.9	5.4	0.24	33
		Tall	491	117	4.7	0.8	9.1	8.2	1.5	8.8	0.40	66
		Grande	645	154	6.2	1.1	11.9	11	2.0	11.5	0.52	66
		Venti	836	200	8.0	1.4	15.5	14.2	2.6	15	0.68	99
Latte Macchiato – oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	396	94	4.1	3.0	10.7	6.1	3.5	2.1	0.21	33
		Tall	641	153	6.6	4.9	17.3	9.8	5.6	3.5	0.35	66
		Grande	847	202	8.8	6.5	22.9	13.1	7.4	4.4	0.45	66
		Venti	1095	261	11.3	8.4	29.5	16.9	9.5	5.8	0.59	99
Latte Macchiato – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	310	75	4.1	3.7	6.1	5.6	2.5	2.1	0.33	33
		Tall	503	122	6.6	5.9	9.9	9.0	4.0	3.5	0.53	66
		Grande	662	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66
		Venti	858	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99

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Misto – skimmed milk	Pike Place coffee as brewed [whole bean roasted coffee], skimmed MILK	Short	198	48	0.9	0.2	5.2	4.9	0.6	4.2	0.26	35
		Tall	383	92	1.5	0.4	10.5	9.9	0.9	8.2	0.45	54
		Grande	464	111	1.8	0.5	12.8	12.1	1.1	10	0.54	63
		Venti	632	151	2.4	0.7	17.5	16.7	1.4	13.6	0.73	82
Misto – semi-skimmed milk	Pike Place coffee as brewed [whole bean roasted coffee], semi-skimmed milk [semi-Skimmed MILK	Short	248	59	2.3	1.8	5.1	4.8	0.6	4.2	0.26	35
		Tall	484	116	4.4	3.6	10.3	9.7	0.9	8.2	0.45	54
		Grande	589	141	5.3	4.4	12.5	11.9	1.1	10	0.54	63
		Venti	802	192	7.2	6.1	17.2	16.3	1.4	13.6	0.72	82
Misto – whole milk	Pike Place coffee as brewed [whole bean roasted coffee], whole MILK	Short	314	75	4.2	2.4	5.0	4.7	0.6	4.1	0.25	35
		Tall	620	148	8.2	4.8	10.1	9.5	0.9	8.0	0.44	54
		Grande	755	181	10	5.9	12.3	11.6	1.1	9.7	0.53	63
		Venti	1031	247	13.7	8.1	16.8	16	1.4	13.3	0.71	82
Misto – almond drink	Pike Place coffee as brewed [whole bean roasted coffee], Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt	Short	150	37	1.8	0.2	3.1	2.7	0.9	1.2	0.21	35
		Tall	283	69	3.5	0.4	6.2	5.5	1.6	2.2	0.35	54
		Grande	343	84	4.2	0.5	7.6	6.7	1.9	2.6	0.42	63
		Venti	465	114	5.7	0.6	10.3	9.2	2.5	3.5	0.56	82
Misto – Original Nut Blend	Pike Place coffee as brewed [whole bean roasted coffee], Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]	Short	215	52	2.1	0.3	5.2	3.3	0.9	2.3	0.29	35
		Tall	417	100	4.1	0.6	10.5	6.6	1.6	4.4	0.52	54
		Grande	507	121	4.9	0.7	12.8	8.1	1.9	5.4	0.63	63
		Venti	690	165	6.7	1.0	17.6	11.1	2.5	7.3	0.84	82
Misto – soya drink	Pike Place coffee as brewed [whole bean roasted coffee], Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.	Short	222	53	2.3	0.4	3.6	3.3	1.1	3.8	0.28	35
		Tall	431	104	4.5	0.8	7.2	6.7	2.0	7.4	0.51	54
		Grande	524	126	5.4	1.0	8.8	8.1	2.4	9.0	0.61	63
		Venti	714	172	7.4	1.3	12	11.2	3.2	12.2	0.81	82
Misto – oat drink	Pike Place coffee as brewed [whole bean roasted coffee], Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.	Short	280	67	3.1	2.0	6.8	3.9	2.7	1.7	0.26	35
		Tall	551	132	6.0	4.0	13.7	7.9	5.2	3.1	0.46	54
		Grande	671	161	7.3	4.9	16.8	9.7	6.3	3.8	0.56	63
		Venti	915	219	9.9	6.8	23	13.2	8.6	5.1	0.75	82
Misto – coconut drink	Pike Place coffee as brewed [whole bean roasted coffee], Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.	Short	227	55	3.1	2.4	3.9	3.6	2.1	1.7	0.34	35
		Tall	442	108	6.0	4.9	7.8	7.3	4.0	3.1	0.61	54
		Grande	536	131	7.3	5.9	9.6	8.9	4.8	3.8	0.74	63
		Venti	731	178	9.9	8.1	13.1	12.2	6.5	5.1	0.99	82

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Mocha & Hot Chocolate

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Classic Hot Chocolate - skimmed milk	Skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	670	160	6.7	4.6	18.1	17.3	1.5	6	0.13	0.0
		Tall	999	238	8.6	5.8	28.5	27.3	2.2	10.6	0.24	0.0
		Grande	1232	294	10.2	6.9	36	34.4	2.9	13	0.29	0.0
		Venti	1506	358	11.1	7.3	45.7	43.8	3.6	17.2	0.39	0.0
Classic Hot Chocolate - semi-skimmed milk	Semi-skimmed milk [semi skimmed MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	720	172	8.1	6.2	18	17.2	1.5	6	0.12	0.0
		Tall	1099	262	11.4	8.9	28.3	27.1	2.2	10.6	0.24	0.0
		Grande	1353	322	13.6	10.6	35.7	34.2	2.9	13	0.28	0.0
		Venti	1672	398	15.7	12.6	45.3	43.5	3.6	17.2	0.38	0.0
Classic Hot Chocolate - whole milk	Whole MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	786	188	10	6.7	17.9	17.1	1.5	5.9	0.12	0.0
		Tall	1234	294	15.2	10.1	28.1	26.9	2.2	10.4	0.23	0.0
		Grande	1513	361	18.1	12.1	35.5	33.9	2.9	12.8	0.28	0.0
		Venti	1895	451	22	14.5	45	43.1	3.6	16.9	0.38	0.0
Classic Hot Chocolate - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	622	149	7.7	4.6	16	15.1	1.8	3.1	0.08	0.0
		Tall	900	216	10.5	5.7	24.3	22.9	2.8	4.6	0.14	0.0
		Grande	1115	267	12.5	6.8	30.9	29.1	3.6	5.8	0.17	0.0
		Venti	1343	322	14.2	7.2	38.7	36.5	4.6	7.3	0.23	0.0
Classic Hot Chocolate - Original Nut Blend	Original nut blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	687	164	7.9	4.7	18.1	15.7	1.8	4.2	0.16	0.0
		Tall	1033	246	11	5.9	28.6	24.1	2.8	6.9	0.31	0.0
		Grande	1273	303	13.2	7.1	36	30.5	3.6	8.5	0.37	0.0
		Venti	1563	372	15.2	7.6	45.7	38.4	4.6	11	0.50	0.0
Classic Hot Chocolate - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	694	166	8.2	4.8	16.5	15.7	2.1	5.6	0.15	0.0
		Tall	1047	250	11.5	6.1	25.3	24.1	3.3	9.8	0.29	0.0
		Grande	1290	308	13.7	7.3	32.1	30.6	4.1	12	0.35	0.0
		Venti	1586	378	15.9	7.9	40.3	38.4	5.3	15.8	0.48	0.0
Classic Hot Chocolate - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	753	180	8.9	6.4	19.7	16.3	3.6	3.5	0.13	0.0
		Tall	1165	278	13	9.3	31.7	25.3	6.4	5.6	0.25	0.0
		Grande	1432	342	15.5	11.1	39.8	32	7.9	7	0.30	0.0
		Venti	1782	425	18.4	13.2	51	40.5	10.6	8.9	0.41	0.0
Classic Hot Chocolate - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	699	168	8.9	6.8	16.8	16	3	3.5	0.20	0.0
		Tall	1057	254	13	10.1	25.9	24.7	5.2	5.6	0.40	0.0
		Grande	1302	313	15.5	12.1	32.8	31.3	6.5	7	0.48	0.0
		Venti	1602	385	18.4	14.6	41.4	39.5	8.6	8.9	0.65	0.0

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Hot White Chocolate – skimmed milk	Skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Short	807	193	7.9	5.9	24.5	24.5	0	5.7	0.24	0.0
		Tall	1222	291	10.5	7.7	38.8	38.8	0	10.3	0.41	0.0
		Grande	1541	367	12.8	9.5	50.1	50.1	0	12.7	0.51	0.0
		Venti	1900	452	14.4	10.7	63.8	63.8	0	16.8	0.67	0.0
Hot White Chocolate – semi-skimmed milk	Semi-skimmed milk [semi skimmed MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Short	857	204	9.3	7.4	24.4	24.4	0	5.7	0.23	0.0
		Tall	1322	315	13.3	10.9	38.6	38.6	0	10.3	0.40	0.0
		Grande	1661	396	16.2	13.3	49.9	49.9	0	12.7	0.51	0.0
		Venti	2067	492	19	15.9	63.4	63.4	0	16.8	0.66	0.0
Hot White Chocolate – whole milk	Whole MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Short	924	220	11.2	8	24.3	24.3	0	5.6	0.23	0.0
		Tall	1457	347	17.1	12.1	38.4	38.4	0	10.1	0.40	0.0
		Grande	1822	434	20.7	14.7	49.7	49.7	0	12.4	0.50	0.0
		Venti	2290	545	25.3	17.9	63.1	63.1	0	16.5	0.66	0.0
Hot White Chocolate – almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Short	759	182	8.9	5.9	22.4	22.3	0.3	2.7	0.19	0.0
		Tall	1123	269	12.4	7.7	34.6	34.4	0.6	4.3	0.31	0.0
		Grande	1424	340	15.1	9.5	45.1	44.9	0.7	5.5	0.39	0.0
		Venti	1738	415	17.5	10.6	56.8	56.4	1	6.9	0.51	0.0
Hot White Chocolate – Original Nut Blend	Original nut blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Short	824	196	9.2	6	24.5	22.9	0.3	3.9	0.27	0.0
		Tall	1256	299	13	7.9	38.9	35.6	0.6	6.5	0.47	0.0
		Grande	1582	376	15.8	9.7	50.2	46.2	0.7	8.2	0.59	0.0
		Venti	1957	465	18.5	10.9	63.8	58.4	1	10.6	0.78	0.0
Hot White Chocolate – soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Short	831	198	9.4	6.1	22.9	22.9	0.5	5.3	0.26	0.0
		Tall	1270	303	13.4	8.1	35.6	35.6	1	9.4	0.46	0.0
		Grande	1599	381	16.3	10	46.3	46.3	1.2	11.7	0.57	0.0
		Venti	1980	472	19.2	11.3	58.4	58.4	1.7	15.5	0.76	0.0
Hot White Chocolate – oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Short	890	212	10.1	7.6	26.1	23.5	2.1	3.2	0.24	0.0
		Tall	1388	331	14.9	11.3	42	36.8	4.2	5.2	0.42	0.0
		Grande	1740	415	18.1	13.8	54	47.7	5	6.6	0.52	0.0
		Venti	2176	519	21.7	16.6	69.1	60.4	7	8.5	0.69	0.0
Hot White Chocolate – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Short	836	200	10.1	8	23.2	23.2	1.5	3.2	0.31	0.0
		Tall	1280	307	14.9	12.1	36.2	36.2	3	5.2	0.56	0.0
		Grande	1611	386	18.1	14.7	47	47	3.6	6.6	0.70	0.0
		Venti	1997	479	21.7	17.9	59.4	59.4	5	8.5	0.93	0.0

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Chocolate – skimmed milk	Ice, skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	979	234	10.3	7.1	25.8	24.6	2.2	8.4	0.18	0.0
		Grande	1297	310	14.1	9.8	33.5	31.9	2.9	10.7	0.22	0.0
		Venti	1522	363	14.9	10.2	41.6	39.8	3.6	13.8	0.29	0.0
Iced Chocolate – semi-skimmed milk	Ice, Semi skimmed milk [semi skimmed MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1047	250	12.2	9.2	25.6	24.5	2.2	8.4	0.17	0.0
		Grande	1381	330	16.5	12.4	33.3	31.8	2.9	10.7	0.22	0.0
		Venti	1636	390	18.1	13.8	41.4	39.5	3.6	13.8	0.28	0.0
Iced Chocolate – whole milk	Ice, whole MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1138	272	14.8	10	25.5	24.3	2.2	8.3	0.17	0.0
		Grande	1494	357	19.7	13.4	33.1	31.6	2.9	10.6	0.21	0.0
		Venti	1789	427	22.4	15.1	41.2	39.3	3.6	13.6	0.28	0.0
Iced Chocolate – almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	912	219	11.6	7	22.9	21.6	2.6	4.4	0.11	0.0
		Grande	1215	291	15.7	9.7	29.9	28.2	3.4	5.7	0.14	0.0
		Venti	1410	338	17.1	10.1	36.9	34.7	4.3	7	0.17	0.0
Iced Chocolate – Original Nut Blend	Ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1002	239	12	7.2	25.8	22.4	2.6	5.9	0.22	0.0
		Grande	1326	317	16.2	9.9	33.5	29.2	3.4	7.6	0.27	0.0
		Venti	1560	372	17.7	10.4	41.7	36.1	4.3	9.6	0.36	0.0
Iced Chocolate – soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1012	242	12.2	7.3	23.6	22.4	2.9	7.9	0.21	0.0
		Grande	1337	320	16.6	10.1	30.8	29.2	3.8	10.1	0.26	0.0
		Venti	1576	377	18.2	10.6	38	36.1	4.7	12.9	0.35	0.0
Iced Chocolate – oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1092	261	13.3	9.5	28	23.3	5.1	5	0.18	0.0
		Grande	1437	343	17.8	12.7	36.2	30.3	6.4	6.5	0.23	0.0
		Venti	1711	409	19.9	14.2	45.3	37.5	8.4	8.1	0.30	0.0
Iced Chocolate – coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1018	245	13.3	10	24	22.8	4.2	5	0.28	0.0
		Grande	1346	323	17.8	13.4	31.3	29.8	5.4	6.5	0.35	0.0
		Venti	1588	381	19.9	15.1	38.7	36.8	7	8.1	0.47	0.0
Iced White Chocolate – skimmed milk	Ice, skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Tall	1206	288	12.2	9	36.2	36.2	0	8.1	0.34	0.0
		Grande	1610	384	16.8	12.4	47.8	47.8	0	10.4	0.44	0.0
		Venti	1920	458	18.2	13.5	59.9	59.9	0	13.5	0.57	0.0

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Iced White Chocolate - semi-skimmed milk	Ice, Semi skimmed milk [semi skimmed MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Tall	1274	304	14.1	11.2	36.1	36.1	0	8.1	0.34	0.0
		Grande	1694	404	19.1	15.1	47.6	47.6	0	10.4	0.44	0.0
		Venti	2034	485	21.4	17.1	59.6	59.6	0	13.5	0.56	0.0
Iced White Chocolate - whole milk	Ice, whole MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Tall	1365	326	16.7	12	36	36	0	8	0.34	0.0
		Grande	1806	431	22.3	16.1	47.5	47.5	0	10.3	0.43	0.0
		Venti	2187	522	25.7	18.5	59.4	59.4	0	13.2	0.56	0.0
Iced White Chocolate - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Tall	1139	273	13.5	9	33.4	33.2	0.4	4.1	0.27	0.0
		Grande	1527	366	18.4	12.4	44.3	44.1	0.5	5.4	0.36	0.0
		Venti	1808	432	20.4	13.5	55.1	54.8	0.7	6.7	0.45	0.0
Iced White Chocolate - Original Nut Blend	Ice, Original nut blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Tall	1229	293	13.9	9.2	36.3	34	0.4	5.6	0.39	0.0
		Grande	1638	391	18.9	12.6	47.8	45.1	0.5	7.3	0.50	0.0
		Venti	1959	467	21	13.7	59.9	56.2	0.7	9.2	0.64	0.0
Iced White Chocolate - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Tall	1238	296	14.2	9.3	34	34	0.7	7.6	0.38	0.0
		Grande	1650	394	19.2	12.7	45.1	45.1	0.9	9.7	0.49	0.0
		Venti	1975	471	21.5	13.9	56.2	56.2	1.2	12.5	0.62	0.0
Iced White Chocolate - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Tall	1319	315	15.2	11.5	38.4	34.9	2.9	4.7	0.35	0.0
		Grande	1749	418	20.5	15.4	50.5	46.1	3.5	6.2	0.45	0.0
		Venti	2109	503	23.2	17.6	63.5	57.6	4.8	7.8	0.58	0.0
Iced White Chocolate - coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Tall	1245	298	15.2	12	34.5	34.5	2	4.7	0.45	0.0
		Grande	1658	397	20.5	16.1	45.6	45.6	2.5	6.2	0.57	0.0
		Venti	1986	476	23.2	18.5	56.9	56.9	3.4	7.8	0.74	0.0
Mocha - skimmed milk	Skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	641	153	6.6	4.5	16.7	15.6	1.5	5.9	0.14	33
		Tall	933	223	8.5	5.7	25.8	23.9	2.3	9.6	0.24	66
		Grande	1218	290	10.2	6.8	34.8	32.5	2.9	13.2	0.33	66
		Venti	1418	338	11	7.2	42.1	39	3.7	15.6	0.39	99

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Mocha - semi-skimmed milk	Semi-skimmed milk [semi skimmed MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	686	164	7.9	5.9	16.6	15.5	1.5	5.9	0.14	33
		Tall	1010	241	10.6	8.1	25.7	23.7	2.3	9.6	0.24	66
		Grande	1330	317	13.4	10.3	34.6	32.3	2.9	13.2	0.32	66
		Venti	1546	368	14.6	11.2	41.8	38.7	3.7	15.6	0.38	99
Mocha - whole milk	Whole MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	745	178	9.6	6.4	16.5	15.4	1.5	5.8	0.14	33
		Tall	1111	265	13.5	9	25.5	23.6	2.3	9.4	0.24	66
		Grande	1481	353	17.6	11.7	34.4	32.1	2.9	12.9	0.32	66
		Venti	1716	409	19.4	12.7	41.6	38.5	3.7	15.4	0.38	99
Mocha - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	598	143	7.5	4.5	14.9	13.6	1.7	3.2	0.10	33
		Tall	859	206	9.9	5.6	22.6	20.5	2.7	5.1	0.17	66
		Grande	1108	265	12.4	6.7	30.1	27.6	3.6	6.5	0.22	66
		Venti	1293	310	13.4	7.1	36.7	33.4	4.5	8.1	0.26	99
Mocha - Original Nut Blend	Original nut blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	657	157	7.7	4.6	16.7	14.1	1.7	4.2	0.17	33
		Tall	959	229	10.4	5.8	25.8	21.4	2.7	6.8	0.29	66
		Grande	1256	299	13	7	34.9	28.9	3.6	9	0.40	66
		Venti	1461	348	14.2	7.4	42.1	34.9	4.5	10.9	0.47	99
Mocha - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	663	158	7.9	4.7	15.3	14.1	1.9	5.5	0.16	33
		Tall	970	232	10.7	5.9	23.4	21.4	3.1	9	0.28	66
		Grande	1272	304	13.5	7.2	31.2	28.9	4.1	12.2	0.38	66
		Venti	1479	353	14.7	7.7	38	34.9	5.1	14.6	0.45	99
Mocha - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	715	171	8.6	6.1	18.1	14.7	3.3	3.6	0.15	33
		Tall	1060	253	11.8	8.4	28.2	22.3	5.5	5.8	0.25	66
		Grande	1404	335	15.2	10.8	38.4	30.3	7.7	7.5	0.34	66
		Venti	1630	389	16.6	11.7	46.1	36.4	9.1	9.3	0.40	99
Mocha - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	667	160	8.6	6.4	15.6	14.4	2.8	3.6	0.21	33
		Tall	978	235	11.8	9	23.8	21.9	4.5	5.8	0.36	66
		Grande	1283	308	15.2	11.7	31.9	29.6	6.3	7.5	0.50	66
		Venti	1492	358	16.6	12.7	38.8	35.7	7.6	9.3	0.59	99
Signature Caramel Hot Chocolate - skimmed milk	Skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.]	Short	966	230	8	5.4	30.5	29.4	2.3	7.6	0.22	14
		Tall	1381	329	10.1	6.7	45.2	43.6	3.5	12.1	0.34	20
		Grande	1753	417	12.1	8	58.4	56.5	4.6	15.7	0.42	27
		Venti	2110	501	13.3	8.7	72.3	69.9	5.8	19.7	0.53	34

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Signature Caramel Hot Chocolate – semi-skimmed milk	Semi-skimmed milk [semi skimmed MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.]	Short	1046	249	10.2	7.9	30.4	29.3	2.3	7.6	0.21	14
		Tall	1513	360	13.8	10.9	44.9	43.4	3.5	12.1	0.33	20
		Grande	1923	458	16.9	13.4	58.1	56.1	4.6	15.7	0.42	27
		Venti	2327	553	19.3	15.5	71.8	69.5	5.8	19.7	0.52	34
Signature Caramel Hot Chocolate – whole milk	Whole MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.]	Short	1153	275	13.3	8.8	30.2	29.1	2.3	7.4	0.21	14
		Tall	1690	403	18.8	12.4	44.6	43.1	3.5	11.9	0.32	20
		Grande	2151	512	23.4	15.4	57.8	55.8	4.6	15.3	0.41	27
		Venti	2617	623	27.6	18	71.4	69	5.8	19.3	0.51	34
Signature Caramel Hot Chocolate – almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.]	Short	888	213	9.5	5.3	27.2	25.9	2.8	2.8	0.14	14
		Tall	1252	300	12.6	6.6	39.6	37.8	4.3	4.2	0.20	20
		Grande	1586	379	15.4	7.9	51.3	49	5.7	5.5	0.25	27
		Venti	1897	454	17.4	8.5	63.2	60.3	7.1	6.8	0.31	34
Signature Caramel Hot Chocolate – Original Nut Blend	Original nut blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.]	Short	993	237	10	5.5	30.6	26.9	2.8	4.6	0.27	14
		Tall	1426	339	13.4	6.9	45.2	39.4	4.3	7.2	0.42	20
		Grande	1811	431	16.4	8.3	58.5	51	5.7	9.3	0.54	27
		Venti	2183	519	18.6	9	72.4	62.9	7.1	11.7	0.67	34
Signature Caramel Hot Chocolate – soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.]	Short	1005	240	10.3	5.7	28	26.9	3.1	6.9	0.26	14
		Tall	1444	344	13.9	7.2	40.9	39.4	4.8	11	0.40	20
		Grande	1835	437	17.1	8.6	53	51	6.4	14.3	0.51	27
		Venti	2214	527	19.6	9.4	65.3	62.9	8	17.9	0.64	34
Signature Caramel Hot Chocolate – oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.]	Short	1099	262	11.5	8.2	33.1	27.8	5.7	3.6	0.22	14
		Tall	1600	381	15.9	11.4	49.4	41	9	5.5	0.35	20
		Grande	2036	485	19.6	14.1	63.9	53.1	11.8	7.1	0.44	27
		Venti	2470	588	22.8	16.3	79.2	65.5	14.9	8.9	0.55	34

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Signature Caramel Hot Chocolate – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono–and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Premium cocoa mix [sugar, fat–reduced cocoa powder, cocoa mass, vanilla extract.]	Short	1013	243	11.5	8.8	28.5	27.4	4.7	3.6	0.34	14
		Tall	1458	350	15.9	12.4	41.7	40.2	7.4	5.5	0.54	20
		Grande	1852	444	19.6	15.4	54	52.1	9.7	7.1	0.69	27
		Venti	2236	536	22.8	18.1	66.6	64.2	12.3	8.9	0.87	34
Signature Hazelnut Hot Chocolate – skimmed milk	Skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], Hazelnut flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.], Premium cocoa mix [sugar, fat–reduced cocoa powder, cocoa mass, vanilla extract.]	Short	914	218	7.4	5	28.5	27.3	2.5	7.8	0.19	14
		Tall	1325	315	9.5	6.3	42.9	41.2	3.6	12.3	0.31	20
		Grande	1693	403	11.6	7.7	56	53.7	4.8	15.8	0.40	27
		Venti	2046	486	12.7	8.3	69.6	66.7	5.9	19.9	0.51	34
Signature Hazelnut Hot Chocolate – semi-skimmed milk	Semi-skimmed milk [semi skimmed MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], Hazelnut flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.], Premium cocoa mix [sugar, fat–reduced cocoa powder, cocoa mass, vanilla extract.]	Short	994	237	9.6	7.5	28.3	27.2	2.5	7.8	0.19	14
		Tall	1457	347	13.2	10.5	42.6	40.9	3.6	12.3	0.31	20
		Grande	1863	443	16.3	13	55.6	53.3	4.8	15.8	0.39	27
		Venti	2263	538	18.8	15.1	69.1	66.3	5.9	19.9	0.50	34
Signature Hazelnut Hot Chocolate – whole milk	Whole MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], Hazelnut flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.], Premium cocoa mix [sugar, fat–reduced cocoa powder, cocoa mass, vanilla extract.]	Short	1101	262	12.7	8.5	28.2	27	2.5	7.6	0.19	14
		Tall	1634	389	18.2	12.1	42.4	40.6	3.6	12	0.30	20
		Grande	2091	498	22.8	15	55.3	53	4.8	15.5	0.38	27
		Venti	2553	608	27	17.7	68.7	65.8	5.9	19.4	0.49	34
Signature Hazelnut Hot Chocolate – almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], Hazelnut flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.], Premium cocoa mix [sugar, fat–reduced cocoa powder, cocoa mass, vanilla extract.]	Short	836	200	8.9	5	25.2	23.8	3	3	0.11	14
		Tall	1195	286	12	6.3	37.4	35.4	4.4	4.4	0.18	20
		Grande	1526	365	14.8	7.6	48.8	46.2	5.8	5.7	0.23	27
		Venti	1833	438	16.8	8.2	60.4	57.2	7.3	7	0.29	34
Signature Hazelnut Hot Chocolate – Original Nut Blend	Original nut blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono– and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]]. Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], Hazelnut flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.], Premium cocoa mix [sugar, fat–reduced cocoa powder, cocoa mass, vanilla extract.]	Short	941	224	9.4	5.1	28.5	24.7	3	4.8	0.25	14
		Tall	1370	326	12.8	6.6	43	36.9	4.4	7.4	0.40	20
		Grande	1751	416	15.8	7.9	56	48.1	5.8	9.5	0.51	27
		Venti	2119	503	18.1	8.6	69.6	59.7	7.3	11.8	0.65	34
Signature Hazelnut Hot Chocolate – soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], Hazelnut flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.], Premium cocoa mix [sugar, fat–reduced cocoa powder, cocoa mass, vanilla extract.]	Short	952	227	9.7	5.3	25.9	24.7	3.3	7.1	0.23	14
		Tall	1388	331	13.4	6.8	38.6	36.9	5	11.2	0.38	20
		Grande	1775	423	16.5	8.3	50.5	48.2	6.6	14.4	0.49	27
		Venti	2150	512	19	9.1	62.6	59.7	8.2	18.1	0.62	34

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Adults need around 2000kcal a day.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Signature Hazelnut Hot Chocolate – oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], Hazelnut flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.], Premium cocoa mix [sugar, fat–reduced cocoa powder, cocoa mass, vanilla extract.]	Short	1046	250	10.9	7.8	31.1	25.7	5.8	3.8	0.20	14
		Tall	1544	368	15.3	11	47.1	38.5	9.2	5.7	0.33	20
		Grande	1976	471	19.1	13.7	61.4	50.3	11.9	7.3	0.42	27
		Venti	2406	573	22.2	16	76.5	62.4	15	9	0.53	34
Signature Hazelnut Hot Chocolate – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], Hazelnut flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.], Premium cocoa mix [sugar, fat–reduced cocoa powder, cocoa mass, vanilla extract.]	Short	960	230	10.9	8.5	26.4	25.2	4.9	3.8	0.32	14
		Tall	1401	336	15.3	12.1	39.5	37.7	7.6	5.7	0.52	20
		Grande	1792	430	19.1	15	51.5	49.2	9.9	7.3	0.67	27
		Venti	2171	521	22.2	17.7	63.9	61.1	12.4	9	0.84	34
Signature Hot Chocolate – skimmed milk	Skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], Premium cocoa mix [sugar, fat–reduced cocoa powder, cocoa mass, vanilla extract.]	Short	770	184	7.4	5	20	19.1	2.5	7.8	0.19	14
		Tall	1109	264	9.5	6.3	30.2	28.9	3.6	12.3	0.31	20
		Grande	1405	335	11.6	7.7	39	37.3	4.8	15.8	0.40	27
		Venti	1686	402	12.7	8.3	48.4	46.2	5.9	19.9	0.51	34
Signature Hot Chocolate – semi–skimmed milk	Semi–skimmed milk [semi skimmed MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], Premium cocoa mix [sugar, fat–reduced cocoa powder, cocoa mass, vanilla extract.]	Short	850	203	9.6	7.5	19.9	19	2.5	7.8	0.19	14
		Tall	1241	296	13.2	10.5	29.9	28.6	3.6	12.3	0.31	20
		Grande	1576	376	16.3	13	38.7	36.9	4.8	15.8	0.39	27
		Venti	1903	454	18.8	15.1	48	45.8	5.9	19.9	0.50	34
Signature Hot Chocolate – whole milk	Whole MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], Premium cocoa mix [sugar, fat–reduced cocoa powder, cocoa mass, vanilla extract.]	Short	957	228	12.7	8.5	19.7	18.8	2.5	7.6	0.19	14
		Tall	1418	338	18.2	12.1	29.7	28.3	3.6	12	0.30	20
		Grande	1804	430	22.8	15	38.4	36.6	4.8	15.5	0.38	27
		Venti	2194	523	27	17.7	47.5	45.3	5.9	19.4	0.49	34
Signature Hot Chocolate – almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], Premium cocoa mix [sugar, fat–reduced cocoa powder, cocoa mass, vanilla extract.]	Short	692	166	8.9	5	16.7	15.6	3	3	0.11	14
		Tall	980	235	12	6.3	24.7	23	4.4	4.4	0.18	20
		Grande	1238	297	14.8	7.6	31.9	29.8	5.8	5.7	0.23	27
		Venti	1474	354	16.8	8.2	39.3	36.7	7.3	7	0.29	34
Signature Hot Chocolate – Original Nut Blend	Original nut blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono– and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], Premium cocoa mix [sugar, fat–reduced cocoa powder, cocoa mass, vanilla extract.]	Short	797	190	9.4	5.1	20.1	16.5	3	4.8	0.25	14
		Tall	1154	275	12.8	6.6	30.3	24.6	4.4	7.4	0.40	20
		Grande	1463	349	15.8	7.9	39.1	31.7	5.8	9.5	0.51	27
		Venti	1760	419	18.1	8.6	48.5	39.2	7.3	11.8	0.65	34
Signature Hot Chocolate – soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], Premium cocoa mix [sugar, fat–reduced cocoa powder, cocoa mass, vanilla extract.]	Short	808	193	9.7	5.3	17.5	16.5	3.3	7.1	0.23	14
		Tall	1172	280	13.4	6.8	26	24.6	5	11.2	0.38	20
		Grande	1487	355	16.5	8.3	33.6	31.8	6.6	14.4	0.49	27
		Venti	1790	428	19	9.1	41.4	39.2	8.2	18.1	0.62	34

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Signature Hot Chocolate - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.]	Short	903	216	10.9	7.8	22.6	17.5	5.8	3.8	0.20	14
		Tall	1328	317	15.3	11	34.4	26.2	9.2	5.7	0.33	20
		Grande	1688	403	19.1	13.7	44.5	33.8	11.9	7.3	0.42	27
		Venti	2046	488	22.2	16	55.3	41.9	15	9	0.53	34
Signature Hot Chocolate - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.]	Short	816	197	10.9	8.5	18	17	4.9	3.8	0.32	14
		Tall	1186	286	15.3	12.1	26.8	25.4	7.6	5.7	0.52	20
		Grande	1504	362	19.1	15	34.6	32.8	9.9	7.3	0.67	27
		Venti	1812	436	22.2	17.7	42.8	40.6	12.4	9	0.84	34
White Mocha - skimmed milk	Skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	816	195	8	5.9	24.6	24.2	0.1	5.9	0.26	33
		Tall	1220	291	10.6	7.8	38.4	37.5	0.2	10.2	0.43	66
		Grande	1560	372	13	9.5	50.4	49.5	0.2	13	0.55	66
		Venti	1932	460	14.6	10.7	64.2	62.9	0.3	17.5	0.73	99
White Mocha - semi-skimmed milk	Semi-skimmed milk [semi skimmed MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	861	206	9.3	7.3	24.5	24.1	0.1	5.9	0.25	33
		Tall	1306	311	13	10.4	38.2	37.4	0.2	10.2	0.43	66
		Grande	1672	398	16.1	13.1	50.1	49.3	0.2	13	0.55	66
		Venti	2087	497	19	15.6	63.9	62.6	0.3	17.5	0.72	99
White Mocha - whole milk	Whole MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	922	220	11	7.9	24.4	24	0.1	5.8	0.25	33
		Tall	1421	339	16.3	11.5	38.1	37.2	0.2	10	0.42	66
		Grande	1823	434	20.4	14.4	49.9	49.1	0.2	12.8	0.54	66
		Venti	2295	547	24.9	17.4	63.6	62.3	0.3	17.2	0.72	99
White Mocha - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	772	185	8.9	5.9	22.7	22.2	0.4	3.2	0.21	33
		Tall	1136	272	12.2	7.7	34.8	33.8	0.8	5.1	0.35	66
		Grande	1450	347	15.1	9.5	45.7	44.6	0.9	6.4	0.44	66
		Venti	1780	425	17.6	10.6	57.7	56.1	1.3	8.2	0.58	99
White Mocha - Original Nut Blend	Original nut blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	832	198	9.2	6	24.6	22.7	0.4	4.2	0.29	33
		Tall	1250	298	12.7	7.9	38.4	34.8	0.8	7	0.49	66
		Grande	1598	380	15.8	9.7	50.4	45.9	0.9	8.9	0.62	66
		Venti	1985	472	18.5	11	64.2	57.9	1.3	11.7	0.83	99
White Mocha - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	838	200	9.4	6.1	23.1	22.7	0.6	5.5	0.28	33
		Tall	1262	301	13.1	8.1	35.6	34.8	1.1	9.5	0.48	66
		Grande	1614	385	16.3	10	46.8	45.9	1.4	12.1	0.61	66
		Venti	2006	478	19.1	11.3	59.2	57.9	2	16.2	0.81	99

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White Mocha - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	891	213	10	7.5	26	23.3	2	3.6	0.26	33
		Tall	1363	325	14.4	10.8	41.1	35.8	3.8	5.9	0.44	66
		Grande	1746	416	17.9	13.5	54	47.3	4.9	7.4	0.56	66
		Venti	2189	522	21.5	16.2	69.2	59.8	6.9	9.7	0.75	99
White Mocha - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	842	202	10	7.9	23.4	23	1.5	3.6	0.33	33
		Tall	1270	304	14.4	11.5	36.2	35.3	2.8	5.9	0.57	66
		Grande	1625	389	17.9	14.4	47.5	46.6	3.6	7.4	0.73	66
		Venti	2022	484	21.5	17.5	60.1	58.9	5	9.7	0.97	99

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Adults need around 2000kcal a day.



Teas

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Chai Tea	Water, Chai tea [black tea, ginger root, cinnamon, black pepper, cardamom extract, star anise, cloves, natural flavour/cardamom west indian oil]	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
Chai Tea Latte - skimmed milk	Skimmed MILK , water, Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Short	440	104	0.3	0.1	21.1	21.1	1.2	3.5	0.12	46
		Tall	775	183	0.7	0.3	35.3	35.2	1.8	7.9	0.26	69
		Grande	896	212	0.7	0.3	42.7	42.6	2.4	7.4	0.25	92
		Venti	1166	275	1.0	0.4	54.8	54.7	3.0	10.3	0.34	115
Chai Tea Latte - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], water, Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Short	488	116	1.7	1.6	21	21	1.2	3.5	0.11	46
		Tall	885	210	3.8	3.8	35.1	35	1.8	7.9	0.25	69
		Grande	998	236	3.5	3.5	42.5	42.4	2.4	7.4	0.24	92
		Venti	1307	309	4.9	4.8	54.6	54.6	3.0	10.3	0.33	115
Chai Tea Latte - whole milk	Whole MILK , water, Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Short	553	131	3.5	2.2	20.9	20.9	1.2	3.4	0.11	46
		Tall	1032	245	8.0	5.1	34.9	34.8	1.8	7.7	0.25	69
		Grande	1134	269	7.4	4.7	42.3	42.2	2.4	7.2	0.24	92
		Venti	1497	355	10.3	6.5	54.3	54.2	3.0	10	0.33	115
Chai Tea Latte - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], water, Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Short	393	93	1.2	0.1	19.1	19	1.5	0.6	0.07	46
		Tall	668	159	2.8	0.2	30.7	30.4	2.5	1.3	0.15	69
		Grande	797	189	2.6	0.2	38.5	38.2	3.0	1.3	0.14	92
		Venti	1027	244	3.7	0.3	48.9	48.5	3.9	1.8	0.20	115
Chai Tea Latte - Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], water, Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Short	456	108	1.5	0.2	21.1	19.5	1.5	1.7	0.15	46
		Tall	813	192	3.5	0.5	35.3	31.7	2.5	3.8	0.33	69
		Grande	931	220	3.2	0.5	42.8	39.4	3.0	3.6	0.31	92
		Venti	1214	287	4.5	0.6	54.9	50.1	3.9	5	0.43	115
Chai Tea Latte - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], water, Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Short	463	110	1.7	0.3	19.6	19.5	1.7	3.1	0.14	46
		Tall	828	196	3.9	0.7	31.8	31.7	2.9	7.0	0.31	69
		Grande	945	224	3.6	0.7	39.5	39.4	3.4	6.5	0.30	92
		Venti	1234	292	5.1	0.9	50.3	50.2	4.5	9.1	0.41	115
Chai Tea Latte - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], water, Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Short	520	123	2.4	1.8	22.6	20.1	3.2	1.1	0.12	46
		Tall	958	227	5.6	4.2	38.8	33	6.4	2.4	0.27	69
		Grande	1065	252	5.2	3.9	46	40.6	6.6	2.3	0.26	92
		Venti	1401	332	7.2	5.4	59.4	51.9	8.9	3.2	0.35	115
Chai Tea Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], water, Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Short	468	112	2.4	2.2	19.9	19.8	2.6	1.1	0.19	46
		Tall	839	201	5.6	5.1	32.4	32.4	5.1	2.4	0.43	69
		Grande	955	228	5.2	4.7	40.1	40	5.4	2.3	0.40	92
		Venti	1248	298	7.2	6.5	51.2	51	7.2	3.2	0.56	115

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Chamomile	Water, Chamomile tea [camomile flower, blackberry leaf, lemongrass , rose petal, spearmint, lemon, hibiscus flower, lavender, marigold extract]	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
Earl Grey Tea	Water, black tea, natural flavouring	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
Emperor's Clouds & Mist Tea	Water, green tea	Short	1	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Tall	1	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Grande	1	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Venti	2	1	0.0	0.0	0.0	0.0	0.0	0.0	0.00	2
English Breakfast Tea	Water, English breakfast tea [black tea]	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	2
Hibiscus Tea	Water, Hibiscus blend tea [hibiscus, cinnamon, lemongrass, apple bits, licorice root, natural flavouring]	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
Jasmine Pearls Tea	Water, Jasmine Pearls [green tea scented with jasmine blossoms (100%)]	Short	1	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Tall	1	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Grande	1	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Venti	3	1	0.0	0.0	0.0	0.0	0.0	0.0	0.00	2
Matcha Green Tea Latte - skimmed milk	Skimmed MILK , Matcha blend [Matcha green tea]	Short	202	48	0.4	0.2	6.3	6	0.3	4.6	0.14	19
		Tall	325	77	0.7	0.3	10.1	9.5	0.6	7.3	0.22	39
		Grande	479	114	1	0.4	14.9	13.8	1.1	10.7	0.31	66
		Venti	596	141	1.2	0.5	18.5	17.2	1.3	13.3	0.39	83
Matcha Green Tea Latte - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], Matcha blend [Matcha green tea]	Short	264	63	2.2	2.1	6.2	5.9	0.3	4.6	0.13	19
		Tall	424	101	3.4	3.4	9.9	9.3	0.6	7.3	0.21	39
		Grande	622	148	5	4.9	14.6	13.6	1.1	10.7	0.31	66
		Venti	773	184	6.2	6.1	18.2	16.8	1.3	13.3	0.38	83
Matcha Green Tea Latte - whole milk	Whole MILK , Matcha blend [Matcha green tea]	Short	348	83	4.5	2.9	6.1	5.8	0.3	4.4	0.13	19
		Tall	556	132	7.2	4.5	9.8	9.1	0.6	7.1	0.21	39
		Grande	814	194	10.4	6.6	14.3	13.3	1.1	10.4	0.30	66
		Venti	1012	241	13	8.2	17.8	16.5	1.3	13	0.37	83

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Matcha Green Tea Latte – almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Matcha blend [Matcha green tea]	Short	141	34	1.6	0.1	3.7	3.3	0.7	0.9	0.07	19
		Tall	229	55	2.5	0.2	6	5.2	1.2	1.4	0.12	39
		Grande	339	82	3.7	0.3	8.9	7.5	2	2.2	0.17	66
		Venti	422	102	4.6	0.4	11.1	9.4	2.5	2.7	0.21	83
Matcha Green Tea Latte – Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Matcha blend [Matcha green tea]	Short	223	53	2	0.3	6.3	4	0.7	2.2	0.18	19
		Tall	359	85	3.1	0.4	10.2	6.3	1.2	3.6	0.28	39
		Grande	528	125	4.5	0.6	15	9.2	2	5.4	0.41	66
		Venti	656	155	5.6	0.8	18.6	11.4	2.5	6.7	0.51	83
Matcha Green Tea Latte – soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Matcha blend [Matcha green tea]	Short	232	55	2.2	0.4	4.3	4	1	4.1	0.17	19
		Tall	372	89	3.5	0.6	7	6.3	1.6	6.5	0.27	39
		Grande	548	131	5.1	0.9	10.3	9.2	2.6	9.5	0.39	66
		Venti	681	163	6.4	1.1	12.8	11.5	3.2	11.9	0.48	83
Matcha Green Tea Latte – oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Matcha blend [Matcha green tea]	Short	305	73	3.1	2.4	8.3	4.8	2.9	1.4	0.14	19
		Tall	489	116	5	3.8	13.3	7.6	4.8	2.4	0.23	39
		Grande	717	171	7.3	5.5	19.5	11	7.1	3.6	0.33	66
		Venti	891	212	9	6.8	24.2	13.6	8.8	4.4	0.41	83
Matcha Green Tea Latte – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Matcha blend [Matcha green tea]	Short	238	58	3.1	2.9	4.7	4.4	2.2	1.4	0.23	19
		Tall	382	93	5	4.5	7.6	7	3.6	2.4	0.37	39
		Grande	562	136	7.3	6.6	11.2	10.1	5.4	3.6	0.54	66
		Venti	699	170	9	8.2	13.9	12.6	6.7	4.4	0.67	83
Mint Citrus Green Tea	Water, Mint citrus flavoured green tea [green tea, spearmint leaves, lemon verbena leaves, lemongrass , natural lemon flavouring]	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
Mint Herbal Blend	Water, Harmonic mint blend [spearmint, peppermint leaves, lemon verbena leaves]	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
Youthberry Tea	Water, Youthberry tea [apple bits, white tea, candied pineapple bits [pineapple, sugar], hibiscus blossoms, candied mango bits [mango, sugar], rose hip peels, natural flavouring mango and pineapple, acai bits (acai, apple, apple juice concentrate, rice flour, acidity regulator: citric acid)]	Short	2	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Tall	2	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Grande	2	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Venti	3	1	0.0	0.0	0.1	0.1	0.0	0.0	0.00	0

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Frozen / Iced Teas

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Classic Shaken Iced Green Tea	Ice, water, Green Tea Concentrate [water, green tea, spearmint, lemon verbena leaves, lemongrass, natural lemon flavouring]	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
Classic Shaken Iced Green Tea Lemonade	Ice, Lemonade [water, lemon juice (13.9%), sugar, lemon oil.], Green Tea Concentrate [water, green tea, spearmint, lemon verbena leaves, lemongrass, natural lemon flavouring]	Tall	162	38	0.1	0.0	9.1	9.1	0.1	0.1	0.00	1
		Grande	217	52	0.1	0.0	12.3	12.3	0.1	0.1	0.00	1
		Venti	236	56	0.2	0.0	13.3	13.3	0.2	0.2	0.00	1
Classic Shaken Hibiscus Tea (Seasonal Only)	Ice, water, Hibiscus tea concentrate [water, hibiscus flower, acid: citric acid, natural flavouring, cinnamon, apple, licorice root, lemongrass, hibiscus fruit and elderberry extract]	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
Classic Shaken Hibiscus Tea Lemonade (Seasonal Only)	Ice, Lemonade [water, lemon juice (13.9%), sugar, lemon oil.], Hibiscus tea concentrate [water, hibiscus flower, acid: citric acid, natural flavouring, cinnamon, apple, licorice root, lemongrass, hibiscus fruit and elderberry extract]	Tall	162	38	0.1	0.0	9.1	9.1	0.1	0.1	0.00	0
		Grande	217	52	0.1	0.0	12.3	12.3	0.1	0.1	0.00	0
		Venti	236	56	0.2	0.0	13.3	13.3	0.2	0.2	0.00	0
Iced Chai Tea Latte - skimmed milk	Ice, Skimmed MILK , Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Tall	648	153	0.5	0.2	31.3	31.2	1.8	5.0	0.17	69
		Grande	844	199	0.6	0.2	41.1	41	2.4	6.2	0.21	92
		Venti	1082	256	0.8	0.3	52.2	52.1	3.0	8.3	0.28	115
Iced Chai Tea Latte - semi-skimmed milk	Ice, Semi-skimmed milk [semi-skimmed MILK], Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Tall	717	170	2.4	2.3	31.2	31.1	1.8	5.0	0.16	69
		Grande	928	220	3.0	2.9	40.9	40.8	2.4	6.2	0.20	92
		Venti	1197	283	4.0	3.9	52	51.9	3.0	8.3	0.27	115
Iced Chai Tea Latte - whole milk	Ice, Whole MILK , Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Tall	808	191	5.0	3.1	31	31	1.8	4.8	0.16	69
		Grande	1041	246	6.1	3.9	40.7	40.6	2.4	6.0	0.20	92
		Venti	1350	320	8.3	5.3	51.8	51.6	3.0	8.1	0.27	115
Iced Chai Tea Latte - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Tall	582	138	1.8	0.2	28.4	28.2	2.2	0.9	0.10	69
		Grande	762	181	2.2	0.2	37.5	37.3	2.9	1.2	0.12	92
		Venti	971	231	3.0	0.3	47.4	47.1	3.7	1.5	0.17	115
Iced Chai Tea Latte - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Tall	672	159	2.2	0.3	31.3	29	2.2	2.4	0.21	69
		Grande	872	206	2.7	0.4	41.1	38.3	2.9	3.0	0.26	92
		Venti	1121	265	3.6	0.5	52.3	48.4	3.7	4.1	0.35	115
Iced Chai Tea Latte - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Tall	681	161	2.5	0.4	29.1	29	2.5	4.4	0.20	69
		Grande	884	209	3.0	0.5	38.4	38.3	3.3	5.5	0.25	92
		Venti	1137	269	4.1	0.7	48.5	48.4	4.2	7.4	0.34	115
Iced Chai Tea Latte - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Tall	762	180	3.5	2.6	33.5	29.9	4.7	1.6	0.17	69
		Grande	983	233	4.3	3.2	43.8	39.3	5.9	2.0	0.22	92
		Venti	1272	301	5.8	4.4	55.9	49.8	7.8	2.6	0.29	115

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Chai Tea Latte – coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Tall	688	164	3.5	3.2	29.5	29.5	3.8	1.6	0.27	69
		Grande	893	213	4.3	3.9	38.9	38.8	4.9	2.0	0.34	92
		Venti	1149	274	5.8	5.3	49.2	49.1	6.4	2.6	0.46	115
Iced Matcha Green Tea Latte – skimmed milk	Skimmed MILK , ice, Matcha blend [Matcha green tea]	Tall	312	74	0.6	0.3	9.7	8.8	0.9	6.9	0.20	52.8
		Grande	402	95	0.8	0.3	12.4	11.1	1.3	8.9	0.25	79.2
		Venti	466	111	1	0.4	14.4	12.7	1.7	10.2	0.29	105.6
Iced Matcha Green Tea Latte – semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, Matcha blend [Matcha green tea]	Tall	404	96	3.2	3.1	9.5	8.7	0.9	6.9	0.20	52.8
		Grande	517	123	4	3.9	12.2	10.9	1.3	8.9	0.25	79.2
		Venti	597	142	4.6	4.5	14.1	12.4	1.7	10.2	0.28	105.6
Iced Matcha Green Tea Latte – whole milk	Whole MILK , ice, Matcha blend [Matcha green tea]	Tall	526	125	6.7	4.2	9.3	8.5	0.9	6.8	0.19	52.8
		Grande	670	160	8.4	5.3	12	10.7	1.3	8.7	0.24	79.2
		Venti	771	184	9.6	6	13.9	12.2	1.7	10	0.27	105.6
Iced Matcha Green Tea Latte – almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], ice, Matcha blend [Matcha green tea]	Tall	223	54	2.4	0.2	5.9	4.8	1.4	1.5	0.11	52.8
		Grande	289	70	3	0.3	7.6	6.1	2	2	0.14	79.2
		Venti	339	82	3.5	0.3	8.9	6.9	2.5	2.5	0.16	105.6
Iced Matcha Green Tea Latte – Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], ice, Matcha blend [Matcha green tea]	Tall	343	81	2.9	0.4	9.7	5.9	1.4	3.6	0.26	52.8
		Grande	441	104	3.7	0.5	12.5	7.4	2	4.6	0.33	79.2
		Venti	511	121	4.2	0.6	14.4	8.5	2.5	5.4	0.37	105.6
Iced Matcha Green Tea Latte – soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], ice, Matcha blend [Matcha green tea]	Tall	356	85	3.3	0.6	6.8	5.9	1.8	6.2	0.25	52.8
		Grande	457	109	4.2	0.7	8.7	7.5	2.5	7.9	0.31	79.2
		Venti	529	126	4.8	0.9	10.2	8.5	3.1	9.2	0.35	105.6
Iced Matcha Green Tea Latte – oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], ice, Matcha blend [Matcha green tea]	Tall	464	111	4.7	3.5	12.6	7	4.7	2.4	0.21	52.8
		Grande	592	141	5.9	4.4	16.1	8.9	6.1	3.1	0.26	79.2
		Venti	683	163	6.7	5	18.6	10.1	7.2	3.7	0.30	105.6
Iced Matcha Green Tea Latte – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, Matcha blend [Matcha green tea]	Tall	365	89	4.7	4.2	7.3	6.5	3.6	2.4	0.34	52.8
		Grande	468	114	5.9	5.3	9.4	8.2	4.7	3.1	0.43	79.2
		Venti	542	131	6.7	6	11	9.3	5.6	3.7	0.49	105.6
Lemon Iced Tea (Seasonal Only)	Ice, Green Tea Concentrate [water, green tea, spearmint, lemon verbena leaves, lemongrass, natural lemon flavouring], Lemonade [water, lemon juice (13.9%), sugar, lemon oil.], Citrus flavour syrup [Water, sugar, natural flavourings, acidity regulator: citric acid, colour: lutein, natural lemon and lime flavouring with other natural flavourings, natural orange flavouring, preservative: potassium sorbate, thickener: xanthan gum]	Tall	223	53	0.1	0.0	12.8	12.6	0.1	0.1	0.00	1
		Grande	310	73	0.1	0.0	17.8	17.5	0.1	0.1	0.00	1
		Venti	393	93	0.1	0.0	22.6	22.2	0.1	0.1	0.00	1
Peach Iced Tea	Ice, Green Tea Concentrate [water, green tea, spearmint, lemon verbena leaves, lemongrass, natural lemon flavouring], Lemonade [water, lemon juice (13.9%), sugar, lemon oil.], Peach flavour syrup [Water, sugar, natural flavourings, acidity regulator: citric acid, colours: paprika extract, anthocyanins; preservative: potassium sorbate, thickener: xanthan gum]	Tall	225	53	0.1	0.0	12.9	12.6	0.1	0.1	0.00	1
		Grande	313	74	0.1	0.0	17.9	17.5	0.1	0.1	0.00	1
		Venti	396	94	0.1	0.0	22.8	22.2	0.1	0.1	0.00	1

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Cold Craft

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cold Brew	Cold brew as brewed [arabica coffee], ice	Tall	68	16	1.0	0.2	0.0	0.0	1.0	1.2	0.26	37
		Grande	92	22	1.4	0.3	0.0	0.0	1.4	1.7	0.35	50
		Venti	116	28	1.8	0.4	0.0	0.0	1.8	2.1	0.44	63
Cold Brew Latte - skimmed milk	Skimmed MILK , Cold brew - concentrated [arabica coffee], ice	Tall	306	73	1.0	0.3	9.0	8.1	0.5	6.6	0.31	39
		Grande	406	97	1.3	0.4	11.9	10.7	0.7	8.8	0.41	52
		Venti	501	119	1.8	0.5	14.5	12.7	1.0	10.7	0.53	77
Cold Brew Latte - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], Cold brew - concentrated [arabica coffee], ice	Tall	390	93	3.3	2.9	8.8	7.9	0.5	6.6	0.30	39
		Grande	517	123	4.4	3.9	11.7	10.5	0.7	8.8	0.40	52
		Venti	631	151	5.4	4.6	14.2	12.4	1.0	10.7	0.53	77
Cold Brew Latte - whole milk	Whole MILK , Cold brew - concentrated [arabica coffee], ice	Tall	502	120	6.5	3.9	8.7	7.8	0.5	6.5	0.30	39
		Grande	665	159	8.6	5.2	11.5	10.3	0.7	8.6	0.40	52
		Venti	806	192	10.4	6.2	14	12.2	1.0	10.4	0.52	77
Cold Brew Latte - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Cold brew - concentrated [arabica coffee], ice	Tall	225	55	2.6	0.3	5.5	4.4	1.0	1.7	0.22	39
		Grande	298	73	3.4	0.4	7.3	5.9	1.3	2.2	0.30	52
		Venti	373	91	4.2	0.5	9.0	7.0	1.8	2.9	0.40	77
Cold Brew Latte - Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Cold brew - concentrated [arabica coffee], ice	Tall	335	80	3.1	0.4	9.0	5.4	1.0	3.5	0.36	39
		Grande	444	106	4.1	0.6	12	7.2	1.3	4.7	0.48	52
		Venti	545	130	5.0	0.7	14.5	8.5	1.8	5.9	0.62	77
Cold Brew Latte - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Cold brew - concentrated [arabica coffee], ice	Tall	346	83	3.4	0.6	6.3	5.4	1.4	6.0	0.35	39
		Grande	459	110	4.5	0.8	8.4	7.2	1.8	7.9	0.46	52
		Venti	563	135	5.5	1.0	10.3	8.5	2.3	9.6	0.60	77
Cold Brew Latte - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Cold brew - concentrated [arabica coffee], ice	Tall	445	106	4.7	3.3	11.7	6.4	4.0	2.5	0.32	39
		Grande	590	141	6.2	4.3	15.5	8.5	5.3	3.3	0.42	52
		Venti	717	172	7.5	5.2	18.7	10.1	6.5	4.2	0.55	77
Cold Brew Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Cold brew - concentrated [arabica coffee], ice	Tall	355	86	4.7	3.9	6.8	5.9	3.0	2.5	0.44	39
		Grande	470	115	6.2	5.2	9.1	7.9	4.0	3.3	0.58	52
		Venti	576	140	7.5	6.2	11.1	9.3	4.9	4.2	0.74	77
Nitro Cold Brew	Cold brew as brewed [arabica coffee]	Tall	115	28	1.7	0.3	0.0	0.0	1.7	2.1	0.43	63
		Grande	157	38	2.4	0.5	0.0	0.0	2.4	2.9	0.60	86
		Venti	221	54	3.3	0.7	0.0	0.0	3.3	4	0.84	120
Nitro Cappuccino	Cold brew as brewed [arabica coffee], Skimmed milk [Skimmed MILK]	Tall	229	55	2.0	0.4	3.6	3.6	1.7	4.7	0.52	63
		Grande	310	74	2.7	0.6	4.8	4.8	2.4	6.4	0.71	86
		Venti	360	86	2.8	0.7	6.3	6.3	2.4	7.5	0.75	88
Nitro Latte	Cold brew as brewed [arabica coffee], Vanilla Cream Foam [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate, skimmed MILK]	Tall	493	117	1.6	0.4	18.4	18.2	1.2	6.5	0.46	42.9
		Grande	522	124	2.1	0.5	18.4	18.2	1.6	7	0.57	58.6
		Venti	577	137	2.9	0.7	18.4	18.2	2.4	8	0.77	88.2

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Iced Coffee

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Classic Iced Cappuccino - skimmed milk	Skimmed MILK , ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66
		Grande	392	93	0.9	0.3	12	11.2	0.2	9.0	0.31	66
		Venti	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99
Classic Iced Cappuccino - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66
		Grande	507	121	4.1	3.9	11.8	10.9	0.2	9.0	0.30	66
		Venti	591	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99
Classic Iced Cappuccino - whole milk	Whole MILK , ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66
		Grande	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66
		Venti	766	182	9.7	6.0	13.5	12.2	0.3	10.3	0.36	99
Classic Iced Cappuccino - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	231	56	2.5	0.2	5.9	4.9	0.8	1.9	0.17	66
		Grande	280	68	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66
		Venti	333	81	3.6	0.3	8.5	7.0	1.1	2.8	0.24	99
Classic Iced Cappuccino - Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	352	83	3.0	0.4	9.8	5.9	0.8	3.9	0.32	66
		Grande	431	102	3.8	0.5	12.1	7.4	0.9	4.7	0.38	66
		Venti	505	120	4.4	0.6	14.1	8.5	1.1	5.7	0.46	99
Classic Iced Cappuccino - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	364	87	3.4	0.6	6.8	6.0	1.2	6.6	0.30	66
		Grande	447	107	4.2	0.8	8.3	7.5	1.4	8.0	0.37	66
		Venti	524	125	4.9	0.9	9.8	8.5	1.7	9.5	0.44	99
Classic Iced Cappuccino - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	472	113	4.8	3.5	12.7	7.1	4.1	2.8	0.27	66
		Grande	583	139	6.0	4.4	15.7	8.9	5.0	3.2	0.32	66
		Venti	677	162	6.9	5.0	18.2	10.1	5.8	4.0	0.38	99
Classic Iced Cappuccino - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	373	91	4.8	4.2	7.4	6.5	3.0	2.8	0.40	66
		Grande	459	111	6.0	5.3	9.0	8.2	3.7	3.2	0.49	66
		Venti	537	130	6.9	6.1	10.6	9.3	4.2	4.0	0.57	99
Iced Americano	Ice, water, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	43	10	0.2	0.0	1.0	0.1	0.2	0.9	0.06	66
		Grande	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99
		Venti	86	21	0.5	0.1	2.0	0.3	0.5	1.9	0.11	132
Iced Brown Sugar Oat Shaken Espresso	Ice, oat drink [water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], espresso shot - blonde roast as brewed [whole bean roasted coffee], brown sugar syrup [sugar, water, brown sugar (5%)] [sugar, molasses], natural flavourings, preservative: potassium sorbate, acidity regulator: citric acid]	Tall	410	97	3.1	2.2	14	10	2.6	2.0	0.19	57
		Grande	539	128	3.8	2.7	19	14	3.3	2.6	0.25	85
		Venti	656	155	4.5	3.1	24	18	3.8	3.2	0.30	113
Iced Cappuccino with Cold Foam	Ice, Skimmed milk [Skimmed MILK], Simple syrup [sugar, water, preservative: potassium sorbate, acid: citric acid], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	243	58	0.5	0.1	9.7	8.8	0.2	3.6	0.14	66
		Grande	325	77	0.5	0.2	13.4	12.6	0.2	4.5	0.17	66
		Venti	436	103	0.7	0.2	17.9	16.6	0.3	6.0	0.23	99
Iced Caramel Macchiato - skimmed milk	Skimmed MILK , ice, Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	561	133	1.8	0.9	21.6	20.3	0.2	7.4	0.29	66
		Grande	700	166	1.9	1.0	27.8	26.4	0.2	9.1	0.34	66
		Venti	837	198	2.1	1.0	33.8	31.9	0.3	11	0.40	99

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Caramel Macchiato - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Tall	652	155	4.3	3.8	21.4	20.1	0.2	7.4	0.28	66
		Grande	815	193	5.1	4.6	27.6	26.2	0.2	9.1	0.33	66
		Venti	967	229	5.8	5.1	33.6	31.6	0.3	10.6	0.40	99
Iced Caramel Macchiato - whole milk	Whole MILK , ice, Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Tall	774	184	7.8	4.9	21.2	19.9	0.2	7.2	0.28	66
		Grande	969	230	9.5	5.9	27.4	26	0.2	8.8	0.33	66
		Venti	1142	271	10.7	6.7	33.3	31.4	0.3	10.4	0.39	99
Iced Caramel Macchiato - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], ice, Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Tall	471	113	3.5	0.9	17.8	16.3	0.8	2.0	0.20	66
		Grande	588	140	4.1	0.9	23	21.4	0.9	2.2	0.23	66
		Venti	709	169	4.6	1.0	28.3	26.1	1.1	2.9	0.27	99
Iced Caramel Macchiato - Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], ice, Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Tall	592	140	4.0	1.1	21.6	17.3	0.8	4.0	0.35	66
		Grande	739	175	4.8	1.2	27.9	22.7	0.9	4.8	0.42	66
		Venti	881	209	5.4	1.2	33.9	27.7	1.1	5.8	0.49	99
Iced Caramel Macchiato - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], ice, Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Tall	605	144	4.4	1.2	18.7	17.3	1.2	6.7	0.33	66
		Grande	755	180	5.3	1.4	24.2	22.7	1.4	8.1	0.40	66
		Venti	899	214	5.9	1.5	29.6	27.7	1.7	9.6	0.47	99
Iced Caramel Macchiato - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], ice, Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Tall	712	169	5.8	4.1	24.5	18.4	4.1	2.9	0.30	66
		Grande	891	212	7.0	5.0	31.5	24.1	5.0	3.3	0.35	66
		Venti	1053	250	7.9	5.7	38	29.3	5.8	4.1	0.42	99
Iced Caramel Macchiato - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Tall	614	147	5.8	4.9	19.2	17.9	3.0	2.9	0.43	66
		Grande	767	184	7.0	6.0	24.9	23.4	3.7	3.3	0.52	66
		Venti	912	219	7.9	6.7	30.4	28.5	4.3	4.1	0.61	99
Iced Latte - skimmed milk	Skimmed MILK , ice, Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Tall	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66
		Grande	392	93	0.9	0.3	12	11.2	0.2	9.0	0.31	66
		Venti	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99
Iced Latte - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Tall	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66
		Grande	507	121	4.1	3.9	11.8	10.9	0.2	9.0	0.30	66
		Venti	592	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Latte - whole milk	Whole MILK , ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66
		Grande	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66
		Venti	767	182	9.7	6.0	13.5	12.2	0.3	10.3	0.36	99
Iced Latte - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	231	56	2.5	0.2	5.9	4.9	0.8	1.9	0.17	66
		Grande	280	68	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66
		Venti	334	81	3.6	0.3	8.5	7.0	1.1	2.8	0.24	99
Iced Latte - Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	352	83	3.0	0.4	9.8	5.9	0.8	3.9	0.32	66
		Grande	431	102	3.8	0.5	12.1	7.4	0.9	4.7	0.38	66
		Venti	506	120	4.4	0.6	14.1	8.5	1.1	5.7	0.46	99
Iced Latte - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	364	87	3.4	0.6	6.8	6.0	1.2	6.6	0.30	66
		Grande	447	107	4.2	0.8	8.3	7.5	1.4	8.0	0.37	66
		Venti	524	125	4.9	0.9	9.8	8.5	1.7	9.5	0.44	99
Iced Latte - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	472	113	4.8	3.5	12.7	7.1	4.1	2.8	0.27	66
		Grande	583	139	6.0	4.4	15.7	8.9	5.0	3.2	0.32	66
		Venti	678	162	6.9	5.0	18.2	10.1	5.8	4.0	0.38	99
Iced Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	373	91	4.8	4.2	7.4	6.5	3.0	2.8	0.40	66
		Grande	459	111	6.0	5.3	9.0	8.2	3.7	3.2	0.49	66
		Venti	537	130	6.9	6.1	10.6	9.3	4.3	4.0	0.57	99
Iced Latte Macchiato - skimmed milk	Skimmed MILK , ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66
		Grande	392	93	0.9	0.3	12	11.2	0.2	9.0	0.31	66
		Venti	461	109	1.1	0.4	14	12.7	0.3	11	0.37	99
Iced Latte Macchiato - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66
		Grande	507	121	4.1	3.9	11.8	10.9	0.2	9.0	0.30	66
		Venti	592	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99
Iced Latte Macchiato - whole milk	Whole MILK , ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66
		Grande	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66
		Venti	767	182	9.7	6.0	13.5	12.2	0.3	10.3	0.36	99
Iced Latte Macchiato - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	231	56	2.5	0.2	5.9	4.9	0.8	1.9	0.17	66
		Grande	280	68	3.1	0.3	7.2	6.1	0.9	2.1	0.19	66
		Venti	334	81	3.6	0.3	8.5	7.0	1.1	2.8	0.24	99
Iced Latte Macchiato - Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	352	83	3.0	0.4	9.8	5.9	0.8	3.9	0.32	66
		Grande	431	102	3.8	0.5	12.1	7.4	0.9	4.7	0.38	66
		Venti	506	120	4.4	0.6	14.1	8.5	1.1	5.7	0.46	99
Iced Latte Macchiato - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	364	87	3.4	0.6	6.8	6.0	1.2	6.6	0.30	66
		Grande	447	107	4.2	0.8	8.3	7.5	1.4	8.0	0.37	66
		Venti	524	125	4.9	0.9	9.8	8.5	1.7	9.5	0.44	99
Iced Latte Macchiato - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	472	113	4.8	3.5	12.7	7.1	4.1	2.8	0.27	66
		Grande	583	139	6.0	4.4	15.7	8.9	5.0	3.2	0.32	66
		Venti	678	162	6.9	5.0	18.2	10.1	5.8	4.0	0.38	99
Iced Latte Macchiato - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	373	91	4.8	4.2	7.4	6.5	3.0	2.8	0.40	66
		Grande	459	111	6.0	5.3	9.0	8.2	3.7	3.2	0.49	66
		Venti	537	130	6.9	6.1	10.6	9.3	4.3	4.0	0.57	99

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Iced Mocha - skimmed milk	Skimmed MILK , ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	1092	261	10.6	7.2	29	27	2.4	11	0.28	66
		Grande	1434	342	14.5	9.9	37.4	35	3.1	13.8	0.34	66
		Venti	1636	390	15.3	10.3	44.7	41.5	3.9	16.4	0.41	99
Iced Mocha - semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	1183	283	13.2	10	28.8	26.8	2.4	11	0.28	66
		Grande	1549	370	17.8	13.5	37.2	34.8	3.1	13.8	0.34	66
		Venti	1766	422	19	14.4	44.4	41.3	3.9	16.4	0.4	99
Iced Mocha - whole milk	Whole MILK , ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	1306	312	16.6	11.1	28.6	26.6	2.4	10.8	0.27	66
		Grande	1703	407	22.1	14.8	36.9	34.6	3.1	13.6	0.33	66
		Venti	1941	463	23.9	15.9	44.2	41	3.9	16.1	0.4	99
Iced Mocha - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carrageenan, guar gum; natural flavourings, sea salt], ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	1003	241	12.4	7.1	25.2	23	3	5.6	0.19	66
		Grande	1321	317	16.7	9.8	32.6	30	3.8	7	0.23	66
		Venti	1508	362	17.8	10.2	39.2	35.8	4.7	8.6	0.28	99
Iced Mocha - Original Nut Blend	Original nut blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	1123	268	12.9	7.3	29	24	3	7.6	0.34	66
		Grande	1473	351	17.4	10.1	37.5	31.3	3.8	9.6	0.42	66
		Venti	1680	401	18.6	10.5	44.7	37.3	4.7	11.5	0.49	99
Iced Mocha - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	1136	272	13.3	7.5	26.1	24	3.4	10.3	0.33	66
		Grande	1489	356	17.9	10.3	33.7	31.3	4.3	12.9	0.4	66
		Venti	1699	406	19.1	10.8	40.5	37.3	5.3	15.3	0.47	99
Iced Mocha - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	1244	297	14.6	10.4	31.9	25.1	6.3	6.4	0.29	66
		Grande	1624	388	19.6	13.9	41.1	32.7	7.9	8.1	0.36	66
		Venti	1852	442	21.1	14.9	48.9	38.9	9.4	9.9	0.42	99
Iced Mocha - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	1145	275	14.6	11.1	26.6	24.6	5.2	6.4	0.42	66
		Grande	1500	361	19.6	14.9	34.4	32	6.5	8.1	0.52	66
		Venti	1712	411	21.1	16	41.3	38.1	7.8	9.9	0.61	99
Iced Vanilla Latte - skimmed milk	Skimmed MILK , ice, water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	523	124	0.8	0.3	21.7	20.6	0.2	7.3	0.26	66
		Grande	663	157	0.9	0.3	27.9	26.7	0.2	9	0.31	66
		Venti	799	189	1.1	0.4	33.9	32.2	0.3	10.5	0.37	99

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Vanilla Latte - semi-skimmed milk	Semi-skimmed milk [semi-skimmed MILK], ice, water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	615	146	3.3	3.1	21.5	20.4	0.2	7.3	0.25	66
		Grande	778	184	4.1	3.9	27.7	26.5	0.2	9	0.30	66
		Venti	930	220	4.8	4.5	33.6	31.9	0.3	10.5	0.36	99
Iced Vanilla Latte - whole milk	Whole MILK , ice, water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	737	175	6.8	4.2	21.3	20.2	0.2	7.1	0.25	66
		Grande	931	221	8.5	5.3	27.5	26.3	0.2	8.8	0.30	66
		Venti	1105	262	9.7	6	33.4	31.7	0.3	10.3	0.36	99
Iced Vanilla Latte - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], ice, water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	434	104	2.5	0.2	17.8	16.6	0.8	1.9	0.17	66
		Grande	550	131	3.1	0.3	23.1	21.7	0.9	2.1	0.19	66
		Venti	671	160	3.6	0.3	28.4	26.4	1.1	2.8	0.24	99
Iced Vanilla Latte - Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], ice, water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	554	131	3	0.4	21.7	17.6	0.8	3.9	0.32	66
		Grande	702	166	3.8	0.5	28	23	0.9	4.7	0.38	66
		Venti	844	199	4.4	0.6	33.9	28	1.1	5.7	0.46	99
Iced Vanilla Latte - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], ice, water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	567	135	3.4	0.6	18.7	17.6	1.2	6.6	0.30	66
		Grande	718	170	4.2	0.8	24.2	23	1.4	8	0.37	66
		Venti	862	205	4.9	0.9	29.7	28	1.7	9.5	0.44	99
Iced Vanilla Latte - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], ice, water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	675	160	4.8	3.5	24.6	18.7	4.1	2.8	0.27	66
		Grande	853	203	6	4.4	31.6	24.4	5	3.2	0.32	66
		Venti	1016	241	6.9	5	38.1	29.6	5.8	4	0.38	99
Iced Vanilla Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	576	138	4.8	4.2	19.3	18.2	3	2.8	0.40	66
		Grande	729	175	6	5.3	24.9	23.7	3.7	3.2	0.49	66
		Venti	875	210	6.9	6.1	30.5	28.8	4.3	4	0.57	99
Iced White Mocha - skimmed milk	Skimmed MILK , ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK (condensed skimmed MILK , sugar), coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	1319	314	12.6	9.1	39.4	38.6	0.2	10.7	0.45	66
		Grande	1746	417	17.2	12.5	51.7	50.9	0.2	13.5	0.57	66
		Venti	2034	485	18.6	13.6	62.9	61.6	0.3	16	0.69	99
Iced White Mocha - semi-skimmed milk	Semi-skimmed milk [semi skimmed MILK], ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK (condensed skimmed MILK , sugar), coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	1410	336	15.1	12	39.3	38.4	0.2	10.7	0.45	66
		Grande	1861	444	20.4	16.2	51.5	50.7	0.2	13.5	0.56	66
		Venti	2165	516	22.3	17.7	62.7	61.4	0.3	16	0.68	99
Iced White Mocha - whole milk	Whole MILK , ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK (condensed skimmed MILK , sugar), coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	1532	366	18.6	13.1	39.1	38.2	0.2	10.5	0.44	66
		Grande	2015	481	24.8	17.5	51.3	50.4	0.2	13.3	0.56	66
		Venti	2339	558	27.3	19.3	62.4	61.1	0.3	15.8	0.67	99

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced White Mocha – almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carrageenan, guar gum; natural flavourings, sea salt], ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Tall	1230	294	14.3	9.1	35.6	34.6	0.8	5.3	0.36	66
		Grande	1634	391	19.4	12.5	46.9	45.8	0.9	6.7	0.45	66
		Venti	1906	456	21.1	13.6	57.4	55.9	1.1	8.2	0.56	99
Iced White Mocha – Original Nut Blend	Original nut blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Tall	1350	322	14.8	9.3	39.5	35.6	0.8	7.3	0.51	66
		Grande	1785	426	20	12.7	51.8	47.2	0.9	9.2	0.64	66
		Venti	2079	495	21.9	13.9	63	57.4	1.1	11.2	0.77	99
Iced White Mocha – soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Tall	1363	325	15.2	9.5	36.5	35.6	1.2	10	0.5	66
		Grande	1801	430	20.5	13	48	47.2	1.4	12.6	0.62	66
		Venti	2097	500	22.4	14.1	58.7	57.4	1.7	15	0.75	99
Iced White Mocha – oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Tall	1470	351	16.6	12.4	42.4	36.8	4.1	6.1	0.46	66
		Grande	1937	462	22.2	16.6	55.4	48.6	5	7.8	0.58	66
		Venti	2251	537	24.4	18.3	67.1	59	5.8	9.5	0.7	99
Iced White Mocha – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Tall	1372	329	16.6	13.1	37.1	36.2	3	6.1	0.59	66
		Grande	1813	435	22.2	17.5	48.8	47.9	3.7	7.8	0.75	66
		Venti	2110	506	24.4	19.3	59.5	58.2	4.3	9.5	0.89	99
Starbucks Doubleshot™ Iced Coffee	Ice, Half and Half Cream Mix [Whole MILK , whipping cream (MILK)], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Mini	370	89	8.2	5.0	2.3	1.5	0.2	1.6	0.09	66
Starbucks Doubleshot™ Vanilla Iced Coffee	Ice, Half and Half Cream Mix [Whole MILK , whipping cream (MILK)], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Mini	445	107	8.2	5.0	6.8	5.8	0.2	1.6	0.09	66
Pink Coconut Starbucks Refresha® Drink	Ice, Strawberry & acai flavour beverage base [Water, sugar, grape juice concentrate, green coffee extract, acid: citric acid, colouring concentrate from carrot, antioxidant: ascorbic acid, natural flavouring, preservative: potassium sorbate, colour: beta-carotene from blakeslea trispora.], Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], strawberry slices (freeze dried)	Tall	449	107	2.3	2.1	19.1	18.9	1.8	1.2	0.17	8
		Grande	603	143	3.1	2.7	25.5	25.3	2.5	1.6	0.23	11
		Venti	761	181	3.9	3.4	32.2	31.9	3.2	2.1	0.29	14
Strawberry Acai Starbucks Refresha® Drink	Ice, Strawberry & acai flavour beverage base [Water, sugar, grape juice concentrate, green coffee extract, acid: citric acid, colouring concentrate from carrot, antioxidant: ascorbic acid, natural flavouring, preservative: potassium sorbate, colour: beta-carotene from blakeslea trispora.], water, strawberry slices (freeze dried)	Tall	288	68	0.1	0	15.9	15.7	0.5	0.3	0	8
		Grande	389	91	0.2	0	21.4	21.1	0.7	0.5	0.01	11
		Venti	493	116	0.2	0	27	26.7	0.9	0.6	0.01	14
Cool Lime Starbucks Refresha® Drink (Seasonal Only)	Ice, Cool lime base [Ingredients: Water, sugar, white grape juice concentrate, flavouring, green coffee extract, antioxidants (citric acid E330, ascorbic acid E300)], water, Freeze dried lime slice [freeze dried lime slices]	Tall	245	58	0.1	0.0	13.9	13.3	0.4	0.3	0.04	37
		Grande	320	75	0.1	0.0	18.2	17.5	0.4	0.3	0.05	49
		Venti	398	93	0.1	0.0	22.7	22	0.4	0.4	0.07	62

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Frappuccino®
Blended Beverage

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Frappuccino® - skimmed milk	Ice, skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses]	Mini	703	168	7.4	5.1	22.8	22.1	0.1	2.5	0.29	15
		Tall	966	230	9.1	6.3	33.2	32.2	0.1	3.8	0.44	23
		Grande	1306	311	12.4	8.7	45	43.7	0.2	4.8	0.59	33
		Venti	1482	353	12.5	8.7	54.7	53.1	0.2	5.2	0.72	42
Caramel Frappuccino® - semi-skimmed milk	Ice, semi skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses]	Mini	729	174	8.1	5.9	22.7	22	0.1	2.5	0.29	15
		Tall	1006	240	10.2	7.6	33.1	32.1	0.1	3.8	0.44	23
		Grande	1355	323	13.7	10.2	44.9	43.6	0.2	4.8	0.59	33
		Venti	1535	365	14	10.4	54.6	53	0.2	5.2	0.72	42
Caramel Frappuccino® - whole milk	Ice, Whole milk [whole MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses]	Mini	764	182	9.1	6.2	22.7	22	0.1	2.5	0.29	15
		Tall	1059	252	11.7	8.1	33	32.1	0.1	3.7	0.43	23
		Grande	1419	338	15.6	10.8	44.8	43.5	0.2	4.7	0.59	33
		Venti	1607	382	16	11	54.5	52.9	0.2	5.1	0.71	42
Caramel Frappuccino® - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carrageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses]	Mini	678	162	7.8	5.1	21.7	20.9	0.2	1	0.27	15
		Tall	927	221	9.8	6.3	31.5	30.5	0.4	1.4	0.4	23
		Grande	1259	300	13.3	8.6	43	41.6	0.5	1.9	0.54	33
		Venti	1430	341	13.5	8.7	52.5	50.8	0.6	2.1	0.67	42
Caramel Frappuccino® - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses]	Mini	712	170	8	5.2	22.8	21.2	0.2	1.6	0.31	15
		Tall	980	233	10.1	6.4	33.2	30.9	0.4	2.3	0.46	23
		Grande	1323	315	13.6	8.7	45	42.1	0.5	3	0.62	33
		Venti	1500	357	13.8	8.8	54.7	51.4	0.6	3.3	0.75	42

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Frappuccino® - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses]	Mini	716	171	8.1	5.2	21.9	21.2	0.3	2.3	0.31	15
		Tall	985	235	10.2	6.5	31.9	30.9	0.5	3.5	0.46	23
		Grande	1329	317	13.8	8.8	43.5	42.2	0.7	4.4	0.62	33
		Venti	1508	359	14	8.9	53	51.4	0.8	4.8	0.75	42
Caramel Frappuccino® - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses]	Mini	746	178	8.5	6	23.6	21.5	1.2	1.3	0.3	15
		Tall	1032	246	10.8	7.7	34.5	31.4	1.8	1.8	0.44	23
		Grande	1387	330	14.5	10.4	46.6	42.7	2.2	2.3	0.6	33
		Venti	1571	374	14.8	10.6	56.4	52	2.5	2.6	0.73	42
Caramel Frappuccino® - coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses]	Mini	718	172	8.5	6.3	22.1	21.4	0.9	1.3	0.33	15
		Tall	989	236	10.8	8.1	32.2	31.2	1.3	1.8	0.5	23
		Grande	1334	319	14.5	10.8	43.8	42.5	1.6	2.3	0.67	33
		Venti	1513	361	14.8	11	53.3	51.7	1.8	2.6	0.8	42
Caramel Cream Frappuccino® - skimmed milk	Ice, skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	719	172	7.9	5.5	22.2	21.5	0	2.9	0.31	0
		Tall	986	235	9.9	6.9	32.1	31.1	0	4.4	0.46	0
		Grande	1330	317	13.7	9.5	43	41.7	0	5.5	0.61	0
		Venti	1595	380	14.5	10.1	55.8	54	0	6.4	0.78	0
Caramel Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	753	180	8.8	6.6	22.1	21.4	0	2.9	0.31	0
		Tall	1038	247	11.4	8.5	31.9	31	0	4.4	0.45	0
		Grande	1395	333	15.5	11.5	42.9	41.6	0	5.5	0.61	0
		Venti	1672	398	16.7	12.5	55.6	53.8	0	6.4	0.78	0

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Adults need around 2000kcal a day.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Cream Frappuccino® - whole milk	Ice, Whole milk [whole MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	799	191	10.1	7	22	21.3	0	2.9	0.31	0
		Tall	1108	264	13.4	9.2	31.8	30.9	0	4.2	0.45	0
		Grande	1481	353	17.9	12.3	42.8	41.5	0	5.3	0.6	0
		Venti	1776	423	19.7	13.4	55.4	53.7	0	6.3	0.78	0
Caramel Cream Frappuccino® - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	685	164	8.5	5.5	20.7	20	0.2	0.9	0.27	0
		Tall	934	223	10.9	6.9	29.8	28.8	0.3	1.2	0.4	0
		Grande	1267	303	14.9	9.5	40.3	38.9	0.4	1.6	0.54	0
		Venti	1519	363	16	10	52.5	50.6	0.5	1.8	0.71	0
Caramel Cream Frappuccino® - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	731	174	8.7	5.5	22.2	20.4	0.2	1.7	0.33	0
		Tall	1003	239	11.2	7	32.1	29.4	0.3	2.4	0.49	0
		Grande	1352	322	15.3	9.6	43.1	39.7	0.4	3.1	0.65	0
		Venti	1621	386	16.5	10.2	55.8	51.5	0.5	3.5	0.83	0
Caramel Cream Frappuccino® - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	735	176	8.9	5.6	21.1	20.4	0.4	2.7	0.33	0
		Tall	1011	241	11.4	7.1	30.4	29.4	0.5	3.9	0.48	0
		Grande	1361	325	15.5	9.8	41	39.7	0.7	4.9	0.64	0
		Venti	1632	389	16.8	10.3	53.3	51.5	0.8	5.8	0.82	0
Caramel Cream Frappuccino® - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	776	185	9.4	6.7	23.3	20.8	1.4	1.2	0.31	0
		Tall	1073	256	12.2	8.7	33.7	30	2.2	1.7	0.46	0
		Grande	1437	343	16.5	11.8	45.1	40.5	2.7	2.2	0.62	0
		Venti	1723	411	18	12.8	58.2	52.5	3.3	2.6	0.79	0

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Caramel Cream Frappuccino® - coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], Caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	739	177	9.4	7	21.3	20.6	1	1.2	0.36	0
		Tall	1016	243	12.2	9.2	30.7	29.7	1.6	1.7	0.54	0
		Grande	1367	327	16.5	12.3	41.4	40.1	1.9	2.2	0.71	0
		Venti	1640	392	18	13.4	53.7	52	2.3	2.6	0.9	0
Chai Tea Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Mini	623	149	6.6	4.7	19.2	18.9	0.4	2.9	0.27	13.9
		Tall	848	202	8.3	5.9	27.4	27	0.5	4.1	0.39	20.1
		Grande	1226	292	11.6	8.2	41.2	40.5	1	5.2	0.53	37.6
		Venti	1381	329	11.7	8.3	49.1	48.3	1	6.2	0.69	38.1
Chai Tea Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Mini	657	157	7.6	5.8	19.1	18.8	0.4	2.9	0.27	13.9
		Tall	897	214	9.7	7.4	27.3	26.9	0.5	4.1	0.39	20.1
		Grande	1288	307	13.4	10.2	41	40.4	1	5.2	0.53	37.6
		Venti	1456	347	13.8	10.6	49	48.1	1	6.2	0.69	38.1
Chai Tea Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Mini	703	168	8.9	6.2	19.1	18.7	0.4	2.8	0.27	13.9
		Tall	964	230	11.6	8	27.2	26.8	0.5	4	0.39	20.1
		Grande	1372	327	15.7	10.9	40.9	40.3	1	5.1	0.53	37.6
		Venti	1558	371	16.7	11.5	48.8	48	1	6	0.68	38.1
Chai Tea Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carrageenan, guar gum; natural flavourings, sea salt], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Mini	590	141	7.3	4.7	17.8	17.4	0.6	0.8	0.24	13.9
		Tall	799	191	9.3	5.9	25.3	24.8	0.8	1.1	0.34	20.1
		Grande	1165	278	12.8	8.2	38.5	37.8	1.4	1.5	0.47	37.6
		Venti	1306	312	13.1	8.2	45.9	44.9	1.5	1.7	0.61	38.1
Chai Tea Cream Frappuccino® - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Mini	635	151	7.5	4.7	19.2	17.8	0.6	1.6	0.29	13.9
		Tall	864	206	9.5	6	27.4	25.4	0.8	2.2	0.42	20.1
		Grande	1247	297	13.2	8.3	41.2	38.5	1.4	2.9	0.57	37.6
		Venti	1406	335	13.6	8.4	49.1	45.8	1.5	3.4	0.74	38.1
Chai Tea Cream Frappuccino® - soya drink	Ice, soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Mini	640	153	7.6	4.8	18.1	17.8	0.7	2.6	0.29	13.9
		Tall	871	208	9.8	6.1	25.8	25.4	1	3.7	0.42	20.1
		Grande	1256	300	13.4	8.4	39.2	38.5	1.6	4.7	0.56	37.6
		Venti	1417	338	13.9	8.5	46.7	45.8	1.8	5.6	0.73	38.1

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Chai Tea Cream Frappuccino® - oat drink	Ice, oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Mini	680	162	8.1	5.9	20.3	18.2	1.8	1.2	0.28	13.9
		Tall	930	222	10.5	7.6	29	26	2.6	1.6	0.4	20.1
		Grande	1329	317	14.3	10.4	43.2	39.3	3.6	2.1	0.54	37.6
		Venti	1506	359	15	10.9	51.5	46.7	4.2	2.4	0.7	38.1
Chai Tea Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Mini	643	154	8.1	6.2	18.3	18	1.4	1.2	0.33	13.9
		Tall	876	210	10.5	8	26.1	25.7	2	1.6	0.47	20.1
		Grande	1262	302	14.3	10.9	39.5	38.9	2.8	2.1	0.63	37.6
		Venti	1424	341	15	11.5	47.1	46.3	3.3	2.4	0.81	38.1
Chocolate Cream Frappuccino® - skimmed milk	Ice, skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	698	166	7.3	5.1	20.7	20	0.8	4	0.27	0
		Tall	906	216	9	6.3	27.9	27	0.8	5.4	0.41	0
		Grande	1251	298	12.6	8.8	38.5	37.3	1.2	7.1	0.56	0
		Venti	1483	353	13	9	49.7	48	1.5	8.6	0.73	0
Chocolate Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	732	175	8.3	6.2	20.6	19.9	0.8	4	0.27	0
		Tall	959	229	10.5	8	27.7	26.8	0.8	5.4	0.41	0
		Grande	1317	314	14.5	10.9	38.4	37.1	1.2	7.1	0.56	0
		Venti	1564	373	15.2	11.6	49.5	47.8	1.5	8.6	0.73	0
Chocolate Cream Frappuccino® - whole milk	Ice, Whole milk [whole MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	778	186	9.6	6.6	20.6	19.8	0.8	4	0.27	0
		Tall	1029	246	12.5	8.6	27.6	26.7	0.8	5.3	0.41	0
		Grande	1406	335	17	11.7	38.3	37	1.2	7	0.56	0
		Venti	1674	399	18.3	12.6	49.4	47.7	1.5	8.5	0.73	0
Chocolate Cream Frappuccino® - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	664	159	8	5.1	19.3	18.5	1	2	0.24	0
		Tall	854	204	10	6.3	25.6	24.6	1.2	2.3	0.36	0
		Grande	1185	284	13.9	8.8	35.7	34.3	1.6	3.1	0.5	0
		Venti	1403	335	14.5	9	46.3	44.4	2	3.8	0.65	0
Chocolate Cream Frappuccino® - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	709	169	8.2	5.2	20.7	18.9	1	2.8	0.29	0
		Tall	924	220	10.3	6.4	27.9	25.2	1.2	3.5	0.45	0
		Grande	1273	303	14.2	8.9	38.5	35.1	1.6	4.6	0.61	0
		Venti	1511	360	15	9.2	49.7	45.4	2	5.6	0.79	0

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Chocolate Cream Frappuccino® - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	714	171	8.3	5.2	19.6	18.9	1.2	3.7	0.29	0
		Tall	931	222	10.6	6.5	26.2	25.3	1.4	5	0.44	0
		Grande	1283	306	14.5	9.1	36.4	35.1	1.9	6.6	0.6	0
		Venti	1522	363	15.3	9.3	47.1	45.4	2.4	8	0.77	0
Chocolate Cream Frappuccino® - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	755	180	8.8	6.3	21.8	19.3	2.3	2.3	0.27	0
		Tall	994	237	11.3	8.2	29.5	25.9	3.1	2.8	0.42	0
		Grande	1361	325	15.5	11.2	40.6	35.9	4	3.8	0.57	0
		Venti	1618	386	16.6	11.9	52.3	46.4	4.9	4.6	0.74	0
Chocolate Cream Frappuccino® - coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	718	172	8.8	6.6	19.8	19.1	1.9	2.3	0.32	0
		Tall	937	224	11.3	8.6	26.5	25.6	2.4	2.8	0.49	0
		Grande	1289	309	15.5	11.7	36.8	35.5	3.2	3.8	0.67	0
		Venti	1530	366	16.6	12.6	47.6	45.9	4	4.6	0.86	0
Coffee Frappuccino® - skimmed milk	Ice, skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee]	Mini	577	138	6.6	4.7	17	16.5	0.1	2.5	0.27	15
		Tall	812	193	8.4	5.9	25.7	25	0.1	3.7	0.42	23
		Grande	1119	267	11.7	8.2	35.6	34.6	0.2	4.7	0.57	33
		Venti	1265	301	11.7	8.2	43.6	42.2	0.2	5.2	0.7	42
Coffee Frappuccino® - semi-skimmed milk	Ice, semi skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee]	Mini	603	144	7.4	5.5	16.9	16.4	0.1	2.5	0.27	15
		Tall	851	203	9.5	7.1	25.7	24.9	0.1	3.7	0.41	23
		Grande	1167	278	13	9.7	35.5	34.5	0.2	4.7	0.57	33
		Venti	1318	314	13.2	9.9	43.4	42.1	0.2	5.2	0.69	42
Coffee Frappuccino® - whole milk	Ice, Whole milk [whole MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee]	Mini	637	152	8.3	5.8	16.9	16.4	0.1	2.4	0.27	15
		Tall	905	216	11	7.6	25.6	24.8	0.1	3.6	0.41	23
		Grande	1232	294	14.9	10.3	35.4	34.4	0.2	4.6	0.57	33
		Venti	1389	331	15.3	10.5	43.3	42	0.2	5.1	0.69	42
Coffee Frappuccino® - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee]	Mini	552	132	7.1	4.7	15.9	15.3	0.2	1	0.25	15
		Tall	772	185	9.1	5.9	24.1	23.2	0.4	1.3	0.38	23
		Grande	1071	256	12.6	8.2	33.6	32.4	0.5	1.8	0.52	33
		Venti	1213	289	12.8	8.2	41.3	39.9	0.6	2	0.64	42
Coffee Frappuccino® - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee]	Mini	586	140	7.3	4.7	17	15.6	0.2	1.5	0.29	15
		Tall	825	197	9.4	5.9	25.8	23.7	0.4	2.2	0.44	23
		Grande	1135	271	12.9	8.3	35.6	33	0.5	2.9	0.6	33
		Venti	1283	305	13.1	8.3	43.6	40.5	0.6	3.2	0.73	42

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Coffee Frappuccino® - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee]	Mini	589	141	7.4	4.8	16.1	15.7	0.3	2.3	0.28	15
		Tall	831	198	9.5	6	24.5	23.7	0.5	3.4	0.44	23
		Grande	1142	273	13.1	8.4	34.1	33	0.7	4.3	0.59	33
		Venti	1290	308	13.3	8.4	41.8	40.5	0.8	4.7	0.72	42
Coffee Frappuccino® - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee]	Mini	620	148	7.8	5.6	17.8	16	1.2	1.2	0.27	15
		Tall	878	209	10.1	7.3	27	24.2	1.8	1.7	0.42	23
		Grande	1199	286	13.8	9.9	37.2	33.6	2.2	2.3	0.57	33
		Venti	1353	322	14.1	10.1	45.3	41.1	2.5	2.5	0.7	42
Coffee Frappuccino® - coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee]	Mini	592	142	7.8	5.8	16.3	15.8	0.9	1.2	0.31	15
		Tall	835	200	10.1	7.6	24.7	24	1.3	1.7	0.48	23
		Grande	1147	275	13.8	10.3	34.4	33.3	1.6	2.3	0.65	33
		Venti	1296	310	14.1	10.5	42.2	40.8	1.8	2.5	0.78	42
Cookies & Cream Frappuccino® - skimmed milk	Ice, skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%); [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%); [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG , salt, natural flavouring.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin]	Mini	714	170	8.3	5.7	20.4	17.4	0.2	3.6	0.35	0
		Tall	1010	241	10.8	7.4	30.5	25.9	0.3	5.3	0.53	0
		Grande	1431	341	15.3	10.5	43.6	37	0.4	7.1	0.76	0
		Venti	1689	402	16.4	11.2	54.9	46.3	0.5	8.4	0.96	0
Cookies & Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%); [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%); [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG , salt, natural flavouring.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin]	Mini	748	179	9.2	6.8	20.3	17.3	0.2	3.6	0.35	0
		Tall	1062	253	12.3	9.1	30.4	25.8	0.3	5.3	0.53	0
		Grande	1499	358	17.2	12.6	43.5	36.8	0.4	7.1	0.75	0
		Venti	1768	421	18.7	13.7	54.7	46.1	0.5	8.4	0.95	0
Cookies & Cream Frappuccino® - whole milk	Ice, Whole milk [whole MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%); [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%); [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG , salt, natural flavouring.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin]	Mini	794	190	10.5	7.2	20.2	17.2	0.2	3.5	0.35	0
		Tall	1132	270	14.3	9.7	30.3	25.7	0.3	5.2	0.53	0
		Grande	1590	379	19.8	13.4	43.4	36.7	0.4	7	0.75	0
		Venti	1875	447	21.7	14.7	54.6	46	0.5	8.2	0.95	0
Cookies & Cream Frappuccino® - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carrageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%); [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%); [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG , salt, natural flavouring.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin]	Mini	680	163	8.9	5.7	18.9	15.9	0.4	1.5	0.32	0
		Tall	959	229	11.8	7.4	28.3	23.6	0.6	2.2	0.48	0
		Grande	1364	326	16.6	10.5	40.8	34	0.8	3.1	0.69	0
		Venti	1610	385	17.9	11.2	51.6	42.8	1	3.7	0.88	0

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cookies & Cream Frappuccino® - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]]. Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG , salt, natural flavouring.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	725	173	9.1	5.8	20.4	16.3	0.4	2.3	0.37	0
		Tall	1028	245	12.1	7.5	30.5	24.2	0.6	3.3	0.56	0
		Grande	1454	347	17	10.6	43.7	34.8	0.8	4.6	0.8	0
		Venti	1716	409	18.4	11.3	54.9	43.7	1	5.4	1.01	0
Cookies & Cream Frappuccino® - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG , salt, natural flavouring.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	730	175	9.3	5.8	19.3	16.3	0.5	3.3	0.37	0
		Tall	1035	247	12.3	7.6	28.8	24.2	0.8	4.8	0.56	0
		Grande	1464	349	17.2	10.7	41.4	34.8	1.1	6.6	0.79	0
		Venti	1727	412	18.7	11.5	52.3	43.7	1.4	7.8	1	0
Cookies & Cream Frappuccino® - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG , salt, natural flavouring.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	771	184	9.8	6.9	21.5	16.7	1.6	1.8	0.36	0
		Tall	1096	262	13.1	9.3	32.1	24.9	2.5	2.7	0.54	0
		Grande	1544	368	18.3	12.9	45.8	35.6	3.3	3.7	0.76	0
		Venti	1821	434	19.9	14	57.5	44.7	3.9	4.4	0.96	0
Cookies & Cream Frappuccino® - coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG , salt, natural flavouring.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	734	176	9.8	7.2	19.5	16.5	1.2	1.8	0.41	0
		Tall	1040	249	13.1	9.7	29.1	24.6	1.9	2.7	0.61	0
		Grande	1470	352	18.3	13.5	41.9	35.2	2.5	3.7	0.86	0
		Venti	1735	415	19.9	14.7	52.8	44.2	2.9	4.4	1.08	0
Double Chocolatey Chip Cream Frappuccino® - skimmed milk	Ice, skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	833	199	9.2	6.6	24.1	22.9	1.2	4.3	0.32	0
		Tall	1114	266	11.9	8.6	33.1	31.4	1.4	5.9	0.49	0
		Grande	1544	368	16.7	12.1	45.9	43.6	2	7.7	0.67	0
		Venti	1880	448	18.5	13.5	59.7	56.6	2.6	9.5	0.88	0

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Double Chocolatey Chip Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	867	207	10.1	7.7	24	22.8	1.2	4.3	0.32	0
		Tall	1166	278	13.4	10.3	33	31.3	1.4	5.9	0.49	0
		Grande	1610	384	18.5	14.2	45.7	43.4	2	7.7	0.67	0
		Venti	1962	468	20.8	16.1	59.5	56.4	2.6	9.5	0.88	0
Double Chocolatey Chip Cream Frappuccino® - whole milk	Ice, Whole milk [whole MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	913	218	11.4	8.1	24	22.7	1.2	4.3	0.32	0
		Tall	1237	295	15.4	10.9	32.8	31.2	1.4	5.8	0.48	0
		Grande	1699	406	21.1	15	45.6	43.3	2	7.6	0.66	0
		Venti	2071	494	23.9	17	59.3	56.2	2.6	9.3	0.87	0
Double Chocolatey Chip Cream Frappuccino® - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	799	191	9.8	6.6	22.7	21.4	1.4	2.3	0.29	0
		Tall	1062	254	12.9	8.6	30.8	29.1	1.7	2.7	0.44	0
		Grande	1479	354	17.9	12.1	43.1	40.6	2.4	3.8	0.61	0
		Venti	1800	430	20	13.4	56.2	53	3.1	4.6	0.8	0
Double Chocolatey Chip Cream Frappuccino® - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	844	202	10	6.7	24.1	21.8	1.4	3	0.34	0
		Tall	1132	270	13.2	8.7	33.1	29.7	1.7	3.9	0.52	0
		Grande	1566	374	18.3	12.2	45.9	41.4	2.4	5.3	0.71	0
		Venti	1908	455	20.5	13.6	59.7	53.9	3.1	6.5	0.93	0
Double Chocolatey Chip Cream Frappuccino® - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	849	203	10.2	6.8	23	21.8	1.6	4	0.34	0
		Tall	1139	272	13.4	8.8	31.4	29.7	2	5.4	0.51	0
		Grande	1576	376	18.6	12.4	43.7	41.4	2.7	7.2	0.7	0
		Venti	1919	458	20.8	13.8	57	53.9	3.5	8.8	0.92	0

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Double Chocolatey Chip Cream Frappuccino® - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	890	213	10.7	7.8	25.2	22.2	2.7	2.6	0.32	0
		Tall	1201	287	14.2	10.5	34.7	30.4	3.6	3.2	0.49	0
		Grande	1654	395	19.6	14.5	48	42.2	4.8	4.4	0.68	0
		Venti	2015	481	22.1	16.4	62.3	54.9	6.1	5.4	0.89	0
Double Chocolatey Chip Cream Frappuccino® - coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	853	204	10.7	8.1	23.2	22	2.2	2.6	0.37	0
		Tall	1144	274	14.2	10.9	31.7	30	3	3.2	0.57	0
		Grande	1582	379	19.6	15	44.1	41.8	4	4.4	0.77	0
		Venti	1927	461	22.1	17	57.5	54.4	5.1	5.4	1.01	0
Espresso Frappuccino® - skimmed milk	Ice, skimmed MILK , Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Mini	317	75	0.3	0.1	15.6	14.8	0.1	2.3	0.27	35
		Tall	437	103	0.4	0.1	21.5	20.5	0.2	3.2	0.38	48
		Grande	621	146	0.5	0.2	31.1	29.8	0.3	4.1	0.54	59
		Venti	759	179	0.6	0.2	38.7	37	0.3	4.5	0.66	66
Espresso Frappuccino® - semi-skimmed milk	Ice, semi skimmed MILK , Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Mini	342	81	1	0.9	15.5	14.8	0.1	2.3	0.27	35
		Tall	473	112	1.4	1.3	21.4	20.4	0.2	3.2	0.38	48
		Grande	667	157	1.8	1.6	31.1	29.7	0.3	4.1	0.53	59
		Venti	809	191	2	1.8	38.6	36.9	0.3	4.5	0.65	66
Espresso Frappuccino® - whole milk	Ice, Whole milk [whole MILK], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Mini	377	89	2	1.2	15.4	14.7	0.1	2.3	0.27	35
		Tall	521	123	2.8	1.7	21.3	20.3	0.2	3.2	0.37	48
		Grande	728	172	3.5	2.1	31	29.6	0.3	4	0.53	59
		Venti	877	207	3.9	2.4	38.5	36.8	0.3	4.4	0.65	66
Espresso Frappuccino® - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Mini	291	69	0.8	0.1	14.5	13.7	0.3	0.8	0.25	35
		Tall	403	95	1.1	0.1	20	18.9	0.4	1.1	0.34	48
		Grande	576	136	1.4	0.1	29.2	27.8	0.5	1.4	0.49	59
		Venti	710	168	1.6	0.2	36.6	34.8	0.6	1.5	0.61	66
Espresso Frappuccino® - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Mini	325	77	0.9	0.1	15.6	14	0.3	1.4	0.29	35
		Tall	450	106	1.3	0.2	21.5	19.3	0.4	1.9	0.4	48
		Grande	637	150	1.7	0.2	31.2	28.3	0.5	2.4	0.57	59
		Venti	776	183	1.9	0.3	38.7	35.4	0.6	2.7	0.69	66
Espresso Frappuccino® - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Mini	329	78	1.1	0.2	14.7	14	0.4	2.1	0.29	35
		Tall	455	108	1.5	0.3	20.3	19.3	0.6	2.9	0.4	48
		Grande	643	152	1.9	0.3	29.7	28.3	0.7	3.7	0.56	59
		Venti	783	185	2.1	0.4	37	35.4	0.8	4.1	0.68	66

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso Frappuccino® - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Mini	359	85	1.4	1	16.4	14.3	1.2	1	0.28	35
		Tall	497	117	2	1.4	22.6	19.7	1.7	1.4	0.38	48
		Grande	697	165	2.5	1.8	32.6	28.9	2.2	1.8	0.54	59
		Venti	843	199	2.8	2	40.3	36	2.4	2	0.66	66
Espresso Frappuccino® - coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Espresso shot – espresso roast as brewed [whole bean roasted coffee]	Mini	332	79	1.4	1.2	14.9	14.1	0.9	1	0.31	35
		Tall	458	109	2	1.7	20.6	19.5	1.3	1.4	0.43	48
		Grande	647	154	2.5	2.2	30	28.6	1.6	1.8	0.61	59
		Venti	788	187	2.8	2.4	37.4	35.7	1.8	2	0.73	66
Java Chip Frappuccino® - skimmed milk	Ice, skimmed MILK , cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and diglycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, , Mocha Drizzle [water, water, , sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract,	Mini	986	235	9.7	6.9	31.2	29.5	1.9	4.8	0.33	15
		Tall	1269	302	12.3	8.9	40.8	38.6	2.1	6	0.48	22
		Grande	1796	428	17.4	12.5	58.1	55	3.1	8.2	0.67	32
		Venti	2154	513	19.2	13.8	73.4	69.2	4	9.8	0.83	41
Java Chip Frappuccino® - semi-skimmed milk	Ice, semi skimmed MILK , cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, , Mocha Drizzle [water, water, , sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract,	Mini	1012	241	10.4	7.7	31.2	29.5	1.9	4.8	0.32	15
		Tall	1307	312	13.4	10.1	40.7	38.5	2.1	6	0.48	22
		Grande	1843	439	18.7	14	58	54.9	3.1	8.2	0.67	32
		Venti	2206	526	20.6	15.4	73.2	69.1	4	9.8	0.82	41
Java Chip Frappuccino® - whole milk	Ice, Whole milk [whole MILK], cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, , Mocha Drizzle [water, water, , sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract,	Mini	1046	249	11.4	8	31.1	29.4	1.9	4.7	0.32	15
		Tall	1359	324	14.9	10.5	40.6	38.5	2.1	5.9	0.48	22
		Grande	1906	454	20.5	14.5	58	54.8	3.1	8.1	0.66	32
		Venti	2276	542	22.6	16	73.1	69	4	9.7	0.82	41
Java Chip Frappuccino® - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, , Mocha Drizzle [water, water, , sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract,	Mini	961	229	10.2	6.9	30.2	28.4	2	3.2	0.30	15
		Tall	1231	294	13.1	8.8	39.2	36.9	2.3	3.7	0.44	22
		Grande	1749	418	18.3	12.5	56.2	52.9	3.4	5.4	0.62	32
		Venti	2103	502	20.1	13.7	71.2	67	4.3	6.7	0.78	41

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Java Chip Frappuccino® - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, , Mocha Drizzle [water, water, , sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract,	Mini	995	237	10.3	7	31.3	28.7	2	3.8	0.34	15
		Tall	1282	306	13.3	8.9	40.8	37.4	2.3	4.6	0.50	22
		Grande	1812	432	18.6	12.6	58.2	53.4	3.4	6.4	0.70	32
		Venti	2172	517	20.4	13.8	73.4	67.6	4.3	7.9	0.86	41
Java Chip Frappuccino® - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, , Mocha Drizzle [water, water, , sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract,	Mini	998	238	10.4	7	30.4	28.7	2.1	4.6	0.34	15
		Tall	1287	307	13.4	9	39.6	37.4	2.5	5.7	0.50	22
		Grande	1818	434	18.8	12.7	56.6	53.4	3.6	7.8	0.69	32
		Venti	2179	519	20.7	14	71.7	67.6	4.6	9.4	0.85	41
Java Chip Frappuccino® - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, , Mocha Drizzle [water, water, , sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract,	Mini	1029	245	10.8	7.8	32.1	29	2.9	3.5	0.33	15
		Tall	1333	318	14	10.2	42	37.8	3.7	4.1	0.48	22
		Grande	1874	447	19.5	14.2	59.6	54	5	5.8	0.67	32
		Venti	2241	534	21.4	15.6	75	68.2	6.2	7.2	0.83	41
Java Chip Frappuccino® - coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., Chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Frappuccino roast soluble coffee [roasted soluble coffee], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, , Mocha Drizzle [water, water, , sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract,	Mini	1001	239	10.8	8	30.6	28.9	2.6	3.5	0.37	15
		Tall	1291	309	14	10.5	39.8	37.6	3.2	4.1	0.54	22
		Grande	1823	436	19.5	14.6	56.9	53.7	4.5	5.8	0.74	32
		Venti	2184	521	21.4	16	72	67.9	5.6	7.2	0.91	41
Matcha Cream Frappuccino® - skimmed milk	Ice, skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], Matcha blend [Matcha green tea]	Mini	601	143	6.7	4.7	17.5	16.6	0.5	3.2	0.27	32
		Tall	857	204	8.4	5.9	26.9	25.6	0.8	4.9	0.42	50
		Grande	1202	286	11.8	8.3	38.2	36.2	1.2	6.4	0.59	73
		Venti	1350	321	11.8	8.3	45.8	43.3	1.5	7.2	0.7	91

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Matcha Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], Matcha blend [Matcha green tea]	Mini	635	152	7.6	5.8	17.4	16.5	0.5	3.2	0.27	32
		Tall	911	217	9.9	7.6	26.8	25.4	0.8	4.9	0.41	50
		Grande	1272	303	13.7	10.5	38.1	36.1	1.2	6.4	0.58	73
		Venti	1428	340	14	10.8	45.7	43.2	1.5	7.2	0.7	91
Matcha Cream Frappuccino® - whole milk	Ice, Whole milk [whole MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], Matcha blend [Matcha green tea]	Mini	681	163	8.9	6.2	17.3	16.5	0.5	3.1	0.26	32
		Tall	984	235	12	8.2	26.7	25.3	0.8	4.8	0.41	50
		Grande	1366	326	16.4	11.3	37.9	35.9	1.2	6.3	0.58	73
		Venti	1533	365	17	11.7	45.5	43	1.5	7.1	0.7	91
Matcha Cream Frappuccino® - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carrageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], Matcha blend [Matcha green tea]	Mini	567	136	7.3	4.7	16	15.1	0.7	1.1	0.23	32
		Tall	804	193	9.4	5.9	24.7	23.2	1.1	1.6	0.36	50
		Grande	1133	271	13.1	8.2	35.3	33.1	1.6	2.3	0.52	73
		Venti	1273	304	13.3	8.2	42.5	39.9	2	2.5	0.62	91
Matcha Cream Frappuccino® - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], Matcha blend [Matcha green tea]	Mini	613	146	7.5	4.8	17.5	15.5	0.7	1.9	0.29	32
		Tall	876	209	9.8	6	26.9	23.8	1.1	2.9	0.45	50
		Grande	1226	292	13.5	8.4	38.2	33.9	1.6	3.8	0.63	73
		Venti	1376	328	13.8	8.4	45.8	40.8	2	4.3	0.75	91
Matcha Cream Frappuccino® - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], Matcha blend [Matcha green tea]	Mini	618	148	7.7	4.8	16.4	15.5	0.9	2.9	0.29	32
		Tall	883	211	10	6.1	25.2	23.8	1.4	4.4	0.44	50
		Grande	1235	295	13.8	8.5	35.9	33.9	1.9	5.9	0.62	73
		Venti	1387	331	14.1	8.6	43.3	40.8	2.3	6.6	0.74	91
Matcha Cream Frappuccino® - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], Matcha blend [Matcha green tea]	Mini	658	157	8.2	5.9	18.6	15.9	2	1.5	0.27	32
		Tall	947	226	10.8	7.8	28.6	24.5	3.1	2.2	0.42	50
		Grande	1318	314	14.8	10.7	40.4	34.8	4.1	2.9	0.59	73
		Venti	1480	353	15.3	11.1	48.3	41.8	4.8	3.3	0.71	91
Matcha Cream Frappuccino® - coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], Matcha blend [Matcha green tea]	Mini	621	149	8.2	6.2	16.6	15.7	1.5	1.5	0.32	32
		Tall	889	213	10.8	8.3	25.5	24.1	2.4	2.2	0.5	50
		Grande	1242	298	14.8	11.3	36.4	34.4	3.3	2.9	0.7	73
		Venti	1395	334	15.3	11.7	43.8	41.3	3.8	3.3	0.82	91
Mocha Frappuccino® - skimmed milk	Ice, skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	741	177	7.3	5.1	23.5	22.5	0.9	3.7	0.27	15
		Tall	952	227	9.1	6.3	31.1	29.9	1	4.8	0.4	22
		Grande	1301	310	12.6	8.8	42.3	40.7	1.3	6.1	0.53	30
		Venti	1545	368	13	9	54.5	52.4	1.7	7.2	0.69	41

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Adults need around 2000kcal a day.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Mocha Frappuccino® - semi-skimmed milk	Ice, semi skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	767	183	8.1	5.9	23.4	22.5	0.9	3.7	0.27	15
		Tall	990	236	10.1	7.5	31	29.9	1	4.8	0.4	22
		Grande	1346	321	13.9	10.2	42.3	40.6	1.3	6.1	0.53	30
		Venti	1597	380	14.5	10.7	54.4	52.3	1.7	7.2	0.68	41
Mocha Frappuccino® - whole milk	Ice, Whole milk [whole MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	801	191	9	6.2	23.4	22.4	0.9	3.6	0.27	15
		Tall	1041	248	11.6	7.9	30.9	29.8	1	4.7	0.39	22
		Grande	1406	335	15.6	10.7	42.2	40.6	1.3	6	0.53	30
		Venti	1667	397	16.5	11.3	54.3	52.1	1.7	7.1	0.68	41
Mocha Frappuccino® - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carrageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	715	171	7.8	5.1	22.4	21.4	1.1	2.1	0.25	15
		Tall	915	218	9.8	6.3	29.5	28.3	1.2	2.5	0.36	22
		Grande	1257	300	13.5	8.8	40.5	38.8	1.6	3.4	0.49	30
		Venti	1494	356	14	9	52.3	50.1	2.1	4.1	0.64	41
Mocha Frappuccino® - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	749	179	8	5.2	23.5	21.7	1.1	2.7	0.29	15
		Tall	965	230	10	6.4	31.1	28.7	1.2	3.3	0.42	22
		Grande	1316	314	13.7	8.9	42.4	39.3	1.6	4.4	0.56	30
		Venti	1562	372	14.3	9.1	54.5	50.7	2.1	5.3	0.72	41
Mocha Frappuccino® - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	753	180	8.1	5.2	22.7	21.7	1.2	3.5	0.29	15
		Tall	970	231	10.2	6.4	29.9	28.7	1.4	4.4	0.42	22
		Grande	1323	315	13.9	9	40.9	39.3	1.8	5.7	0.56	30
		Venti	1570	374	14.5	9.2	52.8	50.7	2.3	6.8	0.71	41
Mocha Frappuccino® - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	784	187	8.5	6	24.3	22	2	2.4	0.28	15
		Tall	1015	242	10.7	7.6	32.3	29.2	2.6	2.9	0.4	22
		Grande	1376	328	14.6	10.4	43.8	39.8	3.2	3.8	0.54	30
		Venti	1631	388	15.3	10.9	56.2	51.3	3.9	4.6	0.69	41
Mocha Frappuccino® - coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	756	181	8.5	6.2	22.8	21.9	1.7	2.4	0.31	15
		Tall	974	233	10.7	8	30.1	28.9	2.1	2.9	0.46	22
		Grande	1327	317	14.6	10.8	41.2	39.6	2.7	3.8	0.6	30
		Venti	1575	376	15.3	11.3	53.1	51	3.3	4.6	0.77	41

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Strawberries & Cream Frappuccino® - skimmed milk	Ice, skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.]	Mini	783	186	6.7	4.7	28.3	26.8	0.4	3	0.28	0
		Tall	965	230	8.4	5.9	34.2	32.6	0.4	4.2	0.39	0
		Grande	1348	320	11.7	8.2	48.2	45.9	0.6	5.3	0.53	0
		Venti	1596	379	11.8	8.2	61.7	58.6	0.7	6.1	0.66	0
Strawberries & Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.]	Mini	817	194	7.7	5.8	28.2	26.7	0.4	3	0.28	0
		Tall	1015	241	9.8	7.4	34.1	32.5	0.4	4.2	0.39	0
		Grande	1409	335	13.4	10.1	48.1	45.8	0.6	5.3	0.53	0
		Venti	1668	396	13.8	10.5	61.6	58.5	0.7	6.1	0.66	0
Strawberries & Cream Frappuccino® - whole milk	Ice, Whole milk [whole MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.]	Mini	863	205	9	6.2	28.1	26.7	0.4	3	0.28	0
		Tall	1081	257	11.6	8	34	32.4	0.4	4.1	0.39	0
		Grande	1490	355	15.7	10.8	48	45.7	0.6	5.2	0.52	0
		Venti	1763	419	16.5	11.3	61.4	58.3	0.7	6	0.66	0
Strawberries & Cream Frappuccino® - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.]	Mini	749	179	7.4	4.7	26.8	25.3	0.6	1	0.24	0
		Tall	917	219	9.3	5.8	32.1	30.4	0.7	1.2	0.34	0
		Grande	1288	307	12.9	8.2	45.7	43.2	0.9	1.7	0.47	0
		Venti	1526	363	13.2	8.2	58.7	55.5	1.2	1.9	0.59	0
Strawberries & Cream Frappuccino® - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.]	Mini	794	189	7.5	4.7	28.3	25.7	0.6	1.8	0.3	0
		Tall	982	234	9.6	6	34.2	31	0.7	2.4	0.43	0
		Grande	1368	325	13.2	8.3	48.3	43.9	0.9	3	0.57	0
		Venti	1620	385	13.6	8.3	61.7	56.3	1.2	3.5	0.71	0
Strawberries & Cream Frappuccino® - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.]	Mini	799	190	7.7	4.8	27.2	25.7	0.7	2.7	0.3	0
		Tall	989	235	9.8	6.1	32.6	31	0.9	3.8	0.42	0
		Grande	1377	328	13.5	8.4	46.3	43.9	1.2	4.8	0.56	0
		Venti	1630	387	13.9	8.5	59.4	56.3	1.5	5.6	0.7	0
Strawberries & Cream Frappuccino® - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.]	Mini	840	200	8.2	5.9	29.4	26.1	1.8	1.3	0.28	0
		Tall	1047	249	10.6	7.6	35.8	31.6	2.4	1.7	0.4	0
		Grande	1449	345	14.4	10.4	50.2	44.7	3.1	2.3	0.54	0
		Venti	1715	407	15	10.8	64	57.2	3.7	2.6	0.67	0
Strawberries & Cream Frappuccino® - coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], Strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.]	Mini	803	192	8.2	6.2	27.4	25.9	1.4	1.3	0.33	0
		Tall	994	237	10.6	8	32.9	31.3	1.9	1.7	0.47	0
		Grande	1383	330	14.4	10.9	46.7	44.3	2.4	2.3	0.62	0
		Venti	1638	390	15	11.3	59.9	56.7	2.9	2.6	0.77	0

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Adults need around 2000kcal a day.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Vanilla Cream Frappuccino® - skimmed milk	Ice, skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	580	138	6.6	4.7	16.9	16.5	0	2.8	0.27	0
		Tall	810	193	8.3	5.9	25.4	24.8	0	4.2	0.41	0
		Grande	1101	263	11.6	8.2	34.3	33.5	0	5.3	0.54	0
		Venti	1279	305	11.7	8.3	43.7	42.7	0	6.2	0.69	0
Vanilla Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	614	147	7.6	5.8	16.8	16.5	0	2.8	0.27	0
		Tall	863	206	9.8	7.5	25.2	24.7	0	4.2	0.4	0
		Grande	1166	278	13.4	10.2	34.2	33.4	0	5.3	0.54	0
		Venti	1357	323	13.8	10.7	43.5	42.5	0	6.2	0.69	0
Vanilla Cream Frappuccino® - whole milk	Ice, Whole milk [whole MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	660	158	8.9	6.2	16.8	16.4	0	2.8	0.26	0
		Tall	933	223	11.8	8.2	25.1	24.6	0	4.1	0.4	0
		Grande	1253	299	15.9	11	34	33.3	0	5.2	0.54	0
		Venti	1460	348	16.8	11.6	43.4	42.4	0	6	0.69	0
Vanilla Cream Frappuccino® - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	546	131	7.3	4.7	15.5	15	0.2	0.8	0.23	0
		Tall	759	182	9.3	5.9	23.2	22.5	0.3	1.1	0.35	0
		Grande	1038	248	12.8	8.2	31.6	30.7	0.4	1.4	0.48	0
		Venti	1203	288	13.1	8.2	40.4	39.3	0.5	1.6	0.62	0
Vanilla Cream Frappuccino® - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	592	141	7.5	4.7	16.9	15.4	0.2	1.6	0.29	0
		Tall	828	197	9.6	6	25.4	23.1	0.3	2.3	0.44	0
		Grande	1123	268	13.2	8.3	34.3	31.4	0.4	2.9	0.59	0
		Venti	1305	311	13.6	8.4	43.7	40.2	0.5	3.3	0.74	0
Vanilla Cream Frappuccino® - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	596	143	7.6	4.8	15.8	15.4	0.4	2.6	0.29	0
		Tall	835	199	9.8	6.1	23.7	23.1	0.5	3.8	0.43	0
		Grande	1132	270	13.5	8.5	32.2	31.5	0.7	4.8	0.58	0
		Venti	1316	314	13.9	8.5	41.2	40.2	0.8	5.6	0.73	0
Vanilla Cream Frappuccino® - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	637	152	8.1	5.9	18	15.9	1.4	1.1	0.27	0
		Tall	897	214	10.6	7.7	27	23.8	2.2	1.6	0.41	0
		Grande	1209	289	14.4	10.5	36.4	32.2	2.7	2.1	0.55	0
		Venti	1408	336	15.1	11	46.2	41.1	3.3	2.3	0.7	0
Vanilla Cream Frappuccino® - coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	600	144	8.1	6.2	16	15.7	1	1.1	0.32	0
		Tall	841	202	10.6	8.2	24	23.4	1.6	1.6	0.49	0
		Grande	1139	273	14.4	11	32.6	31.9	1.9	2.1	0.64	0
		Venti	1324	317	15.1	11.6	41.7	40.7	2.3	2.3	0.81	0

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White Chocolate Cream Frappuccino® - skimmed milk	Ice, skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	799	190	8.1	5.9	25.3	25	0	4	0.34	0
		Tall	1145	273	10.7	7.8	38.2	37.8	0	6	0.51	0
		Grande	1564	372	14.8	10.9	52	51.4	0	7.7	0.69	0
		Venti	1892	450	15.9	11.8	67.2	66.4	0	9.4	0.89	0
White Chocolate Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed MILK , Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	833	199	9.1	7	25.2	24.9	0	4	0.34	0
		Tall	1198	285	12.1	9.5	38.1	37.7	0	6	0.51	0
		Grande	1628	388	16.6	12.9	51.9	51.3	0	7.7	0.69	0
		Venti	1969	469	18.1	14.2	67.1	66.2	0	9.4	0.89	0
White Chocolate Cream Frappuccino® - whole milk	Ice, Whole milk [whole MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	879	210	10.4	7.4	25.2	24.9	0	3.9	0.34	0
		Tall	1268	302	14.1	10.1	38	37.6	0	5.9	0.51	0
		Grande	1715	409	19.1	13.7	51.8	51.2	0	7.6	0.69	0
		Venti	2073	493	21.1	15.1	66.9	66.1	0	9.2	0.88	0
White Chocolate Cream Frappuccino® - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	765	183	8.8	5.9	23.9	23.5	0.2	1.9	0.3	0
		Tall	1094	261	11.7	7.8	36	35.5	0.3	2.8	0.46	0
		Grande	1500	358	16	10.8	49.3	48.6	0.4	3.8	0.63	0
		Venti	1816	433	17.4	11.7	64	63	0.5	4.8	0.81	0
White Chocolate Cream Frappuccino® - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	811	193	9	6	25.3	23.9	0.2	2.7	0.36	0
		Tall	1163	277	12	7.9	38.2	36.1	0.3	4	0.55	0
		Grande	1586	378	16.4	11	52.1	49.3	0.4	5.3	0.73	0
		Venti	1918	456	17.9	11.9	67.3	63.9	0.5	6.5	0.94	0
White Chocolate Cream Frappuccino® - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	815	195	9.1	6.1	24.2	23.9	0.4	3.7	0.36	0
		Tall	1170	279	12.2	8	36.5	36.1	0.5	5.5	0.54	0
		Grande	1595	380	16.7	11.1	50	49.3	0.7	7.2	0.72	0
		Venti	1929	459	18.2	12	64.7	63.9	0.8	8.7	0.93	0
White Chocolate Cream Frappuccino® - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	856	204	9.6	7.2	26.4	24.3	1.4	2.3	0.34	0
		Tall	1232	294	13	9.7	39.9	36.7	2.2	3.3	0.52	0
		Grande	1671	398	17.7	13.2	54.1	50.1	2.7	4.5	0.7	0
		Venti	2020	481	19.4	14.5	69.7	64.8	3.3	5.5	0.9	0

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White Chocolate Cream Frappuccino® - coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], White chocolate mocha [sugar, condensed skimmed MILK, sweetened condensed MILK [condensed skimmed MILK, sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], Creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin]	Mini	819	196	9.6	7.4	24.4	24.1	1	2.3	0.39	0
		Tall	1176	281	13	10.1	36.9	36.4	1.6	3.3	0.59	0
		Grande	1601	383	17.7	13.7	50.4	49.7	1.9	4.5	0.79	0
		Venti	1937	462	19.4	15.1	65.2	64.4	2.3	5.5	1.01	0
White Mocha Frappuccino® - skimmed milk	Ice, skimmed MILK, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], White chocolate mocha [sugar, condensed skimmed MILK, sweetened condensed MILK [condensed skimmed MILK, sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	709	169	7.4	5.3	22.5	22	0.1	3.1	0.31	15
		Tall	991	236	9.5	6.8	33.1	32.4	0.1	4.5	0.45	22
		Grande	1441	343	13.7	9.9	48.8	47.8	0.2	6	0.63	31
		Venti	1587	378	13.8	9.9	56.8	55.5	0.2	6.5	0.76	40
White Mocha Frappuccino® - semi-skimmed milk	Ice, semi skimmed MILK, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], White chocolate mocha [sugar, condensed skimmed MILK, sweetened condensed MILK [condensed skimmed MILK, sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	735	175	8.1	6.1	22.5	22	0.1	3.1	0.31	15
		Tall	1030	245	10.6	8	33.1	32.3	0.1	4.5	0.45	22
		Grande	1487	354	15	11.3	48.7	47.7	0.2	6	0.63	31
		Venti	1638	390	15.2	11.5	56.7	55.4	0.2	6.5	0.76	40
White Mocha Frappuccino® - whole milk	Ice, Whole milk [whole MILK], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], White chocolate mocha [sugar, condensed skimmed MILK, sweetened condensed MILK [condensed skimmed MILK, sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	770	184	9.1	6.4	22.4	21.9	0.1	3	0.3	15
		Tall	1081	258	12	8.5	33	32.3	0.1	4.4	0.45	22
		Grande	1548	369	16.7	11.9	48.6	47.6	0.2	5.9	0.63	31
		Venti	1706	406	17.1	12.1	56.6	55.2	0.2	6.4	0.76	40
White Mocha Frappuccino® - almond drink	Ice, Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], White chocolate mocha [sugar, condensed skimmed MILK, sweetened condensed MILK [condensed skimmed MILK, sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	684	163	7.9	5.3	21.4	20.9	0.2	1.5	0.28	15
		Tall	953	228	10.2	6.8	31.5	30.7	0.4	2.2	0.41	22
		Grande	1397	333	14.6	9.9	46.9	45.8	0.4	3.3	0.59	31
		Venti	1537	366	14.7	9.9	54.6	53.2	0.5	3.5	0.71	40
White Mocha Frappuccino® - Original Nut Blend	Ice, Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], White chocolate mocha [sugar, condensed skimmed MILK, sweetened condensed MILK [condensed skimmed MILK, sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	718	171	8	5.4	22.5	21.2	0.2	2.1	0.32	15
		Tall	1004	239	10.4	6.9	33.2	31.2	0.4	3	0.48	22
		Grande	1457	347	14.9	10	48.8	46.3	0.4	4.3	0.66	31
		Venti	1604	382	15	10	56.8	53.8	0.5	4.6	0.8	40
White Mocha Frappuccino® - soya drink	Ice, Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], White chocolate mocha [sugar, condensed skimmed MILK, sweetened condensed MILK [condensed skimmed MILK, sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	722	172	8.1	5.4	21.7	21.2	0.3	2.8	0.32	15
		Tall	1010	241	10.6	6.9	31.9	31.2	0.5	4.1	0.47	22
		Grande	1463	349	15.1	10.1	47.3	46.3	0.6	5.6	0.65	31
		Venti	1611	384	15.2	10.1	55.1	53.8	0.7	6.1	0.79	40

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
White Mocha Frappuccino® - oat drink	Ice, Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	752	179	8.5	6.2	23.4	21.5	1.2	1.8	0.31	15
		Tall	1055	251	11.2	8.2	34.4	31.6	1.7	2.5	0.46	22
		Grande	1517	361	15.7	11.5	50.3	46.9	2.1	3.7	0.64	31
		Venti	1672	398	16	11.7	58.4	54.4	2.4	4	0.77	40
White Mocha Frappuccino® - coconut drink	Ice, Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Frappuccino roast soluble coffee [roasted soluble coffee], Coffee frappuccino syrup [water, sugar, fructose, salt, natural flavouring, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], White chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	724	173	8.5	6.4	21.9	21.4	0.9	1.8	0.35	15
		Tall	1013	242	11.2	8.5	32.1	31.4	1.3	2.5	0.51	22
		Grande	1468	351	15.7	11.9	47.6	46.6	1.5	3.7	0.7	31
		Venti	1616	386	16	12.1	55.4	54.1	1.8	4	0.84	40

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Modifiers



RTM

Reserve

Product	Ingredients	Size	Energy (kj)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
COLD COFFEE												
Iced Mocha – skimmed milk	Skimmed MILK , ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	764	182	3.8	2.2	25.4	22.8	3.8	9.5	0.25	136
		Grande	975	232	4.8	2.8	32.5	29.5	4.9	12	0.31	142.8
Iced Mocha – semi skimmed milk	Semi skimmed MILK , ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	855	203	6.4	5	25.2	22.6	3.8	9.5	0.25	136
		Grande	1090	259	8	6.4	32.3	29.3	4.9	12	0.30	142.8
Iced Mocha – whole milk	Whole MILK , ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	977	233	9.8	6.1	25	22.4	3.8	9.3	0.24	136
		Grande	1244	296	12.4	7.7	32.1	29.1	4.9	11.7	0.30	142.8
Iced Mocha – almond drink	Water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt, ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	675	161	5.6	2.1	21.5	18.8	4.3	4.1	0.16	136
		Grande	862	206	7	2.7	27.7	24.5	5.7	5.1	0.19	142.8
Iced Mocha – soya drink	Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum., ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	808	193	6.5	2.5	22.4	19.8	4.7	8.8	0.30	136
		Grande	1030	245	8.1	3.2	28.8	25.8	6.1	11	0.37	142.8
Iced Mocha – oat drink	Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum., ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	915	218	7.8	5.4	28.3	21	7.6	4.9	0.26	136
		Grande	1166	278	9.9	6.8	36.2	27.2	9.8	6.2	0.32	142.8
Iced Mocha – coconut drink	Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring., ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	817	196	7.8	6.1	23	20.4	6.5	4.9	0.39	136
		Grande	1041	250	9.9	7.7	29.5	26.5	8.4	6.2	0.49	142.8
Iced Mocha Bianco	Mocha Bianco Milk [whole MILK , sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	733	174	7.4	4.9	20.2	19	0.2	7.1	0.28	115.6
		Grande	1043	248	10.6	7.1	28.6	27.4	0.2	10	0.39	115.6
HOT COFFEE												
Mocha – skimmed milk	Skimmed MILK , microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Short	577	137	2.7	1.5	19	17.5	2.5	7.9	0.21	71.4
		Tall	897	213	4.1	2.3	29.6	27	3.8	12.6	0.35	136
		Grande	1150	273	5.2	2.9	38.1	35.1	4.9	16	0.43	142.8
Mocha – semi skimmed milk	Semi skimmed MILK , microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Short	662	157	5	4.2	18.8	17.3	2.5	7.9	0.21	71.4
		Tall	1032	245	7.9	6.5	29.3	26.7	3.8	12.6	0.34	136
		Grande	1323	315	10	8.3	37.7	34.7	4.9	16	0.43	142.8
Mocha – whole milk	Whole MILK , microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Short	776	185	8.3	5.2	18.7	17.2	2.5	7.8	0.21	71.4
		Tall	1213	289	13	8.1	29	26.4	3.8	12.3	0.34	136
		Grande	1554	370	16.5	10.4	37.4	34.4	4.9	15.6	0.42	142.8

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Product	Ingredients	Size	Energy (kj)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Mocha - almond drink	Water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Short	494	118	4.3	1.5	15.4	13.8	3	2.9	0.13	71.4
		Tall	765	183	6.6	2.2	23.9	21	4.6	4.5	0.21	136
		Grande	981	235	8.4	2.8	30.8	27.5	6	5.7	0.26	142.8
Mocha - soya drink	Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum., microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Short	618	147	5.1	1.8	16.3	14.8	3.4	7.2	0.26	71.4
		Tall	962	229	8	2.8	25.2	22.6	5.2	11.5	0.42	136
		Grande	1233	294	10.2	3.5	32.5	29.5	6.7	14.6	0.52	142.8
Mocha - oat drink	Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum., microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Short	718	171	6.4	4.5	21.7	15.8	6.1	3.7	0.22	71.4
		Tall	1121	267	10	7.1	33.9	24.3	9.5	5.8	0.36	136
		Grande	1436	342	12.7	9	43.6	31.6	12.2	7.4	0.45	142.8
Mocha - coconut drink	Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring., microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Short	626	151	6.4	5.2	16.8	15.3	5	3.7	0.35	71.4
		Tall	975	235	10	8.1	26	23.5	7.8	5.8	0.56	136
		Grande	1250	301	12.7	10.4	33.6	30.6	10.1	7.4	0.70	142.8
Mocha Bianco	Mocha Bianco Milk [whole MILK , sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], microblend espresso (as consumed) [100% Arabica coffee]	Short	750	178	7.6	5.1	20.5	19.9	0.1	7.1	0.27	57.8
		Tall	1230	292	12.5	8.4	33.7	32.5	0.2	11.7	0.45	115.6
		Grande	1639	390	16.7	11.3	44.8	43.6	0.2	15.5	0.59	115.6
Chemex	Whole bean green coffee	One	260	65	3	0.6	5	0.6	3	2.4	0.74	525
Clover	Whole bean green coffee	Short	53	12	1.2	0.2	1.6	0.2	1.2	1.1	0.30	151
		Tall	77	18	1.8	0.4	2.3	0.4	1.8	1.6	0.44	221
		Grande	103	24	2.4	0.5	3.1	0.5	2.4	2.1	0.59	296
		Venti	130	30	3	0.6	3.8	0.6	3	2.7	0.74	372
Pour Over	Whole bean green coffee	Short	58	14	1.2	0.2	1.7	0.2	1.2	1.2	0.78	276
		Tall	84	21	1.8	0.4	2.5	0.4	1.8	1.8	1.14	403
		Grande	113	28	2.4	0.5	3.3	0.5	2.4	2.4	1.53	541
French Press	Whole bean green coffee	One	198	45	4.5	0.9	5.4	0.9	4.5	4.1	1.21	549
Americano	Water, Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	17	4	0.1	0	0.6	0	0.1	0.3	0.02	58
		Tall	35	8	0.2	0	1.3	0	0.2	0.6	0.05	116
		Grande	52	12	0.3	0.1	1.9	0.1	0.3	0.9	0.07	116
Cappuccino - skimmed milk	Skimmed MILK , Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	207	49	0.5	0.2	6.6	6	0.1	4.7	0.16	58
		Tall	382	90	0.9	0.3	12.2	11	0.2	8.6	0.30	116
		Grande	440	104	1	0.4	14.1	12.9	0.2	10	0.34	116
Cappuccino - semi-skimmed milk	Semi-skimmed MILK , Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	270	64	2.2	2.1	6.5	5.9	0.1	4.7	0.16	58
		Tall	496	118	4.1	3.9	12	10.8	0.2	8.6	0.29	116
		Grande	574	136	4.7	4.6	13.8	12.6	0.2	10	0.33	116

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Cappuccino - whole milk	Whole milk [whole MILK], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	354	84	4.6	2.9	6.4	5.8	0.1	4.6	0.15	58
		Tall	649	154	8.4	5.3	11.8	10.5	0.2	8.4	0.28	116
		Grande	753	179	9.8	6.2	13.5	12.3	0.2	9.7	0.33	116
Cappuccino - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	146	35	1.7	0.1	4	3.3	0.5	1	0.10	58
		Tall	270	65	3	0.3	7.4	6	0.9	1.8	0.18	116
		Grande	310	75	3.5	0.3	8.5	7	1	2	0.21	116
Cappuccino - Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	229	54	2	0.3	6.7	4	0.5	2.4	0.20	58
		Tall	420	100	3.7	0.5	12.3	7.3	0.9	4.4	0.37	116
		Grande	486	115	4.3	0.6	14.1	8.5	1	5	0.43	116
Cappuccino - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	237	57	2.3	0.4	4.6	4	0.7	4.2	0.19	58
		Tall	436	104	4.2	0.7	8.5	7.3	1.4	7.7	0.35	116
		Grande	505	120	4.9	0.9	9.8	8.6	1.6	8.9	0.41	116
Cappuccino - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	311	74	3.2	2.4	8.6	4.8	2.7	1.6	0.17	58
		Tall	571	136	5.9	4.4	15.9	8.7	5	2.9	0.31	116
		Grande	662	158	6.9	5.1	18.3	10.2	5.8	3.3	0.35	116
Cappuccino - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	244	59	3.2	2.9	5	4.4	2	1.6	0.26	58
		Tall	448	109	5.9	5.3	9.2	8	3.6	2.9	0.47	116
		Grande	518	126	6.9	6.2	10.6	9.4	4.2	3.3	0.55	116
Espresso	Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Single	17	4	0.1	0	0.6	0	0.1	0.3	0.02	58
		Double	35	8	0.2	0	1.3	0	0.2	0.6	0.05	116
Espresso Con Panna	Reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Single	123	30	2.6	1.8	1.3	0.7	0.1	0.5	0.03	58
		Double	140	34	2.7	1.8	1.9	0.7	0.2	0.8	0.05	116
Espresso Macchiato - skimmed milk	Skimmed MILK , Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Single	37	9	0.1	0	1.3	0.6	0.1	0.8	0.04	58
		Double	41	10	0.2	0	1.5	0.2	0.2	0.8	0.05	116
Espresso Macchiato - semi-skimmed milk	Semi-skimmed MILK , Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Single	44	10	0.3	0.2	1.2	0.6	0.1	0.8	0.04	58
		Double	43	10	0.2	0.1	1.4	0.2	0.2	0.8	0.05	116
Espresso Macchiato - whole milk	Whole milk [whole MILK], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Single	52	12	0.6	0.3	1.2	0.6	0.1	0.7	0.04	58
		Double	45	11	0.3	0.1	1.4	0.2	0.2	0.7	0.05	116
Espresso Macchiato - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Single	31	7	0.3	0	1	0.4	0.1	0.4	0.03	58
		Double	39	9	0.2	0	1.4	0.1	0.2	0.6	0.05	116
Espresso Macchiato - Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Single	39	9	0.3	0	1.3	0.4	0.1	0.5	0.04	58
		Double	41	10	0.2	0	1.5	0.2	0.2	0.7	0.05	116
Espresso Macchiato - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Single	40	10	0.3	0.1	1	0.4	0.2	0.7	0.04	58
		Double	42	10	0.3	0	1.4	0.2	0.2	0.7	0.05	116

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso Macchiato - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Single	48	11	0.4	0.3	1.5	0.5	0.4	0.4	0.04	58
		Double	44	11	0.3	0.1	1.5	0.2	0.3	0.7	0.05	116
Espresso Macchiato - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Single	41	10	0.4	0.3	1.1	0.5	0.3	0.4	0.05	58
		Double	42	10	0.3	0.1	1.4	0.2	0.2	0.7	0.05	116
Flat White - skimmed milk	Skimmed MILK , Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	266	63	0.6	0.2	8.6	7.3	0.2	5.9	0.21	116
Flat White - semi-skimmed milk	Semi-skimmed MILK , Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	342	81	2.8	2.6	8.4	7.2	0.2	5.9	0.21	116
Flat White - whole milk	Whole milk [whole MILK], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	444	106	5.7	3.5	8.3	7	0.2	5.8	0.20	116
Flat White - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	191	46	2.1	0.2	5.4	4	0.7	1.4	0.14	116
Flat White - Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	292	69	2.5	0.4	8.6	4.9	0.7	3.1	0.26	116
Flat White - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	303	72	2.8	0.5	6.1	4.9	1	5.3	0.25	116
Flat White - oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	393	94	4	2.9	11	5.8	3.4	2.1	0.22	116
Flat White - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	310	75	4	3.5	6.6	5.4	2.5	2.1	0.33	116
Iced Americano	Ice, water, Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Tall	35	8	0.2	0	1.3	0	0.2	0.6	0.05	116
		Grande	52	12	0.3	0.1	1.9	0.1	0.3	0.9	0.07	173
Iced Latte - skimmed milk	Skimmed MILK , ice, Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Tall	312	74	0.7	0.3	10	8.8	0.2	7	0.25	116
		Grande	384	91	0.9	0.3	12.3	11.1	0.2	8.7	0.30	116
Iced Latte - semi-skimmed milk	Semi-skimmed MILK , ice, Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Tall	403	96	3.3	3.1	9.8	8.6	0.2	7	0.24	116
		Grande	499	119	4.1	3.9	12.1	10.8	0.2	8.7	0.29	116
Iced Latte - whole milk	Whole milk [whole MILK], ice, Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Tall	525	125	6.7	4.2	9.7	8.4	0.2	6.8	0.24	116
		Grande	652	155	8.4	5.3	11.8	10.6	0.2	8.4	0.29	116
Iced Latte - almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], ice, Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Tall	222	54	2.5	0.2	6.2	4.8	0.7	1.6	0.15	116
		Grande	271	66	3.1	0.3	7.5	6	0.9	1.8	0.18	116
Iced Latte - Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], ice, Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Tall	343	81	3	0.4	10.1	5.8	0.7	3.6	0.30	116
		Grande	423	100	3.7	0.5	12.3	7.3	0.9	4.4	0.37	116
Iced Latte - soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], ice, Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Tall	356	85	3.4	0.6	7.1	5.9	1.1	6.2	0.29	116
		Grande	439	105	4.2	0.7	8.6	7.4	1.4	7.7	0.36	116

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Iced Latte – oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], ice, Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Tall	463	110	4.7	3.5	12.9	7	4	2.4	0.25	116
		Grande	574	137	5.9	4.4	16	8.8	5	2.9	0.31	116
Iced Latte – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Tall	365	89	4.7	4.2	7.6	6.4	2.9	2.4	0.39	116
		Grande	450	109	5.9	5.3	9.3	8.1	3.6	2.9	0.48	116
Latte – skimmed milk	Skimmed MILK , 100% Arabica coffee	Short	260	62	0.6	0.2	8.3	7.7	0.1	5.9	0.20	58
		Tall	423	100	0.9	0.4	13.5	12.3	0.2	9.6	0.33	116
		Grande	552	131	1.2	0.5	17.6	16.4	0.2	12.5	0.42	116
Latte – semi-skimmed milk	Semi-skimmed MILK , 100% Arabica coffee	Short	340	81	2.8	2.7	8.1	7.5	0.1	5.9	0.19	58
		Tall	551	131	4.5	4.4	13.3	12	0.2	9.6	0.32	116
		Grande	722	172	6	5.8	17.3	16	0.2	12.5	0.41	116
Latte – whole milk	Whole milk [whole MILK], 100% Arabica coffee	Short	447	106	5.8	3.7	8	7.4	0.1	5.7	0.19	58
		Tall	722	172	9.4	5.9	13	11.8	0.2	9.3	0.31	116
		Grande	951	226	12.4	7.8	16.9	15.7	0.2	12.2	0.40	116
Latte – almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], 100% Arabica coffee	Short	182	44	2.1	0.2	4.9	4.2	0.6	1.1	0.12	58
		Tall	298	72	3.4	0.3	8.2	6.7	1	1.9	0.20	116
		Grande	385	93	4.4	0.4	10.5	8.9	1.2	2.4	0.25	116
Latte – Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], 100% Arabica coffee	Short	287	68	2.5	0.4	8.3	5.1	0.6	2.9	0.25	58
		Tall	466	111	4.1	0.6	13.6	8.2	1	4.8	0.41	116
		Grande	610	144	5.4	0.8	17.7	10.9	1.2	6.2	0.53	116
Latte – soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], 100% Arabica coffee	Short	298	71	2.9	0.5	5.7	5.1	0.9	5.2	0.24	58
		Tall	484	116	4.7	0.8	9.4	8.2	1.5	8.5	0.39	116
		Grande	634	151	6.1	1.1	12.1	10.9	2	11.1	0.50	116
Latte – oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], 100% Arabica coffee	Short	392	94	4.1	3.1	10.8	6.1	3.4	1.9	0.21	58
		Tall	635	151	6.6	4.9	17.6	9.7	5.5	3.2	0.34	116
		Grande	835	199	8.7	6.5	23.1	13	7.3	4	0.44	116
Latte – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], 100% Arabica coffee	Short	306	74	4.1	3.7	6.2	5.6	2.5	1.9	0.32	58
		Tall	497	121	6.6	5.9	10.2	9	4	3.2	0.52	116
		Grande	651	158	8.7	7.9	13.2	12	5.3	4	0.68	116
Latte Macchiato – skimmed milk	Skimmed MILK , Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	260	62	0.6	0.2	8.3	7.7	0.1	5.9	0.20	58
		Tall	423	100	0.9	0.4	13.5	12.3	0.2	9.6	0.33	116
		Grande	552	131	1.2	0.5	17.6	16.4	0.2	12.5	0.42	116
Latte Macchiato – semi-skimmed milk	Semi-skimmed MILK , Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	340	81	2.8	2.7	8.1	7.5	0.1	5.9	0.19	58
		Tall	551	131	4.5	4.4	13.3	12	0.2	9.6	0.32	116
		Grande	722	172	6	5.8	17.3	16	0.2	12.5	0.41	116

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Latte Macchiato – whole milk	Whole milk [whole MILK], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	447	106	5.8	3.7	8	7.4	0.1	5.7	0.19	58
		Tall	722	172	9.4	5.9	13	11.8	0.2	9.3	0.31	116
		Grande	951	226	12.4	7.8	16.9	15.7	0.2	12.2	0.40	116
Latte Macchiato – almond drink	Almond drink [water, ALMOND (2.5%), fructose, acidity regulators: monopotassium phosphate, dipotassium diphosphate; calcium carbonate, stabilisers: gellan gum, carageenan, guar gum; natural flavourings, sea salt], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	182	44	2.1	0.2	4.9	4.2	0.6	1.1	0.12	58
		Tall	298	72	3.4	0.3	8.2	6.7	1	1.9	0.20	116
		Grande	385	93	4.4	0.4	10.5	8.9	1.2	2.4	0.25	116
Latte Macchiato – Original Nut Blend	Original Nut Blend [Water, rice (5.3%), CASHEW (1.5%), HAZELNUTS (1.4%), pea protein, flavourings, acidity regulator: potassium phosphates, emulsifier: citric acid esters of mono- and diglycerides of fatty acids, stabilisers: gellan gum, guar gum, xanthan gum; sea salt, vitamins [B2, B12, E, D2]], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	287	68	2.5	0.4	8.3	5.1	0.6	2.9	0.25	58
		Tall	466	111	4.1	0.6	13.6	8.2	1	4.8	0.41	116
		Grande	610	144	5.4	0.8	17.7	10.9	1.2	6.2	0.53	116
Latte Macchiato – soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	298	71	2.9	0.5	5.7	5.1	0.9	5.2	0.24	58
		Tall	484	116	4.7	0.8	9.4	8.2	1.5	8.5	0.39	116
		Grande	634	151	6.1	1.1	12.1	10.9	2	11.1	0.50	116
Latte Macchiato – oat drink	Oat drink [Water, OAT (12%), coconut fat, maize dextrin, fava bean flour, acidity regulator: dipotassium phosphate, sea salt, stabilisers: gellan gum, xanthan gum.], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	392	94	4.1	3.1	10.8	6.1	3.4	1.9	0.21	58
		Tall	635	151	6.6	4.9	17.6	9.7	5.5	3.2	0.34	116
		Grande	835	199	8.7	6.5	23.1	13	7.3	4	0.44	116
Latte Macchiato – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	306	74	4.1	3.7	6.2	5.6	2.5	1.9	0.32	58
		Tall	497	121	6.6	5.9	10.2	9	4	3.2	0.52	116
		Grande	651	158	8.7	7.9	13.2	12	5.3	4	0.68	116

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