

NUTRITION & ALLERGEN GUIDE

SPRING
(FEBRUARY TO MAY 2023)

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Mocha & Hot Chocolate >

Teas >

Frozen / Iced Teas >

Cold Craft >

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Frappuccino® >

Modifiers >

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CORE BEVERAGES

This guide will provide nutritional and allergen information for core beverages. Allergens can be found in **BOLD CAPITALS** within the ingredient declaration. Please ensure you take extra care to identify all the possible allergens present in our beverages, if you require support please ask one of our trained barista's.

Within this booklet it will provide information on the following 14 allergens:

- **Cereals Containing Gluten**
Wheat (Spelt and Kamut), Rye, Barley and Oats
- **Nuts**
(Almond, Hazelnut, Walnut, Cashew, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia Nut, Queensland Nut)
- **Egg**
- **Milk**
- **Soya**
- **Fish**
- **Crustaceans**
- **Molluscs**
- **Sesame**
- **Lupin**
- **Celery**
- **Mustard**
- **Peanuts**
- **Sulphur Dioxide and Sulphites**

Cross Contamination

All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Whilst we try to keep things separate we cannot guarantee any item is allergen free. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.

Ingredient information within this booklet is based on standard product formulations, variations may occur. Please note some menu items may not be available in all stores, and will not cover test products. If you require allergen information about test products, please ask one of our trained barista's.

This information is updated regularly to reflect our procedures instore. Please check www.starbucks.co.uk for the most up to date information.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Americano	Water, Espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	22	5	0.1	0	0.5	0.1	0.1	0.5	0.03	33
		Tall	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66
		Grande	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99
		Venti	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132
Caffe Latte - skimmed milk	Skimmed milk [skimmed MILK], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	264	63	0.6	0.2	8.1	7.7	0.1	6	0.20	33
		Tall	430	102	1	0.4	13.2	12.3	0.2	9.8	0.34	66
		Grande	564	134	1.3	0.5	17.4	16.6	0.2	12.9	0.43	66
		Venti	731	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99
Caffe Latte - semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	343	82	2.8	2.7	8	7.6	0.1	6	0.20	33
		Tall	557	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66
		Grande	736	175	6.1	5.9	17.1	16.3	0.2	12.9	0.42	66
		Venti	950	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99
Caffe Latte - whole milk	Whole milk [whole MILK], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	450	107	5.8	3.7	7.8	7.4	0.1	5.9	0.20	33
		Tall	727	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66
		Grande	966	230	12.6	7.9	16.8	15.9	0.2	12.6	0.42	66
		Venti	1244	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99
Caffe Latte - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	181	43	2	0.2	4.6	4	0.6	1.3	0.16	33
		Tall	297	71	3.3	0.3	7.6	6.5	1	2.2	0.26	66
		Grande	386	93	4.3	0.4	9.9	8.7	1.3	2.7	0.33	66
		Venti	503	121	5.6	0.5	12.9	11.2	1.7	3.6	0.44	99
Caffe Latte - soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	304	72	3.1	0.5	4.8	4	1.1	5.7	0.19	33
		Tall	493	117	5.1	0.8	7.9	6.5	1.8	9.3	0.31	66
		Grande	650	154	6.7	1.1	10.2	8.7	2.3	12.3	0.40	66
		Venti	841	200	8.7	1.4	13.3	11.2	3	15.9	0.52	99
Caffe Latte - oat drink	Oat drink [Oat base (water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	415	99	4.9	0.5	11.2	5.3	1.7	1.7	0.24	33
		Tall	671	160	7.9	0.8	18	8.5	2.8	3	0.39	66
		Grande	890	213	10.5	1.1	24	11.5	3.7	3.7	0.50	66
		Venti	1147	274	13.5	1.4	30.9	14.7	4.7	4.9	0.65	99
Caffe Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	310	75	4.1	3.7	6.1	5.6	2.5	2.1	0.33	33
		Tall	503	122	6.6	5.9	9.9	9	4	3.5	0.53	66
		Grande	664	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66
		Venti	858	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99
Cappuccino - skimmed milk	Skimmed milk [skimmed MILK], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	212	50	0.5	0.2	6.5	6.1	0.1	4.9	0.17	33
		Tall	390	93	0.9	0.3	11.9	11.1	0.2	8.9	0.31	66
		Grande	449	106	1	0.4	13.8	13	0.2	10.3	0.35	66
		Venti	628	149	1.4	0.5	19.3	18	0.3	14.4	0.49	99
Cappuccino - semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	274	65	2.2	2.1	6.4	5.9	0.1	4.9	0.16	33
		Tall	504	120	4.1	3.9	11.7	10.9	0.2	8.9	0.30	66
		Grande	583	139	4.8	4.6	13.5	12.7	0.2	10.3	0.34	66
		Venti	813	193	6.6	6.4	18.9	17.6	0.3	14.4	0.48	99

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Cappuccino - whole milk	Whole milk [whole MILK], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	358	85	4.6	2.9	6.3	5.8	0.1	4.7	0.16	33
		Tall	657	156	8.4	5.3	11.5	10.6	0.2	8.7	0.30	66
		Grande	762	181	9.8	6.2	13.3	12.4	0.2	10	0.34	66
		Venti	1061	253	13.7	8.5	18.5	17.2	0.3	14	0.47	99
Cappuccino - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	147	35	1.6	0.1	3.7	3.2	0.5	1.1	0.13	33
		Tall	271	65	3	0.3	6.9	5.8	0.9	2.1	0.24	66
		Grande	310	74	3.4	0.3	7.9	6.8	1	2.3	0.27	66
		Venti	435	104	4.8	0.4	11.1	9.5	1.4	3.3	0.38	99
Cappuccino - soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	243	58	2.5	0.4	3.9	3.2	0.9	4.6	0.15	33
		Tall	447	106	4.6	0.7	7.2	5.8	1.6	8.5	0.28	66
		Grande	516	123	5.3	0.8	8.2	6.8	1.8	9.8	0.32	66
		Venti	720	171	7.4	1.2	11.5	9.5	2.6	13.6	0.45	99
Cappuccino - oat drink	Oat drink [Oat base (water, OAT (10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	331	79	3.9	0.4	8.9	4.2	1.4	1.5	0.19	33
		Tall	607	145	7.1	0.7	16.3	7.7	2.5	2.8	0.35	66
		Grande	703	168	8.2	0.8	18.9	8.9	2.9	3.1	0.40	66
		Venti	980	234	11.4	1.2	26.3	12.4	4	4.4	0.57	99
Cappuccino - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Short	248	60	3.2	2.9	4.9	4.4	2	1.7	0.26	33
		Tall	456	111	5.9	5.3	9	8.1	3.6	3.2	0.48	66
		Grande	527	128	6.9	6.2	10.3	9.5	4.2	3.6	0.56	66
		Venti	735	178	9.6	8.6	14.4	13.2	5.9	5.1	0.78	99
Caramel Macchiato - skimmed milk	Skimmed milk [skimmed MILK], espresso shot - espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Short	400	95	1.5	0.8	14.9	14.1	0.1	5.3	0.21	33
		Tall	623	148	1.9	1	23.6	22.2	0.2	8.9	0.33	66
		Grande	800	189	2.1	1.1	31	29.6	0.2	11.4	0.41	66
		Venti	977	231	2.4	1.2	38.2	36.3	0.3	13.8	0.50	99
Caramel Macchiato - semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], espresso shot - espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Short	468	111	3.4	3	14.8	13.9	0.1	5.3	0.21	33
		Tall	735	174	5	4.5	23.4	22	0.2	8.9	0.33	66
		Grande	948	225	6.3	5.7	30.7	29.3	0.2	11.4	0.41	66
		Venti	1153	273	7.3	6.7	37.9	35.9	0.3	13.8	0.50	99
Caramel Macchiato - whole milk	whole milk [whole MILK], espresso shot - espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Short	559	133	6	3.8	14.6	13.8	0.1	5.2	0.20	33
		Tall	885	210	9.3	5.8	23.1	21.8	0.2	8.6	0.32	66
		Grande	1145	272	11.9	7.4	30.4	29	0.2	11.1	0.40	66
		Venti	1389	330	14	8.8	37.5	35.6	0.3	13.5	0.49	99
Caramel Macchiato - almond drink	almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], espresso shot - espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Short	330	79	2.7	0.8	11.9	10.9	0.5	1.2	0.17	33
		Tall	507	121	3.9	0.9	18.7	17.1	0.9	2.1	0.27	66
		Grande	646	154	4.8	1	24.5	22.8	1.1	2.5	0.32	66
		Venti	793	189	5.6	1.1	30.5	28.2	1.4	3.3	0.40	99

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Caramel Macchiato - soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], espresso shot - espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Short	434	103	3.7	1.1	12	10.9	0.9	5	0.20	33
		Tall	679	161	5.5	1.3	18.9	17.1	1.6	8.4	0.31	66
		Grande	874	207	6.8	1.6	24.8	22.8	2	10.8	0.38	66
		Venti	1065	252	8	1.8	30.8	28.2	2.5	13.1	0.47	99
Caramel Macchiato - oat drink	Oat drink [Oat base (water, OAT(10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], espresso shot - espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Short	529	126	5.2	1.1	17.5	12	1.5	1.6	0.24	33
		Tall	836	199	7.9	1.3	27.8	18.9	2.5	2.8	0.38	66
		Grande	1081	257	10.1	1.6	36.6	25.1	3.2	3.4	0.47	66
		Venti	1312	312	11.9	1.8	44.9	31	3.9	4.3	0.57	99
Caramel Macchiato - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], espresso shot - espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Short	440	106	4.5	3.8	13.1	12.3	2.1	1.9	0.31	33
		Tall	688	166	6.8	5.8	20.7	19.3	3.6	3.3	0.51	66
		Grande	886	213	8.6	7.5	27.2	25.7	4.7	4	0.64	66
		Venti	1079	259	10.2	8.8	33.6	31.7	5.6	5	0.78	99
Cortado - skimmed milk	Skimmed milk [skimmed MILK], whole bean roasted coffee	Short	189	45	0.5	0.2	5.6	4.7	0.2	4.3	0.16	66
Cortado - semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], whole bean roasted coffee	Short	237	56	1.9	1.7	5.5	4.6	0.2	4.3	0.16	66
Cortado - whole milk	Whole milk [whole MILK], whole bean roasted coffee	Short	302	72	3.7	2.2	5.4	4.6	0.2	4.2	0.16	66
Cortado - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], whole bean roasted coffee	Short	139	33	1.4	0.1	3.5	2.5	0.5	1.4	0.13	66
Cortado - soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], whole bean roasted coffee	Short	213	51	2	0.3	3.6	2.5	0.8	4.1	0.15	66
Cortado - oat drink	Oat drink [Oat base (water, OAT(10%), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], whole bean roasted coffee	Short	280	67	3.1	0.3	7.4	3.3	1.2	1.7	0.18	66
Cortado - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], whole bean roasted coffee	Short	217	53	2.6	2.3	4.4	3.5	1.7	1.9	0.24	66
Espresso	Whole bean roasted coffee	Short	22	5	0.1	0	0.5	0.1	0.1	0.5	0.03	33
		Doppio	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66
Espresso Con Panna	Reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], whole bean roasted coffee	Short	240	58	5.2	3.7	1.9	1.4	0.1	0.8	0.04	33
		Doppio	303	73	6.3	4.4	2.6	1.8	0.2	1.4	0.07	66
Espresso Macchiato - skimmed milk	Espresso shot - espresso roast as brewed [whole bean roasted coffee], skimmed milk [skimmed MILK]	Short	30	7	0.1	0	0.7	0.3	0.1	0.7	0.03	33
		Doppio	68	16	0.3	0.1	1.8	0.9	0.2	1.5	0.07	66
Espresso Macchiato - semi-skimmed milk	Espresso shot - espresso roast as brewed [whole bean roasted coffee], semi skimmed milk [semi skimmed MILK]	Short	32	8	0.2	0.1	0.7	0.3	0.1	0.7	0.03	33
		Doppio	76	18	0.5	0.3	1.8	0.9	0.2	1.5	0.07	66
Espresso Macchiato - whole milk	Espresso shot - espresso roast as brewed [whole bean roasted coffee], whole milk [whole MILK]	Short	36	9	0.3	0.1	0.7	0.3	0.1	0.7	0.03	33
		Doppio	87	21	0.8	0.4	1.7	0.9	0.2	1.5	0.07	66
Espresso Macchiato - almond drink	Espresso shot - espresso roast as brewed [whole bean roasted coffee], almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt]	Short	27	6	0.2	0	0.6	0.2	0.1	0.5	0.03	33
		Doppio	60	14	0.4	0.1	1.4	0.5	0.3	1	0.07	66

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Espresso Macchiato – soya drink	Whole bean roasted coffee, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]]	Short	31	7	0.2	0	0.6	0.2	0.1	0.6	0.03	33
		Doppio	72	17	0.5	0.1	1.4	0.5	0.3	1.5	0.07	66
Espresso Macchiato – oat drink	Whole bean roasted coffee, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).]	Short	35	8	0.3	0	0.8	0.2	0.2	0.5	0.03	33
		Doppio	84	20	0.7	0.1	2.1	0.7	0.4	1.1	0.08	66
Espresso Macchiato – coconut drink	Whole bean roasted coffee, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.]	Short	31	7	0.2	0.1	0.7	0.3	0.2	0.5	0.04	33
		Doppio	73	18	0.6	0.4	1.6	0.7	0.5	1.1	0.09	66
Flat White – skimmed milk	Skimmed milk [skimmed MILK], espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	302	72	0.7	0.3	9.2	8.3	0.2	6.9	0.24	66
Flat White – semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	387	92	3.1	2.9	9	8.1	0.2	6.9	0.24	66
Flat White – whole milk	Whole milk [whole MILK], espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	501	119	6.3	3.9	8.8	8	0.2	6.7	0.23	66
Flat White – almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	213	51	2.3	0.2	5.4	4.4	0.7	1.8	0.19	66
Flat White – soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	344	82	3.5	0.6	5.6	4.4	1.2	6.6	0.23	66
Flat White – oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	463	111	5.3	0.6	12.4	5.7	1.9	2.3	0.28	66
Flat White – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	351	85	4.5	4	6.9	6.1	2.8	2.6	0.38	66
Freshly Brewed Coffee	Pike place coffee as brewed [whole bean roasted coffee]	Short	96	24	1.2	0.2	1	0.2	1.2	1.4	0.30	70
		Tall	140	35	1.8	0.4	1.4	0.4	1.8	2.1	0.44	102
		Grande	188	47	2.4	0.5	1.9	0.5	2.4	2.8	0.59	136
		Venti	236	59	3	0.6	2.4	0.6	3	3.5	0.74	171
Latte Macchiato – skimmed milk	Skimmed milk [skimmed MILK], espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	264	63	0.6	0.2	8.1	7.7	0.1	6	0.20	33
		Tall	430	102	1	0.4	13.2	12.3	0.2	9.8	0.34	66
		Grande	563	133	1.3	0.5	17.4	16.5	0.2	12.9	0.43	66
		Venti	731	173	1.7	0.6	22.5	21.2	0.3	16.8	0.57	99
Latte Macchiato – semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	343	82	2.8	2.7	8	7.6	0.1	6	0.20	33
		Tall	557	132	4.5	4.4	12.9	12.1	0.2	9.8	0.33	66
		Grande	734	174	6	5.9	17.1	16.2	0.2	12.9	0.42	66
		Venti	950	226	7.8	7.5	22.1	20.8	0.3	16.8	0.56	99
Latte Macchiato – whole milk	Whole milk [whole MILK], espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	450	107	5.8	3.7	7.8	7.4	0.1	5.9	0.20	33
		Tall	727	173	9.4	5.9	12.7	11.8	0.2	9.6	0.32	66
		Grande	963	229	12.5	7.9	16.7	15.9	0.2	12.6	0.42	66
		Venti	1244	296	16.1	10.1	21.6	20.4	0.3	16.3	0.54	99

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Latte Macchiato – almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	181	43	2	0.2	4.6	4	0.6	1.3	0.16	33
		Tall	297	71	3.3	0.3	7.6	6.5	1	2.2	0.26	66
		Grande	385	92	4.3	0.4	9.9	8.7	1.3	2.7	0.33	66
		Venti	503	121	5.6	0.5	12.9	11.2	1.7	3.6	0.44	99
Latte Macchiato – soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	304	72	3.1	0.5	4.8	4	1.1	5.7	0.19	33
		Tall	493	117	5.1	0.8	7.9	6.5	1.8	9.3	0.31	66
		Grande	648	154	6.7	1.1	10.2	8.7	2.3	12.2	0.40	66
		Venti	841	200	8.7	1.4	13.3	11.2	3	15.9	0.52	99
Latte Macchiato – oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	415	99	4.9	0.5	11.2	5.3	1.7	1.7	0.24	33
		Tall	671	160	7.9	0.8	18	8.5	2.8	3	0.39	66
		Grande	888	212	10.5	1.1	23.9	11.4	3.6	3.7	0.50	66
		Venti	1147	274	13.5	1.4	30.9	14.7	4.7	4.9	0.65	99
Latte Macchiato – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], espresso shot – espresso roast as brewed [whole bean roasted coffee]	Short	310	75	4.1	3.7	6.1	5.6	2.5	2.1	0.33	33
		Tall	503	122	6.6	5.9	9.9	9	4	3.5	0.53	66
		Grande	662	161	8.8	7.9	13	12.1	5.4	4.4	0.70	66
		Venti	858	208	11.3	10.1	16.8	15.5	6.9	5.8	0.91	99
Misto – skimmed milk	Pike place coffee as brewed [whole bean roasted coffee], skimmed milk [skimmed MILK]	Short	198	48	0.9	0.2	5.2	4.9	0.6	4.2	0.26	35
		Tall	383	92	1.5	0.4	10.5	9.9	0.9	8.2	0.45	54
		Grande	464	111	1.8	0.5	12.8	12.1	1.1	10	0.54	63
		Venti	632	151	2.4	0.7	17.5	16.7	1.4	13.6	0.73	82
Misto – semi-skimmed milk	Pike place coffee as brewed [whole bean roasted coffee], semi skimmed milk [semi skimmed MILK]	Short	248	59	2.3	1.8	5.1	4.8	0.6	4.2	0.26	35
		Tall	484	116	4.4	3.6	10.3	9.7	0.9	8.2	0.45	54
		Grande	589	141	5.3	4.4	12.5	11.9	1.1	10	0.54	63
		Venti	802	192	7.2	6.1	17.2	16.3	1.4	13.6	0.72	82
Misto – whole milk	Pike place coffee as brewed [whole bean roasted coffee], whole milk [whole MILK]	Short	314	75	4.2	2.4	5	4.7	0.6	4.1	0.25	35
		Tall	620	148	8.2	4.8	10.1	9.5	0.9	8	0.44	54
		Grande	755	181	10	5.9	12.3	11.6	1.1	9.7	0.53	63
		Venti	1031	247	13.7	8.1	16.8	16	1.4	13.3	0.71	82
Misto – almond drink	Pike place coffee as brewed [whole bean roasted coffee], almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt]	Short	147	36	1.8	0.2	3	2.6	0.9	1.2	0.23	35
		Tall	277	67	3.4	0.4	6	5.3	1.5	2.1	0.39	54
		Grande	335	81	4.1	0.5	7.3	6.4	1.8	2.5	0.47	63
		Venti	454	110	5.5	0.6	10	8.8	2.4	3.4	0.63	82
Misto – soya drink	Pike place coffee as brewed [whole bean roasted coffee], soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]]	Short	223	53	2.5	0.4	3.1	2.6	1.2	4	0.25	35
		Tall	433	104	4.8	0.8	6.2	5.3	2.1	7.8	0.43	54
		Grande	526	126	5.8	1	7.6	6.4	2.6	9.5	0.52	63
		Venti	717	172	7.9	1.3	10.3	8.8	3.5	13	0.69	82

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Misto - oat drink	Pike place coffee as brewed [whole bean roasted coffee], oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).]	Short	292	70	3.6	0.4	7.1	3.4	1.6	1.5	0.28	35
		Tall	576	138	7	0.8	14.3	6.9	3	2.7	0.50	54
		Grande	700	168	8.5	1	17.5	8.4	3.6	3.3	0.59	63
		Venti	956	230	11.6	1.3	24	11.5	4.8	4.4	0.80	82
Misto - coconut drink	Pike place coffee as brewed [whole bean roasted coffee], coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.]	Short	227	55	3.1	2.4	3.9	3.6	2.1	1.7	0.34	35
		Tall	442	108	6	4.9	7.8	7.3	4	3.1	0.61	54
		Grande	536	131	7.3	5.9	9.6	8.9	4.8	3.8	0.74	63
		Venti	731	178	9.9	8.1	13.1	12.2	6.5	5.1	0.99	82



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Mocha & Hot Chocolate

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Classic Hot Chocolate - skimmed milk	Skimmed milk [skimmed MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	670	160	6.7	4.6	18.1	17.3	1.5	6	0.13	0.0
		Tall	999	238	8.6	5.8	28.5	27.3	2.2	10.6	0.24	0.0
		Grande	1232	294	10.2	6.9	36	34.4	2.9	13	0.29	0.0
		Venti	1506	358	11.1	7.3	45.7	43.8	3.6	17.2	0.39	0.0
Classic Hot Chocolate - semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	720	172	8.1	6.2	18	17.2	1.5	6	0.12	0.0
		Tall	1099	262	11.4	8.9	28.3	27.1	2.2	10.6	0.24	0.0
		Grande	1353	322	13.6	10.6	35.7	34.2	2.9	13	0.28	0.0
		Venti	1672	398	15.7	12.6	45.3	43.5	3.6	17.2	0.38	0.0
Classic Hot Chocolate - whole milk	Whole milk [whole MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	786	188	10	6.7	17.9	17.1	1.5	5.9	0.12	0.0
		Tall	1234	294	15.2	10.1	28.1	26.9	2.2	10.4	0.23	0.0
		Grande	1513	361	18.1	12.1	35.5	33.9	2.9	12.8	0.28	0.0
		Venti	1895	451	22	14.5	45	43.1	3.6	16.9	0.38	0.0
Classic Hot Chocolate - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	619	148	7.6	4.6	15.9	15	1.8	3	0.10	0.0
		Tall	894	214	10.4	5.7	24.1	22.7	2.8	4.6	0.18	0.0
		Grande	1108	265	12.4	6.8	30.7	28.9	3.6	5.8	0.22	0.0
		Venti	1333	318	14	7.2	38.4	36.1	4.6	7.2	0.29	0.0
Classic Hot Chocolate - soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	695	166	8.3	4.8	16	15	2.1	5.8	0.12	0.0
		Tall	1049	250	11.8	6.1	24.3	22.7	3.4	10.2	0.22	0.0
		Grande	1292	308	14	7.3	30.9	28.9	4.3	12.5	0.27	0.0
		Venti	1589	378	16.4	7.9	38.7	36.1	5.6	16.5	0.36	0.0
Classic Hot Chocolate - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	765	183	9.4	4.8	20	15.8	2.5	3.3	0.15	0.0
		Tall	1190	284	14	6.1	32.3	24.3	4.2	5.2	0.28	0.0
		Grande	1461	349	16.7	7.3	40.5	30.8	5.3	6.5	0.34	0.0
		Venti	1822	435	20	7.9	52	38.8	6.9	8.2	0.46	0.0
Classic Hot Chocolate - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	699	168	8.9	6.8	16.8	16	3	3.5	0.20	0.0
		Tall	1057	254	13	10.1	25.9	24.7	5.2	5.6	0.40	0.0
		Grande	1302	313	15.5	12.1	32.8	31.3	6.5	7	0.48	0.0
		Venti	1602	385	18.4	14.6	41.4	39.5	8.6	8.9	0.65	0.0

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Hot White Chocolate – skimmed milk	Skimmed milk [skimmed MILK], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	807	193	7.9	5.9	24.5	24.5	0	5.7	0.24	0.0
		Tall	1222	291	10.5	7.7	38.8	38.8	0	10.3	0.41	0.0
		Grande	1541	367	12.8	9.5	50.1	50.1	0	12.7	0.51	0.0
		Venti	1900	452	14.4	10.7	63.8	63.8	0	16.8	0.67	0.0
Hot White Chocolate – semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	857	204	9.3	7.4	24.4	24.4	0	5.7	0.23	0.0
		Tall	1322	315	13.3	10.9	38.6	38.6	0	10.3	0.40	0.0
		Grande	1661	396	16.2	13.3	49.9	49.9	0	12.7	0.51	0.0
		Venti	2067	492	19	15.9	63.4	63.4	0	16.8	0.66	0.0
Hot White Chocolate – whole milk	Whole milk [whole MILK], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	924	220	11.2	8	24.3	24.3	0	5.6	0.23	0.0
		Tall	1457	347	17.1	12.1	38.4	38.4	0	10.1	0.40	0.0
		Grande	1822	434	20.7	14.7	49.7	49.7	0	12.4	0.50	0.0
		Venti	2290	545	25.3	17.9	63.1	63.1	0	16.5	0.66	0.0
Hot White Chocolate – almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	756	181	8.8	5.9	22.3	22.2	0.3	2.7	0.21	0.0
		Tall	1117	267	12.3	7.7	34.4	34.2	0.6	4.2	0.35	0.0
		Grande	1416	338	15	9.5	44.9	44.6	0.7	5.4	0.44	0.0
		Venti	1728	412	17.4	10.6	56.4	56.1	1	6.9	0.57	0.0
Hot White Chocolate – soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	832	198	9.5	6.1	22.4	22.2	0.6	5.5	0.23	0.0
		Tall	1272	303	13.7	8.1	34.6	34.2	1.2	9.9	0.39	0.0
		Grande	1601	381	16.7	9.9	45.1	44.6	1.4	12.2	0.49	0.0
		Venti	1984	472	19.7	11.2	56.8	56.1	2	16.2	0.64	0.0
Hot White Chocolate – oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	902	215	10.6	6.1	26.4	23	1	3	0.26	0.0
		Tall	1413	337	15.9	8.1	42.6	35.8	2	4.8	0.45	0.0
		Grande	1769	422	19.3	9.9	54.7	46.5	2.4	6.2	0.56	0.0
		Venti	2216	529	23.3	11.2	70.1	58.8	3.3	7.8	0.74	0.0
Hot White Chocolate – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	836	200	10.1	8	23.2	23.2	1.5	3.2	0.31	0.0
		Tall	1280	307	14.9	12.1	36.2	36.2	3	5.2	0.56	0.0
		Grande	1611	386	18.1	14.7	47	47	3.6	6.6	0.70	0.0
		Venti	1997	479	21.7	17.9	59.4	59.4	5	8.5	0.93	0.0

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Chocolate – skimmed milk	Ice, skimmed MILK , Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	979	234	10.3	7.1	25.8	24.6	2.2	8.5	0.18	0.0
		Grande	1297	310	14.1	9.8	33.5	31.9	2.9	10.7	0.22	0.0
		Venti	1522	363	14.9	10.2	41.6	39.8	3.6	13.8	0.29	0.0
Iced Chocolate – semi-skimmed milk	Ice, semi skimmed MILK , Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1048	250	12.2	9.2	25.7	24.5	2.2	8.5	0.17	0.0
		Grande	1381	330	16.5	12.4	33.3	31.8	2.9	10.7	0.22	0.0
		Venti	1636	390	18.1	13.8	41.4	39.5	3.6	13.8	0.28	0.0
Iced Chocolate – whole milk	Ice, whole MILK , Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1139	272	14.8	10	25.5	24.4	2.2	8.3	0.17	0.0
		Grande	1494	357	19.7	13.4	33.1	31.6	2.9	10.6	0.21	0.0
		Venti	1789	427	22.4	15.1	41.2	39.3	3.6	13.6	0.28	0.0
Iced Chocolate – almond drink	Ice, water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt, Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	908	217	11.5	7	22.8	21.5	2.6	4.4	0.13	0.0
		Grande	1210	290	15.6	9.7	29.8	28.1	3.4	5.7	0.17	0.0
		Venti	1403	336	16.9	10.1	36.6	34.5	4.2	7	0.22	0.0
Iced Chocolate – soya drink	Ice, SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1013	242	12.4	7.3	22.9	21.5	3	8.2	0.16	0.0
		Grande	1339	320	16.8	10	29.9	28.1	3.9	10.4	0.20	0.0
		Venti	1579	377	18.5	10.6	36.9	34.5	4.9	13.4	0.27	0.0
Iced Chocolate – oat drink	Ice, Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2), Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1109	265	13.9	7.3	28.4	22.6	3.6	4.8	0.20	0.0
		Grande	1457	348	18.7	10	36.7	29.4	4.6	6.2	0.25	0.0
		Venti	1739	416	21	10.6	46	36.3	5.8	7.7	0.33	0.0
Iced Chocolate – coconut drink	Ice, Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring., Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Tall	1019	245	13.3	10	24	22.9	4.2	5	0.28	0.0
		Grande	1346	323	17.8	13.4	31.3	29.8	5.4	6.5	0.35	0.0
		Venti	1588	381	19.9	15.1	38.7	36.8	7	8.1	0.47	0.0

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced White Chocolate - skimmed milk	Ice, skimmed MILK , white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1206	288	12.2	9	36.2	36.2	0	8.1	0.34	0.0
		Grande	1610	384	16.8	12.4	47.8	47.8	0	10.4	0.44	0.0
		Venti	1920	458	18.2	13.5	59.9	59.9	0	13.5	0.57	0.0
Iced White Chocolate - semi-skimmed milk	Ice, semi skimmed MILK , white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1274	304	14.1	11.2	36.1	36.1	0	8.1	0.34	0.0
		Grande	1694	404	19.1	15.1	47.6	47.6	0	10.4	0.44	0.0
		Venti	2034	485	21.4	17.1	59.6	59.6	0	13.5	0.56	0.0
Iced White Chocolate - whole milk	Ice, whole MILK , white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1365	326	16.7	12	36	36	0	8	0.34	0.0
		Grande	1806	431	22.3	16.1	47.5	47.5	0	10.3	0.43	0.0
		Venti	2187	522	25.7	18.5	59.4	59.4	0	13.2	0.56	0.0
Iced White Chocolate - almond drink	Ice, water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt, white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1135	271	13.4	9	33.2	33.1	0.4	4.1	0.30	0.0
		Grande	1522	364	18.3	12.4	44.1	43.9	0.5	5.4	0.39	0.0
		Venti	1801	430	20.3	13.5	54.9	54.6	0.7	6.6	0.50	0.0
Iced White Chocolate - soya drink	Ice, SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1240	296	14.4	9.3	33.4	33.1	0.8	7.9	0.33	0.0
		Grande	1652	394	19.5	12.7	44.3	43.9	1	10.1	0.43	0.0
		Venti	1977	471	21.9	13.9	55.1	54.6	1.4	13	0.54	0.0
Iced White Chocolate - oat drink	Ice, Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2),., white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1335	319	15.9	9.3	38.8	34.2	1.4	4.5	0.37	0.0
		Grande	1769	423	21.3	12.7	51	45.3	1.7	5.9	0.48	0.0
		Venti	2137	510	24.4	13.9	64.2	56.4	2.3	7.3	0.61	0.0
Iced White Chocolate - coconut drink	Ice, Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring., white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1245	298	15.2	12	34.5	34.5	2	4.7	0.45	0.0
		Grande	1658	397	20.5	16.1	45.6	45.6	2.5	6.2	0.57	0.0
		Venti	1986	476	23.2	18.5	56.9	56.9	3.4	7.8	0.74	0.0

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Mocha - skimmed milk	Skimmed milk [skimmed MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	641	153	6.6	4.5	16.7	15.6	1.5	5.9	0.14	33
		Tall	933	223	8.5	5.7	25.8	23.9	2.3	9.6	0.24	66
		Grande	1218	290	10.2	6.8	34.8	32.5	2.9	13.2	0.33	66
		Venti	1418	338	11	7.2	42.1	39	3.7	15.6	0.39	99
Mocha - semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	686	164	7.9	5.9	16.6	15.5	1.5	5.9	0.14	33
		Tall	1010	241	10.6	8.1	25.7	23.7	2.3	9.6	0.24	66
		Grande	1330	317	13.4	10.3	34.6	32.3	2.9	13.2	0.32	66
		Venti	1546	368	14.6	11.2	41.8	38.7	3.7	15.6	0.38	99
Mocha - whole milk	Whole milk [whole MILK], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	745	178	9.6	6.4	16.5	15.4	1.5	5.8	0.14	33
		Tall	1111	265	13.5	9	25.5	23.6	2.3	9.4	0.24	66
		Grande	1481	353	17.6	11.7	34.4	32.1	2.9	12.9	0.32	66
		Venti	1716	409	19.4	12.7	41.6	38.5	3.7	15.4	0.38	99
Mocha - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	595	143	7.4	4.5	14.8	13.5	1.7	3.2	0.12	33
		Tall	854	204	9.9	5.6	22.5	20.4	2.7	5	0.20	66
		Grande	1101	263	12.3	6.7	29.9	27.4	3.6	6.4	0.26	66
		Venti	1286	307	13.3	7.1	36.5	33.1	4.5	8	0.31	99
Mocha - soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	664	158	8.1	4.7	14.9	13.5	2	5.7	0.13	33
		Tall	971	232	10.9	5.9	22.6	20.4	3.2	9.3	0.23	66
		Grande	1274	304	13.8	7.2	30.1	27.4	4.3	12.7	0.31	66
		Venti	1482	353	15.1	7.7	36.7	33.1	5.3	15.1	0.37	99
Mocha - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	726	174	9	4.7	18.4	14.2	2.4	3.5	0.16	33
		Tall	1078	258	12.6	5.9	28.7	21.6	3.8	5.5	0.27	66
		Grande	1431	342	16.3	7.2	39.1	29.2	5.2	7.1	0.37	66
		Venti	1660	396	17.9	7.7	46.9	35.2	6.3	8.8	0.44	99
Mocha - coconut drink	Coconut drink [Water, coconut milk (10%) , sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	667	160	8.6	6.4	15.6	14.4	2.8	3.6	0.21	33
		Tall	978	235	11.8	9	23.8	21.9	4.5	5.8	0.36	66
		Grande	1283	308	15.2	11.7	31.9	29.6	6.3	7.5	0.50	66
		Venti	1492	358	16.6	12.7	38.8	35.7	7.6	9.3	0.59	99

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Adults need around 2000kcal a day.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Signature Caramel Hot Chocolate – skimmed milk	Skimmed milk [skimmed MILK], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Short	966	230	8	5.4	30.5	29.4	2.3	7.6	0.22	14
		Tall	1381	329	10.1	6.7	45.2	43.6	3.5	12.1	0.34	20
		Grande	1753	417	12.1	8	58.4	56.5	4.6	15.7	0.42	27
		Venti	2110	501	13.3	8.7	72.3	69.9	5.8	19.7	0.53	34
Signature Caramel Hot Chocolate – semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Short	1046	249	10.2	7.9	30.4	29.3	2.3	7.6	0.21	13.6
		Tall	1513	360	13.8	10.9	44.9	43.4	3.5	12.1	0.33	14
		Grande	1923	458	16.9	13.4	58.1	56.1	4.6	15.7	0.42	20
		Venti	2327	553	19.3	15.5	71.8	69.5	5.8	19.7	0.52	27
Signature Caramel Hot Chocolate – whole milk	Whole milk [whole MILK], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Short	1153	275	13.3	8.8	30.2	29.1	2.3	7.4	0.21	34
		Tall	1690	403	18.8	12.4	44.6	43.1	3.5	11.9	0.32	14
		Grande	2151	512	23.4	15.4	57.8	55.8	4.6	15.3	0.41	20
		Venti	2617	623	27.6	18	71.4	69	5.8	19.3	0.51	27
Signature Caramel Hot Chocolate – almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Short	883	211	9.4	5.3	27	25.8	2.8	2.8	0.17	14
		Tall	1244	297	12.5	6.6	39.4	37.6	4.3	4.2	0.26	20
		Grande	1576	376	15.2	7.9	51	48.7	5.6	5.4	0.32	27
		Venti	1884	449	17.2	8.5	62.7	59.9	7.1	6.7	0.40	34
Signature Caramel Hot Chocolate – soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Short	1006	240	10.6	5.6	27.2	25.8	3.3	7.3	0.20	14
		Tall	1447	344	14.3	7.2	39.6	37.6	5.1	11.6	0.31	20
		Grande	1838	437	17.6	8.6	51.3	48.7	6.7	15	0.39	27
		Venti	2218	527	20.2	9.4	63.2	59.9	8.4	18.9	0.49	34
Signature Caramel Hot Chocolate – oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Short	1118	267	12.3	5.6	33.6	27.1	3.9	3.3	0.25	14
		Tall	1632	389	17.2	7.2	50.2	39.7	6.1	5	0.39	20
		Grande	2077	495	21.3	8.6	64.9	51.4	8	6.5	0.49	27
		Venti	2522	601	25	9.4	80.5	63.4	10.1	8	0.62	34

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Signature Caramel Hot Chocolate – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Short	1013	243	11.5	8.8	28.5	27.4	4.7	3.6	0.34	14
		Tall	1458	350	15.9	12.4	41.7	40.2	7.4	5.5	0.54	20
		Grande	1852	444	19.6	15.4	54	52.1	9.7	7.1	0.69	27
		Venti	2236	536	22.8	18.1	66.6	64.2	12.3	8.9	0.87	34
Signature Hazelnut Hot Chocolate – skimmed milk	Skimmed milk [skimmed MILK], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], hazelnut flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	912	217	7.4	5	28.5	27.2	2.5	7.8	0.19	14
		Tall	1321	314	9.5	6.3	42.9	41	3.6	12.3	0.31	20
		Grande	1688	402	11.6	7.7	56	53.5	4.8	15.8	0.40	27
		Venti	2040	485	12.7	8.3	69.6	66.5	5.9	19.9	0.51	34
Signature Hazelnut Hot Chocolate – semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], hazelnut flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	991	236	9.6	7.5	28.3	27.1	2.5	7.8	0.19	14
		Tall	1453	346	13.2	10.5	42.6	40.8	3.6	12.3	0.31	20
		Grande	1858	442	16.3	13	55.6	53.2	4.8	15.8	0.39	27
		Venti	2257	537	18.8	15.1	69.1	66.1	5.9	19.9	0.50	34
Signature Hazelnut Hot Chocolate – whole milk	Whole MILK, Reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Hazelnut flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.], Premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.]	Short	1098	262	12.7	8.5	28.2	26.9	2.5	7.6	0.19	14
		Tall	1630	388	18.2	12.1	42.4	40.5	3.6	12	0.30	20
		Grande	2087	497	22.8	15	55.3	52.8	4.8	15.5	0.38	27
		Venti	2547	606	27	17.7	68.7	65.6	5.9	19.4	0.49	34
Signature Hazelnut Hot Chocolate – almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], hazelnut flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	829	198	8.9	5	25	23.6	2.9	3	0.15	14
		Tall	1184	283	11.9	6.3	37.1	35	4.4	4.4	0.23	20
		Grande	1511	361	14.6	7.6	48.5	45.7	5.8	5.6	0.30	27
		Venti	1814	433	16.6	8.2	60	56.5	7.2	6.9	0.38	34
Signature Hazelnut Hot Chocolate – soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], hazelnut flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	951	227	10	5.3	25.2	23.6	3.4	7.4	0.18	14
		Tall	1387	330	13.8	6.8	37.4	35	5.2	11.8	0.29	20
		Grande	1773	422	17	8.2	48.8	45.7	6.8	15.1	0.37	27
		Venti	2148	511	19.6	9	60.4	56.5	8.5	19	0.46	34
Signature Hazelnut Hot Chocolate – oat drink	Oat drink [Oat base (water, OAT(10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], hazelnut flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	1063	254	11.7	5.3	31.5	24.8	4.1	3.4	0.23	14
		Tall	1572	375	16.7	6.8	47.9	37.1	6.3	5.1	0.37	20
		Grande	2012	480	20.8	8.2	62.4	48.4	8.2	6.6	0.47	27
		Venti	2452	585	24.4	9	77.8	60	10.3	8.2	0.59	34

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Signature Hazelnut Hot Chocolate – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], hazelnut flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate.], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	958	230	10.9	8.5	26.4	25.2	4.9	3.8	0.32	14
		Tall	1398	335	15.3	12.1	39.5	37.6	7.6	5.7	0.52	20
		Grande	1787	429	19.1	15	51.5	49.1	9.9	7.3	0.67	27
		Venti	2166	520	22.2	17.7	63.9	60.9	12.4	9	0.84	34
Signature Hot Chocolate – skimmed milk	Skimmed milk [skimmed MILK], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	770	184	7.4	5	20	19.1	2.5	7.8	0.19	14
		Tall	1109	264	9.5	6.3	30.2	28.9	3.6	12.3	0.31	20
		Grande	1405	335	11.6	7.7	39	37.3	4.8	15.8	0.40	27
		Venti	1686	402	12.7	8.3	48.4	46.2	5.9	19.9	0.51	34
Signature Hot Chocolate – semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	850	203	9.6	7.5	19.9	19	2.5	7.8	0.19	14
		Tall	1241	296	13.2	10.5	29.9	28.6	3.6	12.3	0.31	20
		Grande	1576	376	16.3	13	38.7	36.9	4.8	15.8	0.39	27
		Venti	1903	454	18.8	15.1	48	45.8	5.9	19.9	0.50	34
Signature Hot Chocolate – whole milk	Whole milk [whole MILK], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	957	228	12.7	8.5	19.7	18.8	2.5	7.6	0.19	14
		Tall	1418	338	18.2	12.1	29.7	28.3	3.6	12	0.30	20
		Grande	1804	430	22.8	15	38.4	36.6	4.8	15.5	0.38	27
		Venti	2194	523	27	17.7	47.5	45.3	5.9	19.4	0.49	34
Signature Hot Chocolate – almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	687	165	8.9	5	16.5	15.4	2.9	3	0.15	14
		Tall	972	233	11.9	6.3	24.4	22.8	4.4	4.4	0.23	20
		Grande	1228	294	14.6	7.6	31.5	29.4	5.8	5.6	0.30	27
		Venti	1461	349	16.6	8.2	38.9	36.2	7.2	6.9	0.38	34
Signature Hot Chocolate – soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	810	193	10	5.3	16.7	15.4	3.4	7.4	0.18	14
		Tall	1175	280	13.8	6.8	24.7	22.8	5.2	11.8	0.29	20
		Grande	1490	355	17	8.2	31.9	29.4	6.8	15.1	0.37	27
		Venti	1795	428	19.6	9	39.3	36.2	8.5	19	0.46	34
Signature Hot Chocolate – oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], reduced fat whipped cream [cream 34% (MILK), sugar (6%), propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	922	221	11.7	5.3	23.1	16.7	4.1	3.4	0.23	14
		Tall	1360	325	16.7	6.8	35.2	24.9	6.3	5.1	0.37	20
		Grande	1729	413	20.8	8.2	45.5	32.1	8.2	6.6	0.47	27
		Venti	2098	501	24.4	9	56.6	39.7	10.3	8.2	0.59	34
Signature Hot Chocolate – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Short	816	197	10.9	8.5	18	17	4.9	3.8	0.32	14
		Tall	1186	286	15.3	12.1	26.8	25.4	7.6	5.7	0.52	20
		Grande	1504	362	19.1	15	34.6	32.8	9.9	7.3	0.67	27
		Venti	1812	436	22.2	17.7	42.8	40.6	12.4	9	0.84	34

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
White Mocha - skimmed milk	Skimmed milk [skimmed MILK], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	816	195	8	5.9	24.6	24.2	0.1	5.9	0.26	33
		Tall	1220	291	10.6	7.8	38.4	37.5	0.2	10.2	0.43	66
		Grande	1560	372	13	9.5	50.4	49.5	0.2	13	0.55	66
		Venti	1932	460	14.6	10.7	64.2	62.9	0.3	17.5	0.73	99
White Mocha - semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	861	206	9.3	7.3	24.5	24.1	0.1	5.9	0.25	33
		Tall	1306	311	13	10.4	38.2	37.4	0.2	10.2	0.43	66
		Grande	1672	398	16.1	13.1	50.1	49.3	0.2	13	0.55	66
		Venti	2087	497	19	15.6	63.9	62.6	0.3	17.5	0.72	99
White Mocha - whole milk	Whole milk [whole MILK], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	922	220	11	7.9	24.4	24	0.1	5.8	0.25	33
		Tall	1421	339	16.3	11.5	38.1	37.2	0.2	10	0.42	66
		Grande	1823	434	20.4	14.4	49.9	49.1	0.2	12.8	0.54	66
		Venti	2295	547	24.9	17.4	63.6	62.3	0.3	17.2	0.72	99
White Mocha - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	769	184	8.9	5.9	22.6	22.1	0.4	3.2	0.23	33
		Tall	1131	270	12.2	7.7	34.6	33.6	0.7	5	0.38	66
		Grande	1444	345	15	9.5	45.4	44.4	0.9	6.3	0.48	66
		Venti	1770	422	17.4	10.6	57.4	55.8	1.3	8.2	0.64	99
White Mocha - soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	839	200	9.5	6.1	22.7	22.1	0.7	5.7	0.25	33
		Tall	1263	301	13.4	8	34.8	33.6	1.3	9.8	0.42	66
		Grande	1616	385	16.6	9.9	45.7	44.4	1.6	12.6	0.53	66
		Venti	2009	478	19.6	11.2	57.7	55.8	2.2	16.9	0.70	99
White Mocha - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	902	216	10.5	6.1	26.3	22.8	1	3.4	0.27	33
		Tall	1383	330	15.2	8	41.7	35	1.9	5.6	0.47	66
		Grande	1773	423	19.1	9.9	54.6	46.2	2.5	7	0.60	66
		Venti	2227	531	23	11.2	70.1	58.2	3.4	9.1	0.79	99
White Mocha - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Short	842	202	10	7.9	23.4	23	1.5	3.6	0.33	33
		Tall	1270	304	14.4	11.5	36.2	35.3	2.8	5.9	0.57	66
		Grande	1625	389	17.9	14.4	47.5	46.6	3.6	7.4	0.73	66
		Venti	2022	484	21.5	17.5	60.1	58.9	5	9.7	0.97	99

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Teas

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Chai Tea	Water, chai tea [black tea, ginger root, cinnamon, black pepper, cardamom extract, star anise, cloves, natural flavour/cardamom west indian oil]	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
Chai Tea Latte - skimmed milk	Skimmed milk [skimmed MILK], water, classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Short	440	104	0.3	0.1	21.1	21.1	1.2	3.5	0.12	46
		Tall	775	183	0.7	0.3	35.3	35.2	1.8	7.9	0.26	69
		Grande	896	212	0.7	0.3	42.7	42.6	2.4	7.4	0.25	92
		Venti	1166	275	1	0.4	54.8	54.7	3	10.3	0.34	115
Chai Tea Latte - semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], water, classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Short	488	116	1.7	1.6	21	21	1.2	3.5	0.11	46
		Tall	885	210	3.8	3.8	35.1	35	1.8	7.9	0.25	69
		Grande	998	236	3.5	3.5	42.5	42.4	2.4	7.4	0.24	92
		Venti	1307	309	4.9	4.8	54.6	54.4	3	10.3	0.33	115
Chai Tea Latte - whole milk	Whole milk [whole MILK], water, classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Short	553	131	3.5	2.2	20.9	20.9	1.2	3.4	0.11	46
		Tall	1032	245	8	5.1	34.9	34.8	1.8	7.7	0.25	69
		Grande	1134	269	7.4	4.7	42.3	42.2	2.4	7.2	0.24	92
		Venti	1497	355	10.3	6.5	54.3	54.2	3	10	0.33	115
Chai Tea Latte - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], water, classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Short	390	92	1.2	0.1	19	18.9	1.5	0.6	0.09	46
		Tall	661	157	2.7	0.2	30.5	30.2	2.5	1.3	0.19	69
		Grande	791	187	2.5	0.2	38.3	38	3	1.3	0.19	92
		Venti	1019	241	3.5	0.3	48.6	48.2	3.8	1.8	0.26	115
Chai Tea Latte - soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], water, classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Short	464	110	1.9	0.3	19.1	18.9	1.8	3.3	0.11	46
		Tall	830	196	4.2	0.7	30.7	30.2	3.1	7.5	0.24	69
		Grande	947	224	3.9	0.6	38.5	38	3.6	7	0.23	92
		Venti	1237	292	5.5	0.9	48.9	48.2	4.7	9.7	0.31	115
Chai Tea Latte - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], water, classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Short	531	126	2.9	0.3	22.9	19.6	2.2	0.9	0.14	46
		Tall	984	234	6.7	0.7	39.5	31.9	4	2	0.30	68.9
		Grande	1089	258	6.2	0.6	46.6	39.6	4.4	1.9	0.29	91.9
		Venti	1435	341	8.6	0.9	60.2	50.5	5.8	2.6	0.40	114.9
Chai Tea Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], water, classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Short	468	112	2.4	2.2	19.9	19.8	2.6	1.1	0.19	46
		Tall	839	201	5.6	5.1	32.4	32.4	5.1	2.4	0.43	69
		Grande	955	228	5.2	4.7	40.1	40	5.4	2.3	0.40	92
		Venti	1248	298	7.2	6.5	51.2	51	7.2	3.2	0.56	115

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Chamomile	Water, chamomile tea [camomile flower, blackberry leaf, lemongrass , rose petal, spearmint, lemon, hibiscus flower, lavender, marigold extract]	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
Earl Grey Tea	Water, black tea, natural flavouring	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
Emperor's Clouds & Mist Tea	Water, green tea	Short	1	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Tall	1	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Grande	1	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Venti	2	1	0.0	0.0	0.0	0.0	0.0	0.0	0.00	2
English Breakfast Tea	Water, English breakfast tea [black tea]	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	2
Hibiscus Tea	Water, hibiscus blend tea [hibiscus, cinnamon, lemongrass, apple bits, licorice root, natural flavouring]	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
Jasmine Pearls Tea	Skimmed milk [skimmed MILK], matcha blend [Matcha green tea]	Short	1	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Tall	1	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Grande	1	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Venti	3	1	0.0	0.0	0.0	0.0	0.0	0.0	0.00	2
Matcha Green Tea Latte – skimmed milk	Skimmed MILK , Matcha blend [Matcha green tea]	Short	202	48	0.4	0.2	6.3	6	0.3	4.6	0.14	19
		Tall	325	77	0.7	0.3	10.1	9.5	0.6	7.3	0.22	39
		Grande	479	114	1	0.4	14.9	13.8	1.1	10.7	0.31	66
		Venti	596	141	1.2	0.5	18.5	17.2	1.4	13.3	0.39	83
Matcha Green Tea Latte – semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], matcha blend [Matcha green tea]	Short	264	63	2.2	2.1	6.2	5.9	0.3	4.6	0.13	19
		Tall	424	101	3.4	3.4	9.9	9.3	0.6	7.3	0.21	39
		Grande	622	148	5	4.9	14.6	13.6	1.1	10.7	0.31	66
		Venti	773	184	6.2	6.1	18.2	16.8	1.4	13.3	0.38	83
Matcha Green Tea Latte – whole milk	Whole milk [whole MILK], matcha blend [Matcha green tea]	Short	348	83	4.5	2.9	6.1	5.8	0.3	4.4	0.13	19
		Tall	556	132	7.2	4.5	9.8	9.1	0.6	7.1	0.21	39
		Grande	814	194	10.4	6.6	14.3	13.3	1.1	10.4	0.30	66
		Venti	1012	241	13	8.2	17.8	16.5	1.4	13	0.37	83

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Matcha Green Tea Latte – almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], matcha blend [Matcha green tea]	Short	137	33	1.5	0.1	3.6	3.1	0.7	0.8	0.10	19
		Tall	223	53	2.4	0.2	5.8	5	1.2	1.4	0.16	39
		Grande	330	79	3.6	0.3	8.6	7.3	1.9	2.1	0.23	66
		Venti	411	99	4.4	0.4	10.7	9	2.4	2.7	0.28	83
Matcha Green Tea Latte – soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], matcha blend [Matcha green tea]	Short	233	55	2.4	0.4	3.7	3.1	1.1	4.3	0.12	19
		Tall	374	89	3.8	0.6	6	5	1.8	6.9	0.20	39
		Grande	550	131	5.6	0.9	8.9	7.3	2.8	10.1	0.29	66
		Venti	685	163	6.9	1.1	11.1	9	3.5	12.6	0.36	83
Matcha Green Tea Latte – oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], matcha blend [Matcha green tea]	Short	320	76	3.8	0.4	8.7	4.1	1.6	1.2	0.16	19.3
		Tall	512	122	6	0.6	13.9	6.6	2.6	2	0.26	38.5
		Grande	751	179	8.7	0.9	20.4	9.6	3.9	3	0.37	65.7
		Venti	933	223	10.8	1.1	25.3	11.9	4.9	3.7	0.46	83.4
Matcha Green Tea Latte – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], matcha blend [Matcha green tea]	Short	238	58	3.1	2.9	4.7	4.4	2.2	1.4	0.23	19
		Tall	382	93	5	4.5	7.6	7	3.6	2.4	0.37	39
		Grande	562	136	7.3	6.6	11.2	10.1	5.4	3.6	0.54	66
		Venti	699	170	9	8.2	13.9	12.6	6.7	4.4	0.67	83
Mint Citrus Green Tea	Water, mint citrus flavoured green tea [green tea, spearmint leaves, lemon verbena leaves, lemongrass , natural lemon flavouring]	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
Mint Herbal Blend	Water, harmonic mint blend [spearmint, peppermint leaves, lemon verbena leaves]	Short	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
Youthberry Tea	Water, youthberry tea [apple bits, white tea, candied pineapple bits [pineapple, sugar], hibiscus blossoms, candied mango bits [mango, sugar], rose hip peels, natural flavouring mango and pineapple, acai bits (acai, apple, apple juice concentrate, rice flour, acidity regulator: citric acid)]	Short	2	0	0	0	0	0	0	0	0.00	0
		Tall	2	0	0	0	0	0	0	0	0.00	0
		Grande	2	0	0	0	0	0	0	0	0.00	0
		Venti	3	1	0	0	0.1	0.1	0	0	0.00	0

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Adults need around 2000kcal a day.



Frozen / Iced Teas

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Classic Shaken Iced Green Tea	Ice, water, Green Tea Concentrate [water, iced green tea blend [green tea, spearmint, lemon verbena leaves, lemongrass, natural lemon flavouring]]	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	1
Classic Shaken Iced Green Tea Lemonade	Ice, lemonade [water, lemon juice (13.9%), sugar, lemon oil.], Green Tea Concentrate [water, iced green tea blend [green tea, spearmint, lemon verbena leaves, lemongrass, natural lemon flavouring]]	Tall	162	38	0.1	0.0	9.1	9.1	0.1	0.1	0.00	1
		Grande	217	52	0.1	0.0	12.3	12.3	0.1	0.1	0.00	1
		Venti	236	56	0.2	0.0	13.3	13.3	0.2	0.2	0.00	1
Classic Shaken Hibiscus Tea (Seasonal Only)	Ice, water, Hibiscus tea concentrate [water, hibiscus flower, acid: citric acid, natural flavouring, cinnamon, apple, licorice root, lemongrass, hibiscus fruit and elderberry extract]	Tall	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Grande	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
		Venti	0	0	0.0	0.0	0.0	0.0	0.0	0.0	0.00	0
Classic Shaken Hibiscus Tea Lemonade (Seasonal Only)	Ice, lemonade [water, lemon juice (13.9%), sugar, lemon oil.], Hibiscus tea concentrate [water, hibiscus flower, acid: citric acid, natural flavouring, cinnamon, apple, licorice root, lemongrass, hibiscus fruit and elderberry extract]	Tall	162	38	0.1	0.0	9.1	9.1	0.1	0.1	0.00	0
		Grande	217	52	0.1	0.0	12.3	12.3	0.1	0.1	0.00	0
		Venti	236	56	0.2	0.0	13.3	13.3	0.2	0.2	0.00	0
Iced Chai Tea Latte - skimmed milk	Ice, skimmed milk [skimmed MILK], classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Tall	648	153	0.5	0.2	31.3	31.2	1.8	5	0.17	69
		Grande	844	199	0.6	0.2	41.1	41	2.4	6.2	0.21	92
		Venti	1082	256	0.8	0.3	52.2	52.1	3	8.3	0.28	115
Iced Chai Tea Latte - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Tall	717	170	2.4	2.3	31.2	31.1	1.8	5	0.16	69
		Grande	928	220	3	2.9	40.9	40.8	2.4	6.2	0.20	92
		Venti	1197	283	4	3.9	52	51.9	3	8.3	0.27	115
Iced Chai Tea Latte - whole milk	Ice, whole milk [whole MILK], classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Tall	808	191	5	3.1	31	30.9	1.8	4.8	0.16	69
		Grande	1041	246	6.1	3.9	40.7	40.6	2.4	6	0.20	92
		Venti	1350	320	8.3	5.3	51.8	51.6	3	8.1	0.27	115
Iced Chai Tea Latte - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Tall	578	137	1.7	0.2	28.3	28.1	2.2	0.9	0.13	69
		Grande	756	179	2.1	0.2	37.4	37.1	2.9	1.1	0.16	92
		Venti	964	228	2.9	0.3	47.2	46.8	3.7	1.5	0.21	115
Iced Chai Tea Latte - soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Tall	682	161	2.7	0.4	28.4	28.1	2.6	4.7	0.15	69
		Grande	886	209	3.3	0.5	37.5	37.1	3.4	5.8	0.19	92
		Venti	1139	269	4.5	0.7	47.4	46.8	4.4	7.9	0.26	115
Iced Chai Tea Latte - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Tall	778	185	4.2	0.4	33.9	29.2	3.2	1.3	0.19	68.9
		Grande	1004	238	5.1	0.5	44.3	38.5	4.1	1.6	0.24	91.9
		Venti	1299	308	7	0.7	56.5	48.7	5.3	2.2	0.33	114.9
Iced Chai Tea Latte - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Tall	688	164	3.5	3.2	29.5	29.5	3.8	1.6	0.27	69
		Grande	893	213	4.3	3.9	38.9	38.8	4.9	2	0.34	92
		Venti	1149	274	5.8	5.3	49.2	49.1	6.4	2.6	0.46	115

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Matcha Green Tea Latte – skimmed milk	Skimmed milk [skimmed MILK], ice, matcha blend [Matcha green tea]	Tall	312	74	0.6	0.3	9.7	8.8	0.9	6.9	0.20	52.8
		Grande	402	95	0.8	0.3	12.4	11.1	1.3	8.9	0.25	79.2
		Venti	466	111	1	0.4	14.4	12.7	1.7	10.2	0.29	105.6
Iced Matcha Green Tea Latte – semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], ice, matcha blend [Matcha green tea]	Tall	404	96	3.2	3.1	9.5	8.7	0.9	6.9	0.20	52.8
		Grande	517	123	4	3.9	12.2	10.9	1.3	8.9	0.25	79.2
		Venti	597	142	4.6	4.5	14.1	12.4	1.7	10.2	0.28	105.6
Iced Matcha Green Tea Latte – whole milk	Whole milk [whole MILK], ice, matcha blend [Matcha green tea]	Tall	526	125	6.7	4.2	9.3	8.5	0.9	6.8	0.19	52.8
		Grande	670	160	8.4	5.3	12	10.7	1.3	8.7	0.24	79.2
		Venti	771	184	9.6	6	13.9	12.2	1.7	10	0.27	105.6
Iced Matcha Green Tea Latte – almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], ice, matcha blend [Matcha green tea]	Tall	217	52	2.3	0.2	5.7	4.6	1.4	1.5	0.15	52.8
		Grande	282	68	2.9	0.3	7.4	5.9	2	2	0.18	79.2
		Venti	331	79	3.3	0.3	8.7	6.7	2.5	2.4	0.21	105.6
Iced Matcha Green Tea Latte – soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], ice, matcha blend [Matcha green tea]	Tall	358	85	3.6	0.6	5.9	4.6	1.9	6.6	0.18	52.8
		Grande	459	109	4.5	0.7	7.6	5.9	2.7	8.4	0.23	79.2
		Venti	532	126	5.1	0.8	8.9	6.7	3.3	9.7	0.26	105.6
Iced Matcha Green Tea Latte – oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, matcha blend [Matcha green tea]	Tall	486	116	5.6	0.6	13.2	6.1	2.7	2	0.24	52.8
		Grande	620	148	7	0.7	16.8	7.7	3.6	2.7	0.30	79.2
		Venti	714	171	8	0.8	19.3	8.8	4.3	3.2	0.34	105.6
Iced Matcha Green Tea Latte – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, matcha blend [Matcha green tea]	Tall	365	89	4.7	4.2	7.3	6.5	3.6	2.4	0.34	52.8
		Grande	468	114	5.9	5.3	9.4	8.2	4.7	3.1	0.43	79.2
		Venti	542	131	6.7	6	11	9.3	5.6	3.7	0.49	105.6
Lemon Iced Tea (Seasonal Only)	Ice, Green Tea Concentrate [water, iced green tea blend [green tea, spearmint, lemon verbena leaves, lemongrass, natural lemon flavouring]], lemonade [water, lemon juice (13.9%), sugar, lemon oil.], citrus flavour syrup [Water, sugar, natural flavourings, acidity regulator: citric acid, colour: lutein, natural lemon and lime flavouring with other natural flavourings, natural orange flavouring, preservative: potassium sorbate, thickener: xanthan gum]	Tall	223	53	0.1	0	12.8	12.6	0.1	0.1	0.00	1
		Grande	310	73	0.1	0	17.8	17.5	0.1	0.1	0.00	1
		Venti	393	93	0.1	0	22.6	22.2	0.1	0.1	0.00	1
Peach Iced Tea	Ice, Green Tea Concentrate [water, iced green tea blend [green tea, spearmint, lemon verbena leaves, lemongrass, natural lemon flavouring]], lemonade [water, lemon juice (13.9%), sugar, lemon oil.], peach flavour syrup [Water, sugar, natural flavourings, acidity regulator: citric acid, colours: paprika extract, anthocyanins; preservative: potassium sorbate, thickener: xanthan gum]	Tall	225	53	0.1	0	12.9	12.6	0.1	0.1	0.00	1
		Grande	313	74	0.1	0	17.9	17.5	0.1	0.1	0.00	1
		Venti	396	94	0.1	0	22.8	22.2	0.1	0.1	0.00	1

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Cold Craft

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cold Brew	Cold brew as brewed [arabica coffee], ice	Tall	68	16	1	0.2	0	0	1	1.2	0.26	37
		Grande	92	22	1.4	0.3	0	0	1.4	1.7	0.35	50
		Venti	116	28	1.8	0.4	0	0	1.8	2.1	0.44	63
Cold Brew Latte – skimmed milk	Skimmed milk [skimmed MILK], cold brew – concentrated [arabica coffee], ice	Tall	306	73	1	0.3	9	8.1	0.5	6.6	0.31	39
		Grande	406	97	1.3	0.4	11.9	10.7	0.7	8.8	0.41	52
		Venti	501	119	1.8	0.5	14.5	12.7	1	10.7	0.53	77
Cold Brew Latte – semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], cold brew – concentrated [arabica coffee], ice	Tall	390	93	3.3	2.9	8.8	7.9	0.5	6.6	0.30	39
		Grande	517	123	4.4	3.9	11.7	10.5	0.7	8.8	0.40	52
		Venti	631	151	5.4	4.6	14.2	12.4	1	10.7	0.53	77
Cold Brew Latte – whole milk	Whole milk [whole MILK], cold brew – concentrated [arabica coffee], ice	Tall	502	120	6.5	3.9	8.7	7.8	0.5	6.5	0.30	39
		Grande	665	159	8.6	5.2	11.5	10.3	0.7	8.6	0.40	52
		Venti	806	192	10.4	6.2	14	12.2	1	10.4	0.52	77
Cold Brew Latte – almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], cold brew – concentrated [arabica coffee], ice	Tall	220	53	2.5	0.3	5.3	4.3	1	1.6	0.26	39
		Grande	291	70	3.3	0.4	7.1	5.7	1.3	2.2	0.34	52
		Venti	365	88	4.1	0.5	8.8	6.7	1.8	2.9	0.46	77
Cold Brew Latte – soya drink	Soya drink [Soya base [water, hulled SOYA beans (7.9%)], sugar, fructose, acidity regulators: potassium phosphates; calcium carbonate, sea salt, natural flavouring, stabiliser: gellan gum.], cold brew – concentrated [arabica coffee], ice	Tall	346	83	3.4	0.6	6.3	5.4	1.4	6	0.35	39
		Grande	459	110	4.5	0.8	8.4	7.2	1.8	7.9	0.46	52
		Venti	563	135	5.5	1	10.3	8.5	2.3	9.6	0.60	77
Cold Brew Latte – oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], cold brew – concentrated [arabica coffee], ice	Tall	494	117	5.5	0.6	11.2	5.5	2.2	6.1	0.34	38.7
		Grande	655	156	7.3	0.8	14.8	7.3	2.9	8.1	0.45	51.8
		Venti	806	191	8.8	1	17.5	8.6	3.6	11.6	0.59	76.9
Cold Brew Latte – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], cold brew – concentrated [arabica coffee], ice	Tall	355	86	4.7	3.9	6.8	5.9	3	2.5	0.44	39
		Grande	470	115	6.2	5.2	9.1	7.9	4	3.3	0.58	52
		Venti	576	140	7.5	6.2	11.1	9.3	4.9	4.2	0.74	77
Nitro Cold Brew	Cold brew as brewed [arabica coffee]	Tall	115	28	1.7	0.3	0	0	1.7	2.1	0.43	63
		Grande	157	38	2.4	0.5	0	0	2.4	2.9	0.60	86
		Venti	221	54	3.3	0.7	0	0	3.3	4	0.84	120
Nitro Cappuccino	Cold brew as brewed [arabica coffee], skimmed milk [skimmed MILK]	Tall	193	46	1.4	0.3	3.6	3.6	1.2	4.1	0.38	63
		Grande	260	62	1.9	0.5	4.8	4.8	1.6	5.5	0.52	86
		Venti	360	86	2.8	0.7	6.3	6.3	2.4	7.5	0.75	88
Nitro Latte	Cold brew as brewed [arabica coffee], Vanilla Cream Foam [skimmed MILK , water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate]	Tall	493	117	1.6	0.4	18.4	18.2	1.2	6.5	0.46	42.9
		Grande	522	124	2.1	0.5	18.4	18.2	1.6	7	0.57	58.6
		Venti	577	137	2.9	0.7	18.4	18.2	2.4	8	0.77	88.2



Iced Coffee

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Classic Iced Cappuccino - skimmed milk	Skimmed milk [skimmed MILK], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66
		Grande	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66
		Venti	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99
Classic Iced Cappuccino - semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66
		Grande	507	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66
		Venti	591	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99
Classic Iced Cappuccino - whole milk	Whole milk [whole MILK], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66
		Grande	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66
		Venti	766	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99
Classic Iced Cappuccino - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	226	54	2.4	0.2	5.7	4.7	0.8	1.9	0.20	66
		Grande	273	65	3	0.3	7	5.9	0.9	2.1	0.24	66
		Venti	325	78	3.5	0.3	8.3	6.7	1.1	2.7	0.29	99
Classic Iced Cappuccino - soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	366	87	3.7	0.6	5.9	4.7	1.3	7	0.24	66
		Grande	450	107	4.6	0.7	7.2	5.9	1.6	8.5	0.29	66
		Venti	526	125	5.3	0.8	8.5	6.7	1.9	10	0.35	99
Classic Iced Cappuccino - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	494	118	5.7	0.6	13.2	6.2	2	2.4	0.29	66
		Grande	611	146	7.1	0.7	16.4	7.7	2.5	2.8	0.35	66
		Venti	709	169	8.2	0.8	19	8.8	2.9	3.5	0.42	99
Classic Iced Cappuccino - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66
		Grande	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66
		Venti	537	130	6.9	6.1	10.6	9.3	4.2	4	0.57	99
Iced Americano	Ice, water, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	43	10	0.2	0	1	0.1	0.2	0.9	0.06	66
		Grande	65	16	0.3	0.1	1.5	0.2	0.3	1.4	0.08	99
		Venti	86	21	0.5	0.1	2	0.3	0.5	1.9	0.11	132
Iced Brown Sugar Shaken Espresso - skimmed milk	Ice, skimmed milk [skimmed MILK], espresso shot - blonde roast as brewed [whole bean roasted coffee], brown sugar syrup [Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate, acidity regulator: citric acid]	Tall	315	74	0.6	0.2	12.3	11.4	0.2	4.8	0.18	56.7
		Grande	422	100	0.8	0.2	16.9	15.6	0.3	6.1	0.24	85.1
		Venti	523	123	0.9	0.3	21.3	19.5	0.5	7.2	0.29	113.4
Iced Brown Sugar Shaken Espresso - semi skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], espresso shot - blonde roast as brewed [whole bean roasted coffee], brown sugar syrup [Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate, acidity regulator: citric acid]	Tall	372	88	2.2	2	12.2	11.3	0.2	4.8	0.18	56.7
		Grande	492	117	2.7	2.4	16.8	15.4	0.3	6.1	0.23	85.1
		Venti	603	143	3.2	2.8	21.1	19.3	0.5	7.2	0.28	113.4
Iced Brown Sugar Shaken Espresso - whole milk	Ice, whole milk [whole MILK], espresso shot - blonde roast as brewed [whole bean roasted coffee], brown sugar syrup [Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate, acidity regulator: citric acid]	Tall	449	107	4.4	2.7	12.1	11.2	0.2	4.7	0.18	56.7
		Grande	586	139	5.4	3.3	16.7	15.3	0.3	6	0.23	85.1
		Venti	710	168	6.2	3.8	21	19.2	0.5	7.1	0.28	113.4
Iced Brown Sugar Shaken Espresso - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], espresso shot - blonde roast as brewed [whole bean roasted coffee], brown sugar syrup [Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate, acidity regulator: citric acid]	Tall	255	61	1.6	0.2	9.8	8.8	0.6	1.4	0.15	56.7
		Grande	350	83	2	0.2	13.9	12.4	0.8	1.9	0.20	85.1
		Venti	440	104	2.4	0.3	17.8	15.8	0.9	2.4	0.24	113.4
Iced Brown Sugar Shaken Espresso - soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], espresso shot - blonde roast as brewed [whole bean roasted coffee], brown sugar syrup [Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate, acidity regulator: citric acid]	Tall	343	81	2.4	0.4	9.9	8.8	0.9	4.6	0.17	56.7
		Grande	457	108	3	0.5	14	12.4	1.2	5.8	0.22	85.1
		Venti	563	133	3.5	0.6	17.9	15.8	1.4	6.9	0.27	113.4

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Brown Sugar Oat Shaken Espresso – oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], espresso shot – blonde roast as brewed [whole bean roasted coffee], brown sugar syrup [Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate, acidity regulator: citric acid]	Tall	424	101	3.7	0.4	14.5	9.7	1.4	1.7	0.21	56.7
		Grande	555	132	4.5	0.5	19.6	13.5	1.7	2.3	0.27	85.1
		Venti	675	160	5.3	0.6	24.3	17.1	2.1	2.9	0.32	113.4
Iced Brown Sugar Shaken Espresso – coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], espresso shot – blonde roast as brewed [whole bean roasted coffee], brown sugar syrup [Sugar, water, brown sugar (5%) [sugar, molasses], natural flavourings, preservative: potassium sorbate, acidity regulator: citric acid]	Tall	348	84	3.1	2.7	10.8	9.9	2	2	0.27	56.7
		Grande	463	111	3.8	3.3	15.1	13.8	2.4	2.6	0.35	85.1
		Venti	569	136	4.5	3.8	19.2	17.4	2.9	3.2	0.41	113.4
Iced Cappuccino with Cold Foam	Ice, skimmed milk [skimmed MILK], espresso shot – espresso roast as brewed [whole bean roasted coffee], simple syrup [sugar, water, preservative: potassium sorbate, acid: citric acid]	Tall	243	58	0.5	0.1	9.7	8.8	0.2	3.6	0.14	66
		Grande	325	77	0.5	0.2	13.4	12.6	0.2	4.5	0.17	66
		Venti	436	103	0.7	0.2	17.9	16.6	0.3	6	0.23	99
Iced Caramel Macchiato – skimmed milk	Skimmed milk [skimmed MILK], ice, espresso shot – espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Tall	561	133	1.8	0.9	21.6	20.3	0.2	7.4	0.29	66
		Grande	700	166	1.9	1	27.8	26.4	0.2	9.1	0.34	66
		Venti	837	198	2.1	1	33.8	31.9	0.3	10.6	0.40	99
Iced Caramel Macchiato – semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], ice, espresso shot – espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Tall	652	155	4.3	3.8	21.4	20.1	0.2	7.4	0.28	66
		Grande	815	193	5.1	4.6	27.6	26.2	0.2	9.1	0.33	66
		Venti	967	229	5.8	5.1	33.6	31.6	0.3	10.6	0.40	99
Iced Caramel Macchiato – whole milk	Whole milk [whole MILK], ice, espresso shot – espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Tall	774	184	7.8	4.9	21.2	19.9	0.2	7.2	0.28	66
		Grande	969	230	9.5	5.9	27.4	26	0.2	8.8	0.33	66
		Venti	1142	271	10.7	6.7	33.3	31.4	0.3	10.4	0.39	99
Iced Caramel Macchiato – almond drink	almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], ice, espresso shot – espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Tall	466	111	3.4	0.9	17.6	16.1	0.8	1.9	0.23	66
		Grande	581	138	4	0.9	22.8	21.1	0.9	2.2	0.27	66
		Venti	701	167	4.5	1	28.1	25.9	1.1	2.8	0.32	99
Iced Caramel Macchiato – soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], ice, espresso shot – espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Tall	606	144	4.7	1.2	17.8	16.1	1.3	7	0.27	66
		Grande	758	180	5.6	1.4	23	21.1	1.6	8.6	0.32	66
		Venti	902	214	6.3	1.5	28.3	25.9	1.9	10.1	0.38	99
Iced Caramel Macchiato – oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, espresso shot – espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Tall	734	175	6.7	1.2	25.1	17.5	2	2.5	0.32	66
		Grande	918	219	8.1	1.4	32.2	23	2.5	2.9	0.39	66
		Venti	1085	258	9.2	1.5	38.8	28	2.9	3.6	0.46	99

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Caramel Macchiato - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono- and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane]	Tall	614	147	5.8	4.9	19.2	17.9	3	2.9	0.43	66
		Grande	767	184	7	6	24.9	23.4	3.7	3.3	0.52	66
		Venti	912	219	7.9	6.7	30.4	28.5	4.3	4.1	0.61	99
Iced Latte - skimmed milk	Skimmed milk [skimmed MILK], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66
		Grande	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66
		Venti	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99
Iced Latte - semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66
		Grande	507	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66
		Venti	592	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99
Iced Latte - whole milk	Whole milk [whole MILK], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66
		Grande	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66
		Venti	767	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99
Iced Latte - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	226	54	2.4	0.2	5.7	4.7	0.8	1.9	0.20	66
		Grande	273	65	3	0.3	7	5.9	0.9	2.1	0.24	66
		Venti	326	78	3.5	0.3	8.3	6.7	1.1	2.7	0.29	99
Iced Latte - soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	366	87	3.7	0.6	5.9	4.7	1.3	7	0.24	66
		Grande	450	107	4.6	0.7	7.2	5.9	1.6	8.5	0.29	66
		Venti	527	125	5.3	0.9	8.5	6.7	1.9	10	0.35	99
Iced Latte - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	494	118	5.7	0.6	13.2	6.2	2	2.4	0.29	66
		Grande	611	146	7.1	0.7	16.4	7.7	2.5	2.8	0.35	66
		Venti	709	169	8.2	0.9	19	8.8	2.9	3.5	0.42	99
Iced Latte - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66
		Grande	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66
		Venti	537	130	6.9	6.1	10.6	9.3	4.3	4	0.57	99
Iced Latte Macchiato - skimmed milk	Skimmed milk [skimmed MILK], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	321	76	0.8	0.3	9.7	8.9	0.2	7.3	0.26	66
		Grande	392	93	0.9	0.3	12	11.2	0.2	9	0.31	66
		Venti	461	109	1.1	0.4	14	12.7	0.3	10.5	0.37	99
Iced Latte Macchiato - semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	412	98	3.3	3.1	9.6	8.7	0.2	7.3	0.25	66
		Grande	507	121	4.1	3.9	11.8	10.9	0.2	9	0.30	66
		Venti	592	141	4.8	4.5	13.7	12.5	0.3	10.5	0.36	99
Iced Latte Macchiato - whole milk	Whole milk [whole MILK], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	534	127	6.8	4.2	9.4	8.5	0.2	7.1	0.25	66
		Grande	661	157	8.5	5.3	11.6	10.7	0.2	8.8	0.30	66
		Venti	767	182	9.7	6	13.5	12.2	0.3	10.3	0.36	99
Iced Latte Macchiato - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	226	54	2.4	0.2	5.7	4.7	0.8	1.9	0.20	66
		Grande	273	65	3	0.3	7	5.9	0.9	2.1	0.24	66
		Venti	326	78	3.5	0.3	8.3	6.7	1.1	2.7	0.29	99
Iced Latte Macchiato - soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	366	87	3.7	0.6	5.9	4.7	1.3	7	0.24	66
		Grande	450	107	4.6	0.7	7.2	5.9	1.6	8.5	0.29	66
		Venti	527	125	5.3	0.9	8.5	6.7	1.9	10	0.35	99

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Iced Latte Macchiato - oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	494	118	5.7	0.6	13.2	6.2	2	2.4	0.29	66
		Grande	611	146	7.1	0.7	16.4	7.7	2.5	2.8	0.35	66
		Venti	709	169	8.2	0.9	19	8.8	2.9	3.5	0.42	99
Iced Latte Macchiato - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, espresso shot - espresso roast as brewed [whole bean roasted coffee]	Tall	373	91	4.8	4.2	7.4	6.5	3	2.8	0.40	66
		Grande	459	111	6	5.3	9	8.2	3.7	3.2	0.49	66
		Venti	537	130	6.9	6.1	10.6	9.3	4.3	4	0.57	99
Iced Mocha - skimmed milk	Skimmed milk [skimmed MILK], ice, Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso shot - espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1062	253	10.5	7.1	27.8	25.8	2.3	10.8	0.28	66
		Grande	1403	335	14.4	9.8	36.2	33.9	2.9	13.6	0.34	66
		Venti	1605	383	15.2	10.2	43.5	40.4	3.7	16.2	0.41	99
Iced Mocha - semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], ice, Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso shot - espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1153	275	13	10	27.6	25.7	2.3	10.8	0.28	66
		Grande	1518	363	17.6	13.4	36	33.7	2.9	13.6	0.34	66
		Venti	1736	414	18.8	14.3	43.2	40.1	3.7	16.2	0.40	99
Iced Mocha - whole milk	Whole milk [whole MILK], ice, Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso shot - espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1275	304	16.5	11	27.4	25.5	2.3	10.6	0.27	66
		Grande	1672	399	22	14.8	35.7	33.4	2.9	13.4	0.33	66
		Venti	1911	456	23.8	15.9	43	39.9	3.7	15.9	0.39	99
Iced Mocha - almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], ice, Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso shot - espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	967	232	12.1	7	23.8	21.6	2.8	5.3	0.23	66
		Grande	1284	307	16.5	9.7	31.1	28.6	3.6	6.7	0.27	66
		Venti	1470	352	17.5	10.1	37.7	34.4	4.5	8.3	0.33	99
Iced Mocha - soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], ice, Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso shot - espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1107	264	13.4	7.4	23.9	21.6	3.4	10.4	0.26	66
		Grande	1461	349	18.1	10.2	31.4	28.6	4.3	13.2	0.32	66
		Venti	1671	399	19.4	10.7	38	34.4	5.3	15.6	0.38	99
Iced Mocha - oat drink	oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], ice, Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso shot - espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1235	295	15.4	7.4	31.2	23.1	4.1	5.9	0.32	66
		Grande	1622	388	20.6	10.2	40.6	30.5	5.2	7.4	0.39	66
		Venti	1853	443	22.2	10.7	48.4	36.5	6.3	9.1	0.46	99
Iced Mocha - coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, Mocha Sauce [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], espresso shot - espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1115	268	14.5	11	25.4	23.5	5	6.2	0.42	66
		Grande	1470	353	19.5	14.8	33.2	30.9	6.4	7.9	0.52	66
		Venti	1681	404	20.9	15.9	40.1	37	7.7	9.6	0.61	99
Iced White Mocha - skimmed milk	Skimmed milk [skimmed MILK], ice, white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK (condensed skimmed MILK , sugar), coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], espresso shot - espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1319	314	12.6	9.1	39.4	38.6	0.2	10.7	0.45	66
		Grande	1746	417	17.2	12.5	51.7	50.9	0.2	13.5	0.57	66
		Venti	2034	485	18.6	13.6	62.9	61.6	0.3	16	0.69	99

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced White Mocha – semi-skimmed milk	Semi skimmed milk [semi skimmed MILK], ice, white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1410	336	15.1	12	39.3	38.4	0.2	10.7	0.45	66
		Grande	1861	444	20.4	16.2	51.5	50.7	0.2	13.5	0.56	66
		Venti	2165	516	22.3	17.7	62.7	61.4	0.3	16	0.68	99
Iced White Mocha – whole milk	Whole milk [whole MILK], ice, white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1532	366	18.6	13.1	39.1	38.2	0.2	10.5	0.44	66
		Grande	2015	481	24.8	17.5	51.3	50.4	0.2	13.3	0.56	66
		Venti	2339	558	27.3	19.3	62.4	61.1	0.3	15.8	0.67	99
Iced White Mocha – almond drink	Almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], ice, white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1224	293	14.2	9.1	35.4	34.4	0.8	5.2	0.39	66
		Grande	1627	389	19.2	12.5	46.7	45.6	0.9	6.6	0.5	66
		Venti	1899	454	21	13.6	57.2	55.6	1.1	8.2	0.61	99
Iced White Mocha – soya drink	Soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], ice, white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1363	325	15.5	9.5	35.6	34.4	1.3	10.3	0.43	66
		Grande	1801	430	20.8	12.9	46.9	45.6	1.6	13.1	0.54	66
		Venti	2097	500	22.8	14.1	57.4	55.6	1.9	15.5	0.66	99
Iced White Mocha – oat drink	Oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2)], ice, white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1492	356	17.5	9.5	42.9	35.8	2	5.8	0.49	66
		Grande	1965	469	23.4	12.9	56.1	47.4	2.5	7.3	0.61	66
		0.6l	2282	545	25.7	14.1	67.9	57.7	2.9	9	0.74	99
Iced White Mocha – coconut drink	Coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], espresso shot – espresso roast as brewed [whole bean roasted coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Tall	1372	329	16.6	13.1	37.1	36.2	3	6.1	0.59	66
		Grande	1813	435	22.2	17.5	48.8	47.9	3.7	7.8	0.75	66
		Venti	2110	506	24.4	19.3	59.5	58.2	4.3	9.5	0.89	99
Starbucks Doubleshot™ Iced Coffee	Ice, espresso shot – espresso roast as brewed [whole bean roasted coffee], Half and Half Cream Mix [whipping cream (MILK), whole MILK]	Mini	368	89	8.1	5	2.3	1.5	0.2	1.6	0.09	66
Starbucks Doubleshot™ Vanilla Iced Coffee	Ice, espresso shot – espresso roast as brewed [whole bean roasted coffee], Half and Half Cream Mix [whipping cream (MILK), whole MILK], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate]	Mini	444	107	8.1	5	6.8	5.8	0.2	1.6	0.09	66
Pink Coconut Starbucks Refresha® Drink	Strawberry slices (freeze dried), coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], ice, strawberry & acai flavour beverage base [Water, sugar, grape juice concentrate, green coffee extract, acid: citric acid, colouring concentrate from carrot, antioxidant: ascorbic acid, natural flavouring, preservative: potassium sorbate, colour: beta-carotene from blakeslea trispora.]	Tall	449	107	2.3	2.1	19.1	18.9	1.8	1.2	0.17	8
		Grande	603	143	3.1	2.7	25.5	25.3	2.5	1.6	0.23	11
		Venti	761	181	3.9	3.4	32.2	31.9	3.2	2.1	0.29	14
Strawberry Acai Starbucks Refresha® Drink	Water, strawberry slices (freeze dried), ice, strawberry & acai flavour beverage base [Water, sugar, grape juice concentrate, green coffee extract, acid: citric acid, colouring concentrate from carrot, antioxidant: ascorbic acid, natural flavouring, preservative: potassium sorbate, colour: beta-carotene from blakeslea trispora.]	Tall	288	68	0.1	0	15.9	15.7	0.5	0.3	0.00	8
		Grande	389	91	0.2	0	21.4	21.1	0.7	0.5	0.01	11
		Venti	493	116	0.2	0	27	26.7	0.9	0.6	0.01	14

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cool Lime Starbucks Refresha® Drink (Seasonal Only)	Ice, cool lime base [Ingredients: Water, sugar, white grape juice concentrate, flavouring, green coffee extract, antioxidants (citric acid E330, ascorbic acid E300)], water, freeze dried lime slice [freeze dried lime slices]	Tall	245	58	0.1	0	13.9	13.3	0.4	0.3	0.04	37
		Grande	320	75	0.1	0	18.2	17.5	0.4	0.3	0.05	49
		Venti	398	93	0.1	0	22.7	22	0.4	0.4	0.07	62

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Frappuccino®
Blended Beverage

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	765	182	7.9	5.5	24.9	24.1	0.1	2.6	0.31	15
		Tall	1062	253	10	6.9	36.6	35.3	0.1	3.9	0.47	23
		Grande	1454	346	13.7	9.5	50.3	48.6	0.2	4.9	0.64	33
		Venti	1699	404	14.5	9.9	62.5	60.2	0.2	5.4	0.78	42
Caramel Frappuccino® - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	790	188	8.6	6.3	24.9	24	0.1	2.6	0.31	15
		Tall	1102	262	11.1	8.1	36.5	35.3	0.1	3.9	0.46	23
		Grande	1503	358	15.1	11	50.2	48.5	0.2	4.9	0.63	33
		Venti	1752	417	16	11.6	62.4	60.1	0.2	5.4	0.78	42
Caramel Frappuccino® - whole milk	Ice, whole milk [whole MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	825	197	9.6	6.6	24.8	24	0.1	2.5	0.31	15
		Tall	1155	275	12.6	8.6	36.5	35.2	0.1	3.8	0.46	23
		Grande	1567	373	16.9	11.6	50.1	48.4	0.2	4.8	0.63	33
		Venti	1823	434	18	12.2	62.2	60	0.2	5.3	0.78	42
Caramel Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	738	176	8.4	5.5	23.8	22.9	0.2	1	0.30	15
		Tall	1021	243	10.7	6.9	34.9	33.5	0.4	1.5	0.44	23
		Grande	1404	335	14.6	9.5	48.2	46.3	0.5	2	0.61	33
		Venti	1643	391	15.4	9.9	60.1	57.8	0.5	2.2	0.75	42
Caramel Frappuccino® - soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	778	185	8.7	5.6	23.9	22.9	0.4	2.5	0.31	15
		Tall	1082	258	11.2	7	34.9	33.5	0.6	3.7	0.46	23
		Grande	1478	352	15.3	9.7	48.3	46.3	0.8	4.7	0.63	33
		Venti	1725	410	16.2	10.1	60.2	57.8	0.9	5.2	0.77	42
Caramel Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	814	194	9.3	5.6	25.9	23.3	0.6	1.2	0.32	15
		Tall	1138	271	12.1	7	38.1	34.1	0.9	1.7	0.48	23
		Grande	1546	368	16.4	9.7	52.1	47.1	1.1	2.3	0.65	33
		Venti	1800	428	17.3	10.1	64.5	58.6	1.3	2.5	0.80	42

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Caramel Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	780	186	9.1	6.6	24.3	23.4	0.9	1.3	0.35	15
		Tall	1085	259	11.7	8.6	35.6	34.3	1.3	1.9	0.53	23
		Grande	1482	354	15.9	11.6	49	47.3	1.6	2.4	0.71	33
		Venti	1729	412	16.8	12.2	61.1	58.9	1.8	2.7	0.87	42
Caramel Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	719	172	7.9	5.5	22.2	21.5	0	2.9	0.31	0
		Tall	986	235	9.9	6.9	32.1	31.1	0	4.4	0.46	0
		Grande	1330	317	13.7	9.5	43	41.7	0	5.5	0.61	0
		Venti	1578	376	14.4	10	55.1	53.4	0	6.4	0.78	0
Caramel Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	753	180	8.8	6.6	22.1	21.4	0	2.9	0.31	0
		Tall	1038	247	11.4	8.5	31.9	31	0	4.4	0.45	0
		Grande	1395	333	15.5	11.5	42.9	41.6	0	5.5	0.61	0
		Venti	1656	394	16.6	12.4	55	53.3	0	6.4	0.78	0
Caramel Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	799	191	10.1	7	22	21.3	0	2.9	0.31	0
		Tall	1108	264	13.4	9.2	31.8	30.9	0	4.2	0.45	0
		Grande	1481	353	17.9	12.3	42.8	41.5	0	5.3	0.60	0
		Venti	1759	419	19.5	13.3	54.8	53.1	0	6.3	0.77	0
Caramel Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	683	163	8.5	5.5	20.7	19.9	0.2	0.9	0.29	0
		Tall	931	222	10.9	6.9	29.7	28.7	0.3	1.2	0.42	0
		Grande	1263	302	14.8	9.5	40.2	38.8	0.4	1.6	0.57	0
		Venti	1498	357	15.8	9.9	51.7	49.9	0.5	1.8	0.73	0

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Caramel Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	736	176	9	5.6	20.7	19.9	0.4	2.8	0.30	0
		Tall	1012	241	11.6	7.1	29.8	28.7	0.6	4.1	0.45	0
		Grande	1362	325	15.7	9.7	40.3	38.8	0.8	5.2	0.60	0
		Venti	1617	385	16.9	10.2	51.9	49.9	0.9	6.1	0.76	0
Caramel Cream Frappuccino® - oat drink	ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	784	187	9.7	5.6	23.5	20.5	0.7	1.1	0.32	0
		Tall	1085	259	12.7	7.1	34	29.5	1	1.5	0.48	0
		Grande	1453	347	17.2	9.7	45.5	39.8	1.3	2	0.63	0
		Venti	1725	411	18.6	10.2	58.1	51.1	1.5	2.2	0.81	0
Caramel Cream Frappuccino® - coconut drink	ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carageenan.], caramel drizzle [sugar, dextrose, glucose syrup, butter (MILK), fructose, double cream (MILK), water, skimmed MILK powder, natural flavouring, emulsifier; SOYA lecithins, mono-and diglycerides of fatty acids, acidity regulator; sodium citrates, salt, stabiliser; triphosphates, anti-foaming agent; dimethyl polysiloxane], caramel flavour syrup [sugar, water, natural flavouring, preservative: potassium sorbate, acid: citric acid, caramel sugar syrup]	Mini	739	177	9.4	7	21.3	20.6	1	1.2	0.36	0
		Tall	1016	243	12.2	9.2	30.7	29.7	1.6	1.7	0.54	0
		Grande	1367	327	16.5	12.3	41.4	40.1	1.9	2.2	0.71	0
		Venti	1623	388	17.8	13.3	53.1	51.4	2.3	2.5	0.90	0
Chai Tea Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carageenan., classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Mini	623	149	6.6	4.7	19.2	18.9	0.4	2.9	0.27	14
		Tall	848	202	8.3	5.9	27.4	27	0.5	4.1	0.39	20
		Grande	1226	292	11.6	8.2	41.2	40.5	1	5.2	0.53	38
		Venti	1381	329	11.7	8.3	49.1	48.3	1	6.2	0.69	38
Chai Tea Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carageenan., classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Mini	657	157	7.6	5.8	19.1	18.8	0.4	2.9	0.27	14
		Tall	897	214	9.7	7.4	27.3	26.9	0.5	4.1	0.39	20
		Grande	1288	307	13.4	10.2	41	40.4	1	5.2	0.53	38
		Venti	1456	347	13.8	10.6	49	48.1	1	6.2	0.69	38
Chai Tea Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carageenan., classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Mini	703	168	8.9	6.2	19.1	18.7	0.4	2.8	0.27	14
		Tall	964	230	11.6	8	27.2	26.8	0.5	4	0.39	20
		Grande	1372	327	15.7	10.9	40.9	40.3	1	5.1	0.53	38
		Venti	1558	371	16.7	11.5	48.8	48	1	6	0.68	38
Chai Tea Cream Frappuccino® - almond drink	Ice, almond drink (water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt]. creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carageenan., classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Mini	587	140	7.2	4.7	17.7	17.3	0.6	0.8	0.25	14
		Tall	796	190	9.2	5.9	25.2	24.7	0.8	1.1	0.36	20
		Grande	1161	277	12.7	8.2	38.4	37.7	1.4	1.5	0.50	38
		Venti	1302	310	13.1	8.2	45.8	44.8	1.4	1.6	0.64	38

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Chai Tea Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Mini	640	153	7.7	4.8	17.8	17.3	0.8	2.7	0.27	14
		Tall	872	208	9.9	6.1	25.3	24.7	1.1	3.9	0.38	20
		Grande	1257	300	13.6	8.4	38.5	37.7	1.7	5	0.52	38
		Venti	1418	338	14.1	8.5	45.9	44.8	1.9	5.9	0.67	38
Chai Tea Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Mini	688	164	8.5	4.8	20.5	17.9	1	1	0.29	14
		Tall	942	225	11	6.1	29.3	25.5	1.5	1.4	0.41	20
		Grande	1344	321	15	8.4	43.5	38.7	2.2	1.9	0.56	38
		Venti	1525	363	15.8	8.5	52	46	2.5	2.1	0.72	38
Chai Tea Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., classic chai [brewed tea with spices and flavourings (water, black tea, sugar, ginger, cinnamon, black pepper, cloves, cardamom, natural flavouring, star anise), sugar, water, honey, ginger juice, acid: citric acid, vanilla extract, natural flavouring.]	Mini	643	154	8.1	6.2	18.3	18	1.4	1.2	0.33	14
		Tall	876	210	10.5	8	26.1	25.7	2	1.6	0.47	20
		Grande	1262	302	14.3	10.9	39.5	38.9	2.8	2.1	0.63	38
		Venti	1424	341	15	11.5	47.1	46.3	3.3	2.4	0.81	38
Chocolate Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	698	166	7.3	5.1	20.7	20	0.8	4	0.27	0
		Tall	906	216	9	6.3	27.9	27	0.8	5.4	0.41	0
		Grande	1251	298	12.6	8.8	38.5	37.3	1.2	7.1	0.56	0
		Venti	1483	353	13	9	49.7	48	1.5	8.6	0.73	0
Chocolate Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	732	175	8.3	6.2	20.6	19.9	0.8	4	0.27	0
		Tall	959	229	10.5	8	27.7	26.8	0.8	5.4	0.41	0
		Grande	1317	314	14.5	10.9	38.4	37.1	1.2	7.1	0.56	0
		Venti	1564	373	15.2	11.6	49.5	47.8	1.5	8.6	0.73	0
Chocolate Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	778	186	9.6	6.6	20.6	19.8	0.8	4	0.27	0
		Tall	1029	246	12.5	8.6	27.6	26.7	0.8	5.3	0.41	0
		Grande	1406	335	17	11.7	38.3	37	1.2	7	0.56	0
		Venti	1674	399	18.3	12.6	49.4	47.7	1.5	8.5	0.73	0
Chocolate Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	662	158	7.9	5.1	19.2	18.4	1	2	0.25	0
		Tall	851	203	10	6.3	25.5	24.5	1.2	2.3	0.38	0
		Grande	1181	282	13.8	8.8	35.6	34.2	1.6	3.1	0.52	0
		Venti	1398	333	14.4	9	46.1	44.3	2	3.7	0.68	0

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Chocolate Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	715	171	8.4	5.2	19.3	18.4	1.2	3.9	0.26	0
		Tall	932	222	10.7	6.5	25.6	24.5	1.5	5.2	0.40	0
		Grande	1284	306	14.7	9.1	35.7	34.2	2	6.8	0.55	0
		Venti	1524	363	15.6	9.3	46.3	44.3	2.5	8.3	0.72	0
Chocolate Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	763	182	9.2	5.2	22	18.9	1.5	2.2	0.28	0
		Tall	1006	240	11.9	6.5	29.9	25.4	1.9	2.6	0.43	0
		Grande	1377	329	16.2	9.1	41	35.3	2.5	3.5	0.59	0
		Venti	1638	391	17.4	9.3	52.8	45.6	3.1	4.2	0.77	0
Chocolate Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	718	172	8.8	6.6	19.8	19.1	1.9	2.3	0.32	0
		Tall	937	224	11.3	8.6	26.5	25.6	2.4	2.8	0.49	0
		Grande	1289	309	15.5	11.7	36.8	35.5	3.2	3.8	0.67	0
		Venti	1530	366	16.6	12.6	47.6	45.9	4	4.6	0.86	0
Coffee Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee]	Mini	580	138	6.6	4.7	17	16.5	0.1	2.5	0.27	15
		Tall	816	194	8.4	5.9	25.7	25	0.1	3.7	0.42	23
		Grande	1125	268	11.7	8.2	35.6	34.6	0.2	4.7	0.57	33
		Venti	1273	303	11.7	8.2	43.6	42.2	0.2	5.2	0.70	42
Coffee Frappuccino® - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee]	Mini	606	145	7.4	5.5	16.9	16.4	0.1	2.5	0.27	15
		Tall	856	204	9.5	7.1	25.7	24.9	0.1	3.7	0.41	23
		Grande	1173	280	13	9.7	35.5	34.5	0.2	4.7	0.57	33
		Venti	1326	316	13.2	9.9	43.4	42.1	0.2	5.2	0.69	42
Coffee Frappuccino® - whole milk	Ice, whole milk [whole MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee]	Mini	640	153	8.3	5.8	16.9	16.4	0.1	2.4	0.27	15
		Tall	909	217	11	7.6	25.6	24.8	0.1	3.6	0.41	23
		Grande	1238	295	14.9	10.3	35.4	34.4	0.2	4.6	0.57	33
		Venti	1397	333	15.3	10.5	43.3	42	0.2	5.1	0.69	42
Coffee Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee]	Mini	553	132	7.1	4.7	15.8	15.3	0.2	0.9	0.26	15
		Tall	774	185	9.1	5.9	24	23.2	0.4	1.3	0.39	23
		Grande	1075	257	12.5	8.2	33.5	32.3	0.5	1.8	0.54	33
		Venti	1217	290	12.7	8.2	41.2	39.7	0.5	2	0.67	42
Coffee Frappuccino® - soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee]	Mini	593	141	7.5	4.8	15.9	15.3	0.4	2.4	0.27	15
		Tall	836	199	9.6	6	24.1	23.2	0.6	3.6	0.41	23
		Grande	1149	274	13.2	8.4	33.6	32.3	0.8	4.5	0.56	33
		Venti	1299	309	13.4	8.4	41.3	39.7	0.9	5	0.69	42

For allergens including cereals containing gluten see ingredients in **BOLD CAPITALS**. All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Whilst we try to keep things separate we cannot guarantee any item is allergen free. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista. Adults need around 2000kcal a day.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Coffee Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee]	Mini	629	150	8	4.8	18	15.7	0.6	1.1	0.28	15
		Tall	892	213	10.5	6	27.3	23.8	0.9	1.6	0.43	23
		Grande	1217	290	14.3	8.4	37.5	33.1	1.1	2.1	0.59	33
		Venti	1374	327	14.6	8.4	45.6	40.6	1.3	2.3	0.72	42
Coffee Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee]	Mini	595	143	7.8	5.8	16.3	15.8	0.9	1.2	0.31	15
		Tall	839	201	10.1	7.6	24.7	24	1.3	1.7	0.48	23
		Grande	1153	276	13.8	10.3	34.4	33.3	1.6	2.3	0.65	33
		Venti	1304	311	14.1	10.5	42.2	40.8	1.8	2.5	0.78	42
Cookies & Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG , salt, natural flavouring.]	Mini	714	170	8.3	5.7	20.4	17.4	0.2	3.6	0.35	0
		Tall	1010	241	10.8	7.4	30.5	25.9	0.3	5.3	0.53	0
		Grande	1431	341	15.3	10.5	43.6	37	0.4	7.1	0.76	0
		Venti	1689	402	16.4	11.2	54.9	46.3	0.5	8.4	0.96	0
Cookies & Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG , salt, natural flavouring.]	Mini	748	179	9.2	6.8	20.3	17.3	0.2	3.6	0.35	0
		Tall	1062	253	12.3	9.1	30.4	25.8	0.3	5.3	0.53	0
		Grande	1499	358	17.2	12.6	43.5	36.8	0.4	7.1	0.75	0
		Venti	1768	421	18.7	13.7	54.7	46.1	0.5	8.4	0.95	0
Cookies & Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG , salt, natural flavouring.]	Mini	794	190	10.5	7.2	20.2	17.2	0.2	3.5	0.35	0
		Tall	1132	270	14.3	9.7	30.3	25.7	0.3	5.2	0.53	0
		Grande	1590	379	19.8	13.4	43.4	36.7	0.4	7	0.75	0
		Venti	1875	447	21.7	14.7	54.6	46	0.5	8.2	0.95	0
Cookies & Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG , salt, natural flavouring.]	Mini	678	162	8.9	5.7	18.9	15.8	0.4	1.5	0.32	0
		Tall	956	228	11.8	7.4	28.2	23.5	0.6	2.2	0.48	0
		Grande	1360	325	16.5	10.5	40.6	33.9	0.8	3	0.69	0
		Venti	1606	383	17.9	11.2	51.4	42.6	1	3.6	0.88	0

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Cookies & Cream Frappuccino® – soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carageenan.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG , salt, natural flavouring.]	Mini	731	175	9.4	5.8	18.9	15.8	0.6	3.4	0.35	0
		Tall	1036	247	12.5	7.6	28.3	23.5	0.9	5.1	0.52	0
		Grande	1465	349	17.4	10.7	40.8	33.9	1.2	6.8	0.74	0
		Venti	1728	412	19	11.5	51.6	42.6	1.5	8.1	0.94	0
Cookies & Cream Frappuccino® – oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carageenan.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG , salt, natural flavouring.]	Mini	779	186	10.1	5.8	21.7	16.4	0.9	1.7	0.37	0
		Tall	1109	265	13.6	7.6	32.4	24.4	1.3	2.5	0.55	0
		Grande	1560	372	18.9	10.7	46.2	34.9	1.8	3.4	0.78	0
		Venti	1840	439	20.7	11.5	57.9	43.9	2.1	4.1	0.99	0
Cookies & Cream Frappuccino® – coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carageenan.], chocolate chip inclusion [Self raising WHEAT flour (WHEAT flour, raising agents: monocalcium phosphate, sodium hydrogen carbonate; calcium, niacin, iron, thiamine), sugar, butter (MILK), milk chocolate (10%): [sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; white chocolate (10%): [sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: lecithin (SOYA); natural flavouring]; fat reduced cocoa powder, whole EGG , salt, natural flavouring.]	Mini	734	176	9.8	7.2	19.5	16.5	1.2	1.8	0.41	0
		Tall	1040	249	13.1	9.7	29.1	24.6	1.9	2.7	0.61	0
		Grande	1470	352	18.3	13.5	41.9	35.2	2.5	3.7	0.86	0
		Venti	1735	415	19.9	14.7	52.8	44.2	2.9	4.4	1.08	0
Double Chocolatey Chip Cream Frappuccino® – skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce – CBS [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract]	Mini	833	199	9.2	6.6	24.1	22.9	1.2	4.3	0.32	0
		Tall	1114	266	11.9	8.6	33.1	31.4	1.4	5.9	0.49	0
		Grande	1544	368	16.7	12.1	45.9	43.6	2	7.7	0.67	0
		Venti	1880	448	18.5	13.5	59.7	56.6	2.6	9.5	0.88	0
Double Chocolatey Chip Cream Frappuccino® – semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carageenan.], Mocha Sauce – CBS [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract], chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Mocha Drizzle [water, sugar, cocoa powder, fat–reduced cocoa powder, vanilla extract]	Mini	867	207	10.1	7.7	24	22.8	1.2	4.3	0.32	0
		Tall	1166	278	13.4	10.3	33	31.3	1.4	5.9	0.49	0
		Grande	1610	384	18.5	14.2	45.7	43.4	2	7.7	0.67	0
		Venti	1962	468	20.8	16.1	59.5	56.4	2.6	9.5	0.88	0

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Adults need around 2000kcal a day.

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Double Chocolate Chip Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	913	218	11.4	8.1	24	22.7	1.2	4.3	0.32	0
		Tall	1237	295	15.4	10.9	32.8	31.2	1.4	5.8	0.48	0
		Grande	1699	406	21.1	15	45.6	43.3	2	7.6	0.67	0
		Venti	2071	494	23.9	17	59.3	56.2	2.6	9.3	0.87	0
Double Chocolate Chip Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	797	191	9.8	6.6	22.6	21.3	1.4	2.3	0.30	0
		Tall	1059	253	12.9	8.6	30.7	29	1.7	2.7	0.46	0
		Grande	1475	353	17.9	12.1	43	40.5	2.4	3.7	0.63	0
		Venti	1795	429	20	13.4	56.1	52.8	3.1	4.6	0.83	0
Double Chocolate Chip Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	850	203	10.3	6.8	22.7	21.3	1.6	4.2	0.31	0
		Tall	1140	272	13.6	8.8	30.8	29	2.1	5.7	0.48	0
		Grande	1577	376	18.8	12.3	43.1	40.5	2.8	7.5	0.66	0
		Venti	1921	458	21.1	13.8	56.2	52.8	3.6	9.2	0.87	0
Double Chocolate Chip Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	898	215	11	6.8	25.4	21.9	1.9	2.5	0.33	0
		Tall	1214	290	14.8	8.8	35.1	29.8	2.5	3	0.51	0
		Grande	1670	399	20.3	12.3	48.4	41.6	3.3	4.1	0.70	0
		Venti	2035	486	22.9	13.8	62.7	54.1	4.3	5.1	0.91	0
Double Chocolate Chip Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], Mocha Drizzle [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract]	Mini	853	204	10.7	8.1	23.2	22	2.2	2.6	0.37	0
		Tall	1144	274	14.2	10.9	31.7	30	3	3.2	0.57	0
		Grande	1582	379	19.6	15	44.1	41.8	4	4.4	0.77	0
		Venti	1927	461	22.1	17	57.5	54.4	5.1	5.4	1.01	0
Espresso Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Mini	319	75	0.3	0.1	15.6	14.8	0.1	2.3	0.27	35
		Tall	441	104	0.4	0.1	21.5	20.5	0.2	3.2	0.38	48
		Grande	627	148	0.5	0.2	31.1	29.8	0.3	4.1	0.54	59
		Venti	767	181	0.6	0.2	38.7	37	0.3	4.5	0.66	66

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso Frappuccino® - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Mini	345	82	1	0.9	15.5	14.8	0.1	2.3	0.27	35
		Tall	477	113	1.4	1.3	21.4	20.4	0.2	3.2	0.38	48
		Grande	673	159	1.8	1.6	31.1	29.7	0.3	4.1	0.53	59
		Venti	817	193	2	1.8	38.6	36.9	0.3	4.5	0.65	66
Espresso Frappuccino® - whole milk	Ice, whole milk [whole MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Mini	380	90	2	1.2	15.4	14.7	0.1	2.3	0.27	35
		Tall	525	124	2.8	1.7	21.3	20.3	0.2	3.2	0.37	48
		Grande	734	173	3.5	2.1	31	29.6	0.3	4	0.53	59
		Venti	884	209	3.9	2.4	38.5	36.8	0.3	4.4	0.65	66
Espresso Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Mini	293	69	0.8	0.1	14.4	13.6	0.3	0.8	0.26	35
		Tall	404	96	1.1	0.1	19.9	18.8	0.4	1.1	0.36	48
		Grande	579	137	1.4	0.1	29.1	27.7	0.5	1.4	0.51	59
		Venti	714	169	1.5	0.2	36.5	34.7	0.6	1.5	0.63	66
Espresso Frappuccino® - soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Mini	332	78	1.1	0.2	14.5	13.6	0.5	2.2	0.27	35
		Tall	459	108	1.6	0.3	20	18.8	0.6	3.1	0.37	48
		Grande	650	153	2	0.3	29.2	27.7	0.8	3.9	0.53	59
		Venti	792	187	2.2	0.4	36.6	34.7	0.9	4.3	0.65	66
Espresso Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Mini	368	87	1.7	0.2	16.5	14	0.7	0.9	0.28	35
		Tall	509	120	2.3	0.3	22.8	19.4	0.9	1.3	0.39	48
		Grande	714	169	3	0.3	32.9	28.4	1.2	1.6	0.55	59
		Venti	862	204	3.3	0.4	40.6	35.5	1.3	1.8	0.68	66
Espresso Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], frappuccino roast soluble coffee [roasted soluble coffee], espresso shot - espresso roast as brewed [whole bean roasted coffee]	Mini	334	79	1.4	1.2	14.9	14.1	0.9	1	0.31	35
		Tall	462	110	2	1.7	20.6	19.5	1.3	1.4	0.43	48
		Grande	653	155	2.5	2.2	30	28.6	1.6	1.8	0.61	59
		Venti	796	189	2.8	2.4	37.4	35.7	1.8	2	0.73	66
Java Chip Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., frappuccino roast soluble coffee [roasted soluble coffee], water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	826	197	9	6.5	24.8	23.5	1	3.6	0.32	15
		Tall	1150	274	11.8	8.5	35.9	34	1.5	5.1	0.48	22
		Grande	1597	381	16.5	12	50	47.4	2	6.7	0.67	32
		Venti	1871	446	17.9	13	61.8	58.5	2.5	7.7	0.82	41
Java Chip Frappuccino® - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., frappuccino roast soluble coffee [roasted soluble coffee], water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	852	203	9.7	7.3	24.7	23.5	1	3.6	0.32	15
		Tall	1188	283	12.9	9.7	35.8	34	1.5	5.1	0.48	22
		Grande	1644	392	17.8	13.4	49.9	47.3	2	6.7	0.66	32
		Venti	1923	458	19.4	14.6	61.7	58.4	2.5	7.7	0.82	41

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Java Chip Frappuccino® - whole milk	Ice, whole milk [whole MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., frappuccino roast soluble coffee [roasted soluble coffee], water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	886	212	10.7	7.6	24.7	23.4	1	3.5	0.32	15
		Tall	1240	296	14.3	10.2	35.7	33.9	1.5	5.1	0.47	22
		Grande	1707	407	19.6	14	49.8	47.2	2	6.6	0.66	32
		Venti	1993	475	21.3	15.2	61.6	58.3	2.5	7.6	0.82	41
Java Chip Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., frappuccino roast soluble coffee [roasted soluble coffee], water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	799	191	9.5	6.5	23.6	22.3	1.2	2	0.31	15
		Tall	1110	265	12.5	8.5	34.2	32.3	1.7	2.8	0.45	22
		Grande	1548	370	17.4	11.9	47.9	45.2	2.3	3.8	0.64	32
		Venti	1817	433	18.8	13	59.5	56.1	2.8	4.6	0.79	41
Java Chip Frappuccino® - soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., frappuccino roast soluble coffee [roasted soluble coffee], water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	839	200	9.8	6.6	23.7	22.3	1.3	3.5	0.32	15
		Tall	1169	279	13	8.7	34.3	32.3	1.9	5	0.47	22
		Grande	1621	386	18	12.1	48	45.2	2.6	6.5	0.66	32
		Venti	1897	452	19.6	13.2	59.6	56.1	3.2	7.5	0.81	41
Java Chip Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., frappuccino roast soluble coffee [roasted soluble coffee], water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	875	209	10.4	6.6	25.8	22.7	1.5	2.2	0.33	15
		Tall	1223	292	13.9	8.7	37.4	32.9	2.2	3.1	0.49	22
		Grande	1686	403	19.1	12.1	51.8	46	3	4.1	0.68	32
		Venti	1970	470	20.7	13.2	63.8	56.9	3.6	4.9	0.84	41
Java Chip Frappuccino® - coconut drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan., frappuccino roast soluble coffee [roasted soluble coffee], water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract, chocolate chip [sugar, vegetable fats (palm, palm kernel, shea), alkalised fat reduced cocoa powder, wheat flour [WHEAT flour, calcium carbonate, iron, niacin, thiamin], fat reduced cocoa powder, vegetable oils (palm, rapeseed oil), salt, emulsifier: SOYA lecithins, raising agent: sodium bicarbonate, acidity regulator: sodium hydroxide.], water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract	Mini	841	201	10.1	7.6	24.1	22.8	1.8	2.3	0.36	15
		Tall	1172	280	13.5	10.2	34.9	33	2.6	3.2	0.54	22
		Grande	1624	388	18.6	14	48.8	46.1	3.4	4.3	0.74	32
		Venti	1901	454	20.2	15.3	60.4	57.1	4.1	5.1	0.90	41

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Matcha Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], matcha blend [Matcha green tea]	Mini	601	143	6.7	4.7	17.5	16.6	0.5	3.2	0.27	32
		Tall	857	204	8.4	5.9	26.9	25.6	0.8	4.9	0.42	50
		Grande	1202	286	11.8	8.3	38.2	36.2	1.2	6.4	0.59	73
		Venti	1350	321	11.8	8.3	45.8	43.3	1.5	7.2	0.70	91
Matcha Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], matcha blend [Matcha green tea]	Mini	635	152	7.6	5.8	17.4	16.5	0.5	3.2	0.27	32
		Tall	911	217	9.9	7.6	26.8	25.4	0.8	4.9	0.41	50
		Grande	1272	303	13.7	10.5	38.1	36.1	1.2	6.4	0.58	73
		Venti	1428	340	14	10.8	45.7	43.2	1.5	7.2	0.70	91
Matcha Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], matcha blend [Matcha green tea]	Mini	681	163	8.9	6.2	17.3	16.5	0.5	3.1	0.26	32
		Tall	984	235	12	8.2	26.7	25.3	0.8	4.8	0.41	50
		Grande	1366	326	16.4	11.3	37.9	35.9	1.2	6.3	0.58	73
		Venti	1533	365	17	11.7	45.5	43	1.5	7.1	0.70	91
Matcha Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], matcha blend [Matcha green tea]	Mini	565	135	7.3	4.7	16	15	0.7	1.1	0.25	32
		Tall	801	191	9.4	5.9	24.5	23.1	1.1	1.6	0.39	50
		Grande	1129	270	13	8.2	35.1	33	1.6	2.2	0.55	73
		Venti	1268	303	13.2	8.2	42.4	39.7	1.9	2.5	0.66	91
Matcha Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], matcha blend [Matcha green tea]	Mini	618	148	7.8	4.8	16	15	0.9	3	0.26	32
		Tall	884	211	10.1	6.1	24.7	23.1	1.5	4.6	0.41	50
		Grande	1237	295	14	8.5	35.3	33	2	6.2	0.57	73
		Venti	1389	331	14.3	8.6	42.5	39.7	2.4	6.9	0.69	91
Matcha Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], matcha blend [Matcha green tea]	Mini	666	159	8.5	4.8	18.8	15.6	1.2	1.3	0.28	32
		Tall	960	229	11.3	6.1	29	23.9	1.9	1.9	0.44	50
		Grande	1335	319	15.5	8.5	40.9	34.1	2.6	2.7	0.62	73
		Venti	1499	357	16.1	8.6	48.8	41	3	3	0.73	91
Matcha Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate], matcha blend [Matcha green tea]	Mini	621	149	8.2	6.2	16.6	15.7	1.5	1.5	0.32	32
		Tall	889	213	10.8	8.3	25.5	24.1	2.4	2.2	0.50	50
		Grande	1242	298	14.8	11.3	36.4	34.4	3.3	2.9	0.70	73
		Venti	1395	334	15.3	11.7	43.8	41.3	3.8	3.3	0.82	91
Mocha Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], frappuccino roast soluble coffee [roasted soluble coffee]	Mini	713	170	7.2	5	22.3	21.4	0.8	3.5	0.27	15
		Tall	926	221	8.9	6.2	29.9	28.8	0.8	4.5	0.40	22
		Grande	1276	304	12.5	8.7	41.1	39.6	1.2	5.9	0.53	30
		Venti	1522	362	12.9	8.9	53.3	51.2	1.6	7	0.69	41

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Mocha Frappuccino® - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], frappuccino roast soluble coffee [roasted soluble coffee]	Mini	739	176	7.9	5.8	22.2	21.4	0.8	3.5	0.27	15
		Tall	964	230	10	7.4	29.8	28.7	0.8	4.5	0.40	22
		Grande	1321	315	13.8	10.1	41	39.5	1.2	5.9	0.53	30
		Venti	1574	375	14.3	10.6	53.2	51.1	1.6	7	0.68	41
Mocha Frappuccino® - whole milk	Ice, whole milk [whole MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], frappuccino roast soluble coffee [roasted soluble coffee]	Mini	773	184	8.9	6.2	22.2	21.3	0.8	3.4	0.27	15
		Tall	1015	242	11.4	7.9	29.7	28.7	0.8	4.5	0.39	22
		Grande	1381	329	15.5	10.7	41	39.4	1.2	5.8	0.53	30
		Venti	1644	391	16.3	11.2	53.1	51	1.6	6.9	0.68	41
Mocha Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], frappuccino roast soluble coffee [roasted soluble coffee]	Mini	686	164	7.7	5	21.1	20.2	0.9	1.9	0.26	15
		Tall	886	211	9.6	6.2	28.2	27.1	1	2.3	0.38	22
		Grande	1230	293	13.3	8.7	39.2	37.5	1.5	3.2	0.51	30
		Venti	1468	350	13.8	8.9	51	48.8	1.9	3.9	0.66	41
Mocha Frappuccino® - soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], frappuccino roast soluble coffee [roasted soluble coffee]	Mini	726	173	8	5.1	21.2	20.2	1.1	3.4	0.27	15
		Tall	945	225	10.1	6.4	28.3	27.1	1.3	4.4	0.39	22
		Grande	1299	309	13.9	8.9	39.3	37.5	1.7	5.7	0.52	30
		Venti	1548	368	14.5	9.1	51.1	48.8	2.2	6.8	0.68	41
Mocha Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], frappuccino roast soluble coffee [roasted soluble coffee]	Mini	762	182	8.6	5.1	23.2	20.6	1.3	2.1	0.28	15
		Tall	998	238	11	6.4	31.3	27.7	1.6	2.5	0.41	22
		Grande	1362	325	14.9	8.9	42.8	38.3	2.1	3.4	0.55	30
		Venti	1621	386	15.7	9.1	55.3	49.7	2.6	4.2	0.71	41
Mocha Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], Mocha Sauce - CBS [water, sugar, cocoa powder, fat-reduced cocoa powder, vanilla extract], frappuccino roast soluble coffee [roasted soluble coffee]	Mini	728	174	8.3	6.2	21.6	20.7	1.5	2.2	0.31	15
		Tall	948	227	10.6	7.9	28.9	27.8	1.9	2.6	0.46	22
		Grande	1302	311	14.5	10.7	40	38.4	2.5	3.6	0.60	30
		Venti	1552	370	15.2	11.2	51.9	49.9	3.1	4.4	0.77	41
Strawberries & Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	783	186	6.7	4.7	28.3	26.8	0.4	3	0.28	0
		Tall	965	230	8.4	5.9	34.2	32.6	0.4	4.2	0.39	0
		Grande	1348	320	11.7	8.2	48.2	45.9	0.6	5.3	0.53	0
		Venti	1596	379	11.8	8.2	61.7	58.6	0.7	6.1	0.66	0
Strawberries & Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	817	194	7.7	5.8	28.2	26.7	0.4	3	0.28	0
		Tall	1015	241	9.8	7.4	34.1	32.5	0.4	4.2	0.39	0
		Grande	1409	335	13.4	10.1	48.1	45.8	0.6	5.3	0.53	0
		Venti	1668	396	13.8	10.5	61.6	58.5	0.7	6.1	0.66	0

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Strawberries & Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	863	205	9	6.2	28.1	26.7	0.4	3	0.28	0
		Tall	1081	257	11.6	8	34	32.4	0.4	4.1	0.39	0
		Grande	1490	355	15.7	10.8	48	45.7	0.6	5.2	0.52	0
		Venti	1763	419	16.5	11.3	61.4	58.3	0.7	6	0.66	0
Strawberries & Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	747	178	7.3	4.7	26.8	25.2	0.6	1	0.26	0
		Tall	914	218	9.3	5.8	32	30.3	0.7	1.2	0.36	0
		Grande	1284	306	12.8	8.2	45.6	43.1	0.9	1.7	0.49	0
		Venti	1522	362	13.1	8.2	58.6	55.3	1.2	1.9	0.62	0
Strawberries & Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	800	190	7.8	4.8	26.8	25.2	0.8	2.9	0.27	0
		Tall	990	235	10	6	32.1	30.3	1	4	0.38	0
		Grande	1378	328	13.7	8.4	45.7	43.1	1.3	5.1	0.52	0
		Venti	1632	387	14.1	8.5	58.7	55.3	1.6	5.9	0.65	0
Strawberries & Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2,), strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	848	202	8.6	4.8	29.6	25.8	1.1	1.2	0.29	0
		Tall	1059	252	11.1	6	36	31.1	1.4	1.5	0.41	0
		Grande	1463	348	15	8.4	50.6	44.1	1.8	2	0.55	0
		Venti	1732	412	15.7	8.5	64.4	56.5	2.2	2.3	0.69	0
Strawberries & Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], strawberry sauce [Strawberries (45%), water, sugar, waxy maize starch, lemon juice concentrate, natural flavouring, stabiliser: xanthan gum, colour: beta-carotene.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.]	Mini	803	192	8.2	6.2	27.4	25.9	1.4	1.3	0.33	0
		Tall	994	237	10.6	8	32.9	31.3	1.9	1.7	0.47	0
		Grande	1383	330	14.4	10.9	46.7	44.3	2.4	2.3	0.62	0
		Venti	1638	390	15	11.3	59.9	56.7	2.9	2.6	0.77	0
Vanilla Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate]	Mini	580	138	6.6	4.7	16.9	16.5	0	2.8	0.27	0
		Tall	810	193	8.3	5.9	25.4	24.8	0	4.2	0.41	0
		Grande	1101	263	11.6	8.2	34.3	33.5	0	5.3	0.54	0
		Venti	1279	305	11.7	8.3	43.7	42.7	0	6.2	0.69	0
Vanilla Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate]	Mini	614	147	7.6	5.8	16.8	16.5	0	2.8	0.27	0
		Tall	863	206	9.8	7.5	25.2	24.7	0	4.2	0.40	0
		Grande	1166	278	13.4	10.2	34.2	33.4	0	5.3	0.54	0
		Venti	1357	323	13.8	10.7	43.5	42.5	0	6.2	0.69	0
Vanilla Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate]	Mini	660	158	8.9	6.2	16.8	16.4	0	2.8	0.26	0
		Tall	933	223	11.8	8.2	25.1	24.6	0	4.1	0.40	0
		Grande	1253	299	15.9	11	34	33.3	0	5.2	0.54	0
		Venti	1460	348	16.8	11.6	43.4	42.4	0	6	0.69	0

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Vanilla Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate]	Mini	544	130	7.2	4.7	15.4	15	0.2	0.8	0.25	0
		Tall	756	181	9.3	5.9	23	22.4	0.3	1.1	0.37	0
		Grande	1034	247	12.8	8.2	31.4	30.6	0.4	1.4	0.51	0
		Venti	1199	286	13.1	8.2	40.3	39.1	0.5	1.5	0.65	0
Vanilla Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate]	Mini	597	143	7.7	4.8	15.5	15	0.4	2.7	0.26	0
		Tall	836	199	10	6.1	23.2	22.4	0.6	4	0.40	0
		Grande	1134	270	13.7	8.4	31.6	30.6	0.8	5	0.53	0
		Venti	1318	314	14.1	8.5	40.4	39.1	0.9	5.9	0.68	0
Vanilla Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate]	Mini	645	154	8.5	4.8	18.2	15.5	0.7	1	0.28	0
		Tall	910	217	11.1	6.1	27.3	23.2	1	1.4	0.43	0
		Grande	1224	292	15.1	8.4	36.7	31.6	1.3	1.8	0.57	0
		Venti	1426	340	15.8	8.5	46.6	40.4	1.5	2	0.73	0
Vanilla Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], vanilla flavour syrup [water, sugar, natural flavouring, acidity regulator: citric acid, preservative: potassium sorbate]	Mini	600	144	8.1	6.2	16	15.7	1	1.1	0.32	0
		Tall	841	202	10.6	8.2	24	23.4	1.6	1.6	0.49	0
		Grande	1139	273	14.4	11	32.6	31.9	1.9	2.1	0.64	0
		Venti	1324	317	15.1	11.6	41.7	40.7	2.3	2.3	0.81	0
White Chocolate Cream Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	667	159	7.4	5.3	19.8	19.5	0	3.4	0.30	0
		Tall	943	225	9.5	6.8	29.7	29.3	0	5.1	0.46	0
		Grande	1377	328	13.7	10	44.2	43.6	0	6.9	0.64	0
		Venti	1522	362	13.8	10	51.7	50.9	0	7.8	0.79	0
White Chocolate Cream Frappuccino® - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	701	167	8.3	6.4	19.7	19.4	0	3.4	0.30	0
		Tall	995	237	11	8.5	29.6	29.2	0	5.1	0.46	0
		Grande	1442	344	15.6	12	44.1	43.5	0	6.9	0.64	0
		Venti	1599	381	16	12.4	51.5	50.7	0	7.8	0.79	0
White Chocolate Cream Frappuccino® - whole milk	Ice, whole milk [whole MILK], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	747	178	9.6	6.8	19.6	19.3	0	3.3	0.30	0
		Tall	1065	254	12.9	9.1	29.5	29.1	0	5	0.45	0
		Grande	1529	364	18	12.8	44	43.4	0	6.8	0.64	0
		Venti	1703	406	18.9	13.4	51.4	50.6	0	7.6	0.78	0
White Chocolate Cream Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%), , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	631	151	8	5.3	18.3	17.9	0.2	1.4	0.28	0
		Tall	888	212	10.4	6.8	27.4	26.9	0.3	1.9	0.43	0
		Grande	1310	313	14.9	9.9	41.4	40.6	0.4	3	0.60	0
		Venti	1441	344	15.2	10	48.3	47.3	0.5	3.1	0.75	0

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
White Chocolate Cream Frappuccino® - soya drink	Ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	684	163	8.5	5.4	18.3	17.9	0.4	3.3	0.30	0
		Tall	969	231	11.2	7	27.5	26.9	0.6	4.9	0.45	0
		Grande	1410	336	15.8	10.2	41.5	40.6	0.8	6.6	0.63	0
		Venti	1560	372	16.3	10.3	48.4	47.3	0.9	7.5	0.78	0
White Chocolate Cream Frappuccino® - oat drink	Ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	732	175	9.2	5.4	21.1	18.4	0.7	1.6	0.32	0
		Tall	1042	249	12.3	7	31.7	27.7	1	2.3	0.48	0
		Grande	1500	358	17.2	10.2	46.7	41.7	1.3	3.4	0.67	0
		Venti	1669	398	18	10.3	54.6	48.5	1.5	3.6	0.82	0
White Chocolate Cream Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum, xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], creme frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, stabiliser: carrageenan, maltodextrin], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	686	165	8.9	6.8	18.9	18.6	1	1.7	0.36	0
		Tall	973	233	11.8	9.1	28.4	27.9	1.6	2.5	0.54	0
		Grande	1415	339	16.6	12.8	42.6	41.9	1.9	3.7	0.74	0
		Venti	1566	375	17.2	13.4	49.7	48.8	2.3	3.9	0.91	0
White Mocha Frappuccino® - skimmed milk	Ice, skimmed milk [skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	712	170	7.4	5.3	22.5	22	0.1	3.1	0.31	15
		Tall	995	237	9.5	6.8	33.1	32.4	0.1	4.5	0.45	22
		Grande	1447	345	13.7	9.9	48.8	47.8	0.2	6	0.63	31
		Venti	1594	379	13.8	9.9	56.8	55.5	0.2	6.5	0.76	40
White Mocha Frappuccino® - semi-skimmed milk	Ice, semi skimmed milk [semi skimmed MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	738	176	8.1	6.1	22.5	22	0.1	3.1	0.31	15
		Tall	1034	246	10.6	8	33.1	32.3	0.1	4.5	0.45	22
		Grande	1493	356	15	11.3	48.7	47.7	0.2	6	0.63	31
		Venti	1645	391	15.2	11.5	56.7	55.4	0.2	6.5	0.76	40
White Mocha Frappuccino® - whole milk	Ice, whole milk [whole MILK], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	773	184	9.1	6.4	22.4	21.9	0.1	3	0.30	15
		Tall	1085	259	12	8.5	33	32.3	0.1	4.4	0.45	22
		Grande	1553	370	16.7	11.9	48.6	47.6	0.2	5.9	0.63	31
		Venti	1714	408	17.1	12.1	56.6	55.3	0.2	6.4	0.76	40
White Mocha Frappuccino® - almond drink	Ice, almond drink [water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	685	164	7.9	5.3	21.4	20.9	0.2	1.5	0.29	15
		Tall	955	228	10.2	6.8	31.4	30.6	0.4	2.1	0.43	22
		Grande	1400	334	14.6	9.9	46.8	45.7	0.4	3.3	0.61	31
		Venti	1541	367	14.7	9.9	54.5	53.1	0.5	3.5	0.73	40

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Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
White Mocha Frappuccino® - soya drink	ice, soya drink [SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	725	173	8.2	5.4	21.4	20.9	0.4	3	0.30	15
		Tall	1015	242	10.7	6.9	31.5	30.6	0.6	4.3	0.45	22
		Grande	1470	350	15.2	10.1	46.9	45.7	0.7	5.8	0.62	31
		Venti	1620	385	15.4	10.1	54.6	53.1	0.8	6.3	0.75	40
White Mocha Frappuccino® - oat drink	ice, oat drink [Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	761	182	8.8	5.4	23.5	21.3	0.6	1.7	0.32	15
		Tall	1068	255	11.6	6.9	34.6	31.3	0.9	2.4	0.47	22
		Grande	1533	365	16.2	10.1	50.5	46.4	1.1	3.6	0.65	31
		Venti	1691	403	16.5	10.1	58.7	53.9	1.2	3.8	0.78	40
White Mocha Frappuccino® - coconut drink	Ice, coconut drink [Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.], coffee frappuccino syrup [water, sugar, fructose, salt, natural flavourings, thickener: xanthan gum, preservative: potassium sorbate, acidity regulator: citric acid, colouring food: apple, carrot, hibiscus, molasses], reduced fat whipped cream [cream 34% (MILK), sugar (6%)], , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], frappuccino roast soluble coffee [roasted soluble coffee], white chocolate mocha [sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)]	Mini	727	174	8.5	6.4	21.9	21.4	0.9	1.8	0.35	15
		Tall	1018	243	11.2	8.5	32.1	31.4	1.3	2.5	0.51	22
		Grande	1473	352	15.7	11.9	47.6	46.6	1.5	3.7	0.70	31
		Venti	1624	387	16	12.1	55.4	54.1	1.8	4	0.84	40

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Modifiers



RTM

Reserve

Product	Ingredients	Size	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
COLD COFFEE												
Iced Americano	Ice, microblend espresso (as consumed) [100% Arabica coffee], water	Tall	35	8	0.2	0	1.3	0	0.2	0.6	0.05	115.6
		Grande	52	12	0.3	0.1	1.9	0.1	0.3	0.9	0.07	173.5
Iced Latte – skimmed milk	Skimmed MILK , ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	312	74	0.7	0.3	10	8.8	0.2	7	0.25	115.6
		Grande	384	91	0.9	0.3	12.3	11.1	0.2	8.7	0.30	115.6
Iced Latte – semi skimmed milk	Semi skimmed MILK , ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	403	96	3.3	3.1	9.8	8.6	0.2	7	0.24	115.6
		Grande	499	119	4.1	3.9	12.1	10.8	0.2	8.7	0.29	115.6
Iced Latte – whole milk	Whole MILK , ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	525	125	6.7	4.2	9.7	8.4	0.2	6.8	0.24	115.6
		Grande	652	155	8.4	5.3	11.8	10.6	0.2	8.4	0.29	115.6
Iced Latte – almond drink	Water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt, ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	217	52	2.4	0.2	6	4.6	0.7	1.5	0.19	115.6
		Grande	264	63	2.9	0.3	7.2	5.8	0.9	1.8	0.23	115.6
Iced Latte – soya drink	SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2], ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	358	85	3.6	0.6	6.2	4.6	1.3	6.6	0.23	115.6
		Grande	441	105	4.5	0.7	7.5	5.8	1.6	8.2	0.27	115.6
Iced Latte – oat drink	Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2), ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	485	116	5.7	0.6	13.5	6.1	2	2.1	0.28	115.6
		Grande	602	144	7.1	0.7	16.7	7.6	2.5	2.4	0.34	115.6
Iced Latte – coconut drink	Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring., ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	365	89	4.7	4.2	7.6	6.4	2.9	2.4	0.39	115.6
		Grande	450	109	5.9	5.3	9.3	8.1	3.6	2.9	0.48	115.6
Iced Mocha – skimmed milk	Skimmed MILK , ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	764	182	3.8	2.2	25.4	22.8	3.8	9.5	0.25	136
		Grande	975	232	4.8	2.8	32.5	29.5	4.9	12	0.31	142.8
Iced Mocha – semi skimmed milk	Semi skimmed MILK , ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	855	203	6.4	5	25.2	22.6	3.8	9.5	0.25	136
		Grande	1090	259	8	6.4	32.3	29.3	4.9	12	0.30	142.8
Iced Mocha – whole milk	Whole MILK , ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	977	233	9.8	6.1	25	22.4	3.8	9.3	0.24	136
		Grande	1244	296	12.4	7.7	32.1	29.1	4.9	11.7	0.30	142.8
Iced Mocha – almond drink	Water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt, ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	669	160	5.5	2.1	21.3	18.6	4.3	4	0.20	136
		Grande	855	204	6.9	2.7	27.5	24.2	5.6	5.1	0.24	142.8
Iced Mocha – soya drink	SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2], ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	810	193	6.7	2.5	21.5	18.6	4.9	9.1	0.24	136
		Grande	1032	245	8.5	3.1	27.7	24.2	6.3	11.5	0.29	142.8

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Product	Ingredients	Size	Energy (kj)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Iced Mocha – oat drink	Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2), ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	937	224	8.7	2.5	28.8	20	5.6	4.6	0.29	136
		Grande	1193	284	11	3.1	36.9	26.1	7.2	5.8	0.35	142.8
Iced Mocha – coconut drink	Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring., ice, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Tall	817	196	7.8	6.1	23	20.4	6.5	4.9	0.39	136
		Grande	1041	250	9.9	7.7	29.5	26.5	8.4	6.2	0.49	142.8
Iced Mocha Bianco	Mocha Bianco Milk [whole MILK , sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK , sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], ice, microblend espresso (as consumed) [100% Arabica coffee]	Tall	733	174	7.4	4.9	20.2	19	0.2	7.1	0.28	115.6
		Grande	1043	248	10.6	7.1	28.6	27.4	0.2	10	0.39	115.6
HOT COFFEE												
Mocha – skimmed milk	Semi skimmed MILK , microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Short	577	137	2.7	1.5	19	17.5	2.5	7.9	0.21	71.4
		Tall	897	213	4.1	2.3	29.6	27	3.8	12.6	0.35	136
		Grande	1150	273	5.2	2.9	38.1	35.1	4.9	16	0.43	142.8
Mocha – semi skimmed milk	Skimmed MILK , microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Short	662	157	5	4.2	18.8	17.3	2.5	7.9	0.21	71.4
		Tall	1032	245	7.9	6.5	29.3	26.7	3.8	12.6	0.34	136
		Grande	1323	315	10	8.3	37.7	34.7	4.9	16	0.43	142.8
Mocha – whole milk	semi skimmed MILK , microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Short	776	185	8.3	5.2	18.7	17.2	2.5	7.8	0.21	71.4
		Tall	1213	289	13	8.1	29	26.4	3.8	12.3	0.34	136
		Grande	1554	370	16.5	10.4	37.4	34.4	4.9	15.6	0.42	142.8
Mocha – almond drink	Water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt, microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Short	489	117	4.2	1.5	15.3	13.6	3	2.8	0.16	71.4
		Tall	757	181	6.5	2.2	23.6	20.8	4.6	4.5	0.27	136
		Grande	971	232	8.3	2.8	30.5	27.1	6	5.6	0.33	142.8
Mocha – soya drink	SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2], microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Short	620	147	5.4	1.8	15.4	13.6	3.5	7.6	0.20	71.4
		Tall	965	229	8.4	2.7	23.9	20.8	5.4	12	0.32	136
		Grande	1236	294	10.7	3.5	30.8	27.1	7	15.3	0.40	142.8
Mocha – oat drink	Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2), microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Short	739	176	7.3	1.8	22.2	15	4.2	3.3	0.25	71.4
		Tall	1154	275	11.4	2.7	34.7	22.9	6.5	5.3	0.40	136
		Grande	1478	352	14.5	3.5	44.6	29.9	8.4	6.7	0.50	142.8
Mocha – coconut drink	Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring., microblend espresso (as consumed) [100% Arabica coffee], premium cocoa mix [sugar, fat-reduced cocoa powder, cocoa mass, vanilla extract.], dark chocolate [Cocoa mass, sugar, cocoa butter, emulsifier: sunflower lecithin, natural vanilla flavouring]	Short	626	151	6.4	5.2	16.8	15.3	5	3.7	0.35	71.4
		Tall	975	235	10	8.1	26	23.5	7.8	5.8	0.56	136
		Grande	1250	301	12.7	10.4	33.6	30.6	10.1	7.4	0.70	142.8

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Mocha Bianco	Mocha Bianco Milk [whole MILK , sugar, condensed skimmed MILK , sweetened condensed MILK [condensed skimmed MILK, sugar], coconut oil, cocoa butter, salt, emulsifier (mono and di glycerides of fatty acids)], microblend espresso (as consumed) [100% Arabica coffee]	Short	750	178	7.6	5.1	20.5	19.9	0.1	7.1	0.27	57.8
		Tall	1230	292	12.5	8.4	33.7	32.5	0.2	11.7	0.45	115.6
		Grande	1639	390	16.7	11.3	44.8	43.6	0.2	15.5	0.59	115.6
Chemex	Whole bean green coffee	One	260	65	3	0.6	5	0.6	3	2.4	0.74	525.1
Clover	Whole bean green coffee	Short	53	12	1.2	0.2	1.6	0.2	1.2	1.1	0.30	151.2
		Tall	77	18	1.8	0.4	2.3	0.4	1.8	1.6	0.44	220.5
		Grande	103	24	2.4	0.5	3.1	0.5	2.4	2.1	0.59	296.1
		Venti	130	30	3	0.6	3.8	0.6	3	2.7	0.74	371.7
Pour Over	Whole bean green coffee	Short	58	14	1.2	0.2	1.7	0.2	1.2	1.2	0.78	276
		Tall	84	21	1.8	0.4	2.5	0.4	1.8	1.8	1.14	402.5
		Grande	113	28	2.4	0.5	3.3	0.5	2.4	2.4	1.53	540.5
French Press	Whole bean green coffee	One	198	45	4.5	0.9	5.4	0.9	4.5	4.1	1.21	549
Americano	Microblend espresso (as consumed) [100% Arabica coffee], water	Short	17	4	0.1	0	0.6	0	0.1	0.3	0.02	57.8
		Tall	35	8	0.2	0	1.3	0	0.2	0.6	0.05	115.6
		Grande	52	12	0.3	0.1	1.9	0.1	0.3	0.9	0.07	173.5
Cappuccino - skimmed milk	Skimmed MILK , Reserve Microblend 21 Espresso (as consumed) [100% Arabica coffee]	Short	207	49	0.5	0.2	6.6	6	0.1	4.7	0.16	57.8
		Tall	382	90	0.9	0.3	12.2	11	0.2	8.6	0.30	115.6
		Grande	440	104	1	0.4	14.1	12.9	0.2	10	0.34	115.6
Cappuccino - semi-skimmed milk	Semi skimmed MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	270	64	2.2	2.1	6.5	5.9	0.1	4.7	0.16	57.8
		Tall	496	118	4.1	3.9	12	10.8	0.2	8.6	0.29	115.6
		Grande	574	136	4.7	4.6	13.8	12.6	0.2	10	0.33	115.6
Cappuccino - whole milk	Whole MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	354	84	4.6	2.9	6.4	5.8	0.1	4.6	0.15	57.8
		Tall	649	154	8.4	5.3	11.8	10.5	0.2	8.4	0.28	115.6
		Grande	753	179	9.8	6.2	13.5	12.3	0.2	9.7	0.33	115.6
Cappuccino - almond drink	Water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt, microblend espresso (as consumed) [100% Arabica coffee]	Short	142	34	1.6	0.1	3.9	3.1	0.5	0.9	0.12	57.8
		Tall	263	63	2.9	0.3	7.2	5.7	0.9	1.8	0.23	115.6
		Grande	302	72	3.4	0.3	8.2	6.7	1	1.9	0.26	115.6
Cappuccino - soya drink	SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2], microblend espresso (as consumed) [100% Arabica coffee]	Short	239	57	2.5	0.4	4	3.1	0.8	4.4	0.15	57.8
		Tall	439	104	4.5	0.7	7.4	5.7	1.5	8.1	0.27	115.6
		Grande	507	120	5.3	0.8	8.5	6.7	1.8	9.4	0.31	115.6
Cappuccino - oat drink	Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2),, microblend espresso (as consumed) [100% Arabica coffee]	Short	326	78	3.8	0.4	9	4.1	1.3	1.3	0.19	57.8
		Tall	598	143	7	0.7	16.6	7.6	2.5	2.4	0.34	115.6
		Grande	694	166	8.2	0.8	19.2	8.8	2.9	2.7	0.39	115.6
Cappuccino - coconut drink	Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring., microblend espresso (as consumed) [100% Arabica coffee]	Short	244	59	3.2	2.9	5	4.4	2	1.6	0.26	57.8
		Tall	448	109	5.9	5.3	9.3	8	3.6	2.9	0.47	115.6
		Grande	518	126	6.9	6.2	10.6	9.4	4.2	3.3	0.55	115.6

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Product	Ingredients	Size	Energy (kj)	Energy (kcal)	Fat (g)	Of which saturated(g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso	Microblend espresso (as consumed) [100% Arabica coffee]	Single	17	4	0.1	0	0.6	0	0.1	0.3	0.02	57.8
		Double	35	8	0.2	0	1.3	0	0.2	0.6	0.05	115.6
Espresso Con Panna	Reduced fat whipped cream [cream 34% (MILK), sugar (6%) , , propellant gas: nitrous oxide, propellant gas: nitrogen, emulsifier: mono and di glycerides of fatty acids, natural vanilla flavouring, stabiliser: carrageenan.], microblend espresso (as consumed) [100% Arabica coffee]	Single	123	30	2.6	1.8	1.3	0.7	0.1	0.5	0.03	57.8
		Double	140	34	2.7	1.8	1.9	0.7	0.2	0.8	0.05	115.6
Espresso Macchiato – skimmed milk	Microblend espresso (as consumed) [100% Arabica coffee], skimmed MILK	Single	37	9	0.1	0	1.3	0.6	0.1	0.8	0.04	57.8
		Double	41	10	0.2	0	1.5	0.2	0.2	0.8	0.05	115.6
Espresso Macchiato – semi-skimmed milk	Microblend espresso (as consumed) [100% Arabica coffee], semi skimmed MILK	Single	44	10	0.3	0.2	1.2	0.6	0.1	0.8	0.04	57.8
		Double	43	10	0.2	0.1	1.4	0.2	0.2	0.8	0.05	115.6
Espresso Macchiato – whole milk	Microblend espresso (as consumed) [100% Arabica coffee], whole MILK	Single	52	12	0.6	0.3	1.2	0.6	0.1	0.7	0.04	57.8
		Double	45	11	0.3	0.1	1.4	0.2	0.2	0.7	0.05	115.6
Espresso Macchiato – almond drink	Microblend espresso (as consumed) [100% Arabica coffee], water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt	Single	30	7	0.2	0	1	0.3	0.1	0.4	0.03	57.8
		Double	39	9	0.2	0	1.4	0.1	0.2	0.6	0.05	115.6
Espresso Macchiato – soya drink	Microblend espresso (as consumed) [100% Arabica coffee], SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2]	Single	40	10	0.3	0.1	1	0.3	0.2	0.7	0.04	57.8
		Double	42	10	0.3	0	1.4	0.1	0.2	0.7	0.05	115.6
Espresso Macchiato – oat drink	Microblend espresso (as consumed) [100% Arabica coffee], Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2).	Single	49	12	0.5	0.1	1.5	0.4	0.2	0.4	0.04	57.8
		Double	44	11	0.3	0	1.5	0.2	0.2	0.6	0.05	115.6
Espresso Macchiato – coconut drink	Microblend espresso (as consumed) [100% Arabica coffee], Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring.	Single	41	10	0.4	0.3	1.1	0.5	0.3	0.4	0.05	57.8
		Double	42	10	0.3	0.1	1.4	0.2	0.2	0.7	0.05	115.6
Flat White – skimmed milk	Semi skimmed MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	266	63	0.6	0.2	8.6	7.3	0.2	5.9	0.21	115.6
Flat White – semi-skimmed milk	Skimmed MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	342	81	2.8	2.6	8.4	7.2	0.2	5.9	0.21	115.6
Flat White – whole milk	Whole MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	444	106	5.7	3.5	8.3	7	0.2	5.8	0.20	115.6
Flat White – almond drink	Water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt, microblend espresso (as consumed) [100% Arabica coffee]	Short	187	45	2	0.2	5.2	3.8	0.6	1.4	0.17	115.6
Flat White – soya drink	SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2], microblend espresso (as consumed) [100% Arabica coffee]	Short	304	72	3.1	0.5	5.4	3.8	1.1	5.6	0.20	115.6
Flat White – oat drink	Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2),, microblend espresso (as consumed) [100% Arabica coffee]	Short	411	98	4.7	0.5	11.5	5.1	1.7	1.8	0.24	115.6
Flat White – coconut drink	Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring., microblend espresso (as consumed) [100% Arabica coffee]	Short	310	75	4	3.5	6.6	5.4	2.5	2.1	0.33	115.6
Latte – skimmed milk	Skimmed MILK , 100% Arabica coffee	Short	260	62	0.6	0.2	8.3	7.7	0.1	5.9	0.20	57.8
		Tall	423	100	0.9	0.4	13.5	12.3	0.2	9.6	0.33	115.6
		Grande	552	131	1.2	0.5	17.6	16.4	0.2	12.5	0.42	115.6

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Latte - semi-skimmed milk	Semi skimmed MILK , 100% Arabica coffee	Short	340	81	2.8	2.7	8.1	7.5	0.1	5.9	0.19	57.8
		Tall	551	131	4.5	4.4	13.3	12	0.2	9.6	0.32	115.6
		Grande	722	172	6	5.8	17.3	16	0.2	12.5	0.41	115.6
Latte - whole milk	Whole MILK , 100% Arabica coffee	Short	447	106	5.8	3.7	8	7.4	0.1	5.7	0.19	57.8
		Tall	722	172	9.4	5.9	13	11.8	0.2	9.3	0.31	115.6
		Grande	951	226	12.4	7.8	16.9	15.7	0.2	12.2	0.40	115.6
Latte - almond drink	Water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt, 100% Arabica coffee	Short	177	42	2	0.2	4.8	4	0.6	1.1	0.15	57.8
		Tall	290	70	3.2	0.3	7.9	6.4	0.9	1.9	0.25	115.6
		Grande	375	90	4.3	0.4	10.1	8.5	1.2	2.3	0.32	115.6
Latte - soya drink	SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2], 100% Arabica coffee	Short	300	71	3.1	0.5	4.9	4	1	5.6	0.18	57.8
		Tall	487	116	5	0.8	8.2	6.4	1.7	9	0.30	115.6
		Grande	637	151	6.6	1.1	10.5	8.5	2.2	11.8	0.39	115.6
Latte - oat drink	Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2)., 100% Arabica coffee	Short	412	98	4.9	0.5	11.3	5.3	1.7	1.6	0.23	57.8
		Tall	666	159	7.8	0.8	18.4	8.5	2.7	2.7	0.38	115.6
		Grande	876	209	10.4	1.1	24.1	11.3	3.6	3.3	0.49	115.6
Latte - coconut drink	Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring., 100% Arabica coffee	Short	306	74	4.1	3.7	6.2	5.6	2.5	1.9	0.32	57.8
		Tall	497	121	6.6	5.9	10.2	9	4	3.2	0.52	115.6
		Grande	651	158	8.7	7.9	13.2	12	5.3	4	0.68	115.6
Latte Macchiato - skimmed milk	Skimmed MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	260	62	0.6	0.2	8.3	7.7	0.1	5.9	0.20	57.8
		Tall	423	100	0.9	0.4	13.5	12.3	0.2	9.6	0.33	115.6
		Grande	552	131	1.2	0.5	17.6	16.4	0.2	12.5	0.42	115.6
Latte Macchiato - semi-skimmed milk	Semi skimmed MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	340	81	2.8	2.7	8.1	7.5	0.1	5.9	0.19	57.8
		Tall	551	131	4.5	4.4	13.3	12	0.2	9.6	0.32	115.6
		Grande	722	172	6	5.8	17.3	16	0.2	12.5	0.41	115.6
Latte Macchiato - whole milk	Whole MILK , microblend espresso (as consumed) [100% Arabica coffee]	Short	447	106	5.8	3.7	8	7.4	0.1	5.7	0.19	57.8
		Tall	722	172	9.4	5.9	13	11.8	0.2	9.3	0.31	115.6
		Grande	951	226	12.4	7.8	16.9	15.7	0.2	12.2	0.40	115.6
Latte Macchiato - almond drink	Water, ALMOND (2.5%), sugar, fructose, acidity regulators (potassium phosphates), calcium carbonate, natural flavourings, stabilisers (gellan gum, guar gum), sea salt, microblend espresso (as consumed) [100% Arabica coffee]	Short	177	42	2	0.2	4.8	4	0.6	1.1	0.15	57.8
		Tall	290	70	3.2	0.3	7.9	6.4	0.9	1.9	0.25	115.6
		Grande	375	90	4.3	0.4	10.1	8.5	1.2	2.3	0.32	115.6
Latte Macchiato - soya drink	SOYA base [water, hulled SOYA beans (8.7%)], apple extract, acidity regulators (potassium phosphates), calcium (calcium carbonate), sea salt, stabiliser (gellan gum), vitamins [B2, B12, D2], microblend espresso (as consumed) [100% Arabica coffee]	Short	300	71	3.1	0.5	4.9	4	1	5.6	0.18	57.8
		Tall	487	116	5	0.8	8.2	6.4	1.7	9	0.30	115.6
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Latte Macchiato – oat drink	Oat base (water, OAT (10%)), sunflower oil, chicory root fibre, pea protein, acidity regulator: potassium phosphates, sea salt, vitamins (B2, D2)., microblend espresso (as consumed) [100% Arabica coffee]	Short	412	98	4.9	0.5	11.3	5.3	1.7	1.6	0.23	57.8
		Tall	666	159	7.8	0.8	18.4	8.5	2.7	2.7	0.38	115.6
		Grande	876	209	10.4	1.1	24.1	11.3	3.6	3.3	0.49	115.6
Latte Macchiato – coconut drink	Water, coconut milk (10%), sugar, maize dextrin, fava bean flour, stabilisers: gellan gum,xanthan gum, acidity regulator: sodium hydrogen carbonate, natural flavouring., microblend espresso (as consumed) [100% Arabica coffee]	Short	306	74	4.1	3.7	6.2	5.6	2.5	1.9	0.32	57.8
		Tall	497	121	6.6	5.9	10.2	9	4	3.2	0.52	115.6
		Grande	651	158	8.7	7.9	13.2	12	5.3	4	0.68	115.6

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